



# The Four Angels' Messages

## A Monthly Magazine

It is the Three Angels' Message of Revelation 14 empowered by "another angel" (Revelation 18:1) producing the Loud Cry, which is yet future, but now is the time of preparation, which is the purpose of this publication.

### *Behold What Manner of Love*

*Ellen White*

1 John 3:1-3. The beloved disciple has his eye fixed upon the marvelous love of an infinite God. He cannot find language with which he can measure this love, but he calls upon the world to behold it. The only way that we can measure the love of our heavenly Father is by beholding the cross of Calvary. It was an astonishment and a marvel to all heaven that God could give His only beloved Son to die for sinful man. But this is to us an expression of the love of God to man.

We see that our heavenly Father placed such value upon man, although he had fallen by transgression, that He consented to give His darling Son to a life of self-denial, a life of self-sacrifice, a life of shame and an ignominious death, that He might save the fallen race. And the apostle John calls upon us to behold this love. We never can appreciate that love unless we meditate upon it. We must allow no human affection to interpose between our love to God in any sense.

Here is the one great center of attraction. When we take in that love in its full significance, then will we respond to it in willing service. We shall love the Lord our God with all the heart, and we shall love Him with all the soul and with all the strength. This takes all there is of man. Everything of an earthly character is secondary to this. There are many who believe that Christ has shown great love in giving His life for the fallen race, but they would leave the im-

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- The 144,00 In Psalm 15
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**A Publication By Seventh-day Adventists  
For Seventh-day Adventists**

# Dear Brothers and Sisters ...

*Jerry O'Donnell*

We receive numerous requests for prayer quite often. We just want to take a moment to let you realize that we indeed do take your requests to the Lord in prayer. Though we may not be able to communicate back in the form of mail, we do want to let everyone know through this publication that your requests have been received and are added to our prayer list. Do let us know when the prayer may be fulfilled as we pray without ceasing. That also goes for the comments that are made, especially the numerous positive ones. We appreciate the encouragement and take the constructive criticism to heart.

Again, as a reminder, those that may have a slight discrepancy in your contribution, be it tithe or offering or both, it is not our fault. For whatever reason, the bank reader seems to override one or two deposits here or there by adding a few cents. We learned that if we bring it to the attention of our bank, the adjustment is made on our part, but we are not so sure if the withdraw from your account has

also been corrected. So, our apologies if your offering on the last digit ended with seven cents and the bank turned it into nine, or a one into the number seven. Just realize that it is not our fault and that we would not risk salvation over a few pennies.

Going along with our censor message that we advertise regarding no refunds if we are censored, yes, it has been over a year and was initiated by the censorship that is still in place for various media outlets, but in May, we received a notification from YouTube (video posting website) that one of the sermons was taken down. We are doing a series of messages studying the closing scenes of Christ's life. On message ten, when the news broke about Johnson and Johnson's vaccine causing blood clots as announced by the FDA, it seems that we are not allowed to make reference to such in the sermons. So, we reposted the sermon replacing the three-minute segment with a seven second "EDITED" message per violation of YouTube's policy

regarding speaking against CDC policy. Evidently, the CDC did not implement the FDA announcement and the CDC holds more weight than the FDA. Therefore, as often as we mention "contradictory" content in this publication, we still operate under the cloud of potential censorship. That is why we have not removed the notice.

As a reminder, unless we make an announcement ahead of time, we have no intention of cutting back from our monthly publication. We have had a few people that missed an issue or two and wondered if we went to every other month delivery. The answer is "No, we have not". We are still monthly, God willing.

Also, the postal system, due to inflation and high fuel prices have announced that there will be a significant increase in postage at some point soon. Since we operate on a cost only request for a subscription, do not be surprised that our current \$29 subscription, which just increased at

*(Continued on page 35)*

**The mission of The Four Angels' Messages Ministry** is to alert as many Seventh-day Adventists as possible to see the need of living the Three Angels' Messages, be well-studied in the messages of all four angels, to get ready and be ready very soon to go and preach them, even being active now. It is our belief that not only are we the last generation, but the mark is soon to be forced upon us, and publications like this shall be targeted. So while the presses can run, let us awake to our high calling, despite others who want to remain asleep. Keep in mind, the final movements of the message are described thus:

“Are we hoping to see the whole church revived? That time will never come.” {1SM 122.1}

“We must enter upon the work individually.” {1SM 122.2}

We are not against conference churches as there are some still faithful, but most are not.

**About The Four Angels' Messages Ministry**

This ministry is founded by Jerry O'Donnell upon the necessity to raise the standard higher and higher. It is a non-profit, Seventh-day Adventist volunteer organization who love God's church and love the people, hating to see a single person deceived.

**Subscription and Donations:** Although we are volunteers, the cost of

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this publication is challenging to provide to everyone for free. So we are asking for a subscription on the honor system of **\$29 annually for 12 issues**, and if the Lord impresses you with the means to be able to pro-

vide a donation, we definitely would welcome such and would put it to proper use, including helping to pay for subscriptions of those who cannot afford the cost. The publication is free online in PDF format.

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pression upon minds that God Himself is a stern judge. The reason for this is that they do not contemplate the love of our heavenly Father as it really is. We need to behold that love more critically; we need to talk of it in our families; we need to become familiar with it. When we bring the love of God into our life's experience, it will testify of its breadth and depth and height. Our heavenly Father has placed Himself before us with the endearing name of Father, and we may, if we contemplate His love, have such implicit confidence in the promises of God that they will surely be verified to us.

It is the privilege of every son and daughter of God to be in close relation with our heavenly Father. Our power is not in the wisdom of man. It is the wisdom of an infinite God, which gives us access to the souls of the people. It is well for us to have our attention called away from the

things of an earthly character to those of the heavenly. It is because our soul's service is more upon earthly things than upon heavenly that we have so little power in the world with the people.

When we exalt the love of God as it is, then we shall have that trust, that confidence in God that a child has in its earthly father. We read, "If a son ask bread of any of you that is a father, will he give him a stone? or if he ask a fish, will he for a fish give him a serpent?" If an earthly parent will do these good things for his child, how much more will your heavenly Father do these things for you because you ask Him.

I have thought how it must grieve the Spirit of God to see how little confidence those who claim to be children of God place in their heavenly Father. There are many who claim to be traveling the Christian road to a better country, but they seem to be led into great uncer-

tainties. They express a great desire to have confidence that they are indeed the children of God, and they have pled before God that He would show them in a dream or give them some wonderful exercise of feeling as evidence that He did bless them. Is there anything equal to the promises in the Word of God? Here is my assurance. I plant my feet upon the promises of the Word of God. If God has so loved fallen man that He has not withheld His beloved Son in their behalf, how much more shall He not with Him freely give us all things! We want to gather the precious pearls of God's promises and present them right before Him. Our God has said it, and His Word stands in truth from everlasting to everlasting.

When we come to God, and are willing to take the assurance that He has given us in His Word, we shall have that faith which works by love and purifies the soul. God has done all

### ***NO REFUNDS, ESPECIALLY AS CENSORING CONTINUES TO INCREASE***

When this publication is shutdown beyond our control we will not be unable to provide any refunds. Be rest assured that all funds are used in the most responsible ways according to the Bible and the Spirit of Prophecy.

for us that a God could do that we should have a living confidence in His promises. Can you tell me anything more that our heavenly Father could do for us than what He has done to inspire faith in His promises?

The difficulty rests with us. We are not willing to go any further than we can see, and yet the sons and daughters of God must walk by faith. But there are conditions even to the promises of God. He declares to us that if we love Him, we shall keep His commandments. "If ye love Me, keep My commandments." "He that hath My commandments and keepeth them, he it is that loveth Me." John 14:15, 21.

Christ Himself has said, "If any man will do His will, he shall know of the doctrine." It is the privilege of every one of us individually to become acquainted with the Word of God. We need not walk in darkness, for Christ is light. He says that those who follow Him shall not walk in darkness, but they shall have the Light of life. My heart is very anxious that those who claim to be children of God should show their obedience to all of

God's commandments. We manifest our love for our heavenly Father when we have respect to all of His commandments. He says, "If ye abide in Me, and My words abide in you, ye shall ask what ye will, and it shall be done unto you."

It has not been my study how I should meet the customs and habits of this world. The world did not know my Jesus. "Which none of the princes of this world knew; for had they known it, they would not have crucified the Lord of glory." But why did they not know it? Because the light of prophecy stood right in the way of their own advantage. Therefore they closed their eyes and ears and their understanding lest they should see the truth.

We want to read the Bible much more than we do. We want to understand this guide-book which shows us the waymarks to heaven. If God has given us reasoning powers, it is that we should individually exercise the powers He has given us.

When the lawyer asked of Christ what he should do in order that he might have eternal life, our Saviour did not tell him that he must depend upon a good

state of feeling, but He answered, "What is written in the law?" The lawyer answered, "Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy strength, and with all thy mind; and thy neighbor as thyself." Christ said, "Thou hast answered right; this do, and thou shalt live."

How earnestly are we struggling for a temporal life in this world! We see poor invalids traveling from country to country, in order that they may preserve the short life they may have here; and yet our lifetime here at the best is very short, and Christ stands forth and presents to the invalids and the sick that life which measures with the life of God—a life without sorrow, without burden, without care. No sickness there, no pain, no trials. He wants you to take your mind away from the perishable things of this life and take hold of the eternal life. He wants you to behold the love of an infinite God, to talk of it and to dwell upon it. As you bring the love of your heavenly Father into your hearts and into your lives, then you are leaving a bright track heavenward for those

who want to find the way of life.

And the apostle Paul recounts the difficulties and trials that we find in this life. We know that he knew what severe afflictions were, but he travels on, with his eye fixed upon the future immortal inheritance. Listen to the triumphant cry of victory as he passes on toward heaven. There come sounding down the lines to our time these words, "Our light affliction which is but for a moment, working for us a far more exceeding and eternal weight of glory." Never can you measure the length and breadth and depth of the precious love of God. The apostle declares that it is not looking at those things which close up the way that give us strength. He says,

"While we look not at the things which are seen," which are temporal, "but at the things which are not seen," which are eternal.

We want to bring all the heaven that it is possible for us to bring into this life, and by doing this we shall fulfil the injunction of our Saviour. He says to His disciples, "Ye are the light of the world." And he enjoins upon them, "Let your light so shine before men, that they may see your good works and glorify your Father which is in heaven." It would be sad if those who profess to love our heavenly Father should misrepresent Him. If we live in the light of His countenance, we shall reflect His glory to all around us. If we bring the light and glory of heaven

into our religious service, we place the religion of Jesus Christ upon that high and elevated plane where the Bible places it.

Many seem to think that they must beg pardon of all the world for being a Christian. John did not regard it so. He says, "Behold, what manner of love the Father has bestowed upon us, that we should be called the sons of God." The Christian does not take a step down to a low level; he is constantly progressing forward, and the religion of Jesus Christ never degrades the receiver. It refines his taste; it sanctifies his judgment. Why should it not, when he is in connection with a pure and holy God, and the power which is invested in God He imparts to His sons and daugh-

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ters? "Come out from among them, and be ye separate, saith the Lord, ... and I will receive you, and will be a Father unto you, and ye shall be My sons and daughters, saith the Lord Almighty." Do we esteem the favor of high heaven above all the favors upon the earth? Here is the promise that we shall become members of the royal family, that we shall be children of the heavenly King. And when heart and flesh shall fail here, we have a hope as an anchor of the soul cast into that within the veil, both sure and steadfast. That anchor fastens into the broken body of Jesus Christ; and there is not one of us who is living in harmony and obedience to God [who] should [not] be full of joy.

Do you not think that our heavenly Father would be honored if we should talk more of His love toward the children of men? Why should we not talk upon these things? Enoch, we read, walked with God 300 years. That was a long time to be in communion with Him. He did not maintain that that communion was disagreeable to him, but he communed with God because it

was agreeable to him, and he loved it so well, and he loved the society of God so that he was taken to heaven without seeing death.

It is those who love the yoke of Christ, who lift His burdens, with their eyes fixed upon the mark of the prize before them, who can be the best people upon the earth. When difficulties and trials arise here, they look right over to the future immortal life and forget all about their trials. Like Paul they look not at, they talk not about the things which are seen, but at the things which are eternal.

Suppose that all here tonight who profess to be sons and daughters of God should practice their faith in the precious words of God. Suppose that they should practice from this time forward the religion of the Bible. Suppose they should come out from the world and be separate, and touch not the unclean. Suppose that they should make God first, last, and best in everything here.

We have a friend in God, we have a heavenly Father to whom we can come with all our sadness and difficulties, who has said He

would receive us. Our precious Saviour left the royal courts of heaven, He clothed His divinity with humanity and came to a world all seared and marred with the curse; and He was to reach with His long human arm to the very depths of human woe and misery. While mortal man, with only human power, could fail to reach the oppressed and suffering, the long human arm of Christ encircles our race; and with His divine arm He grasps the throne of the Infinite and He thus connects the earth that has been divorced from the continent of heaven to the God of heaven, and He unites finite man with the infinite God.

We are not in a state of feebleness; we are connected with the Source of the highest power. Again I say that Christians ought to be the best people upon the face of the earth. Christ is able to bring every soul to His throne at last. He will cleanse them from the impurity of sin.

He condescends to come to man and reason with him. He says, "Come now, and let us reason together: Though your sins be as scarlet, they shall be as white as snow; though



they be red like crimson, they shall be as wool." Then I inquire, Why is it that those who profess to believe in Jesus Christ have so little comfort and enjoyment in their Christian life?

Our Saviour, when here upon the earth, met and overcame the powers of darkness, that He might obtain the victory over them in behalf of man; and through His infinite condescension and power, He opens before us a heaven of bliss. Why do we not talk of this more? Why are not our souls all aglow with the love of God? It is because we do not study the Bible and carry out its teachings and practice them in our life. When the judgment is set and the books are opened, shall we regret that we have talked so much of Jesus? Shall we not feel that we have lost a great deal to ourselves and to the work because we have not talked more of Je-

sus and His love to the world? We want to be sure that our life is hid with Christ in God. We want to be diligent to make our calling and election sure. We want this to be the main study of our life. We want that life, that eternal life which has been purchased for us at such an infinite cost.

It has been my life study since I was eleven years of age that I might place my feet in the road cast up for the ransomed of the Lord to walk in. I do not expect this path will be smooth and without trouble, but my precious Jesus traveled that path before me, and He has beat down the thorns and rough places and made a smooth path for my feet, and I will follow in His footsteps and choose the suffering part of religion. I want to be a partaker with Christ of His sufferings, and then I have the promise that I will be

partaker with Him of His glory.

Now I want that your tongues will be tuned to the praise of God. He has brought us out of darkness into His marvelous light, that we may show forth His praise. How many words of praise do you give to Jesus in your families? When you gather together and speak with one another, do you talk of Jesus and His love? Do you not talk of things that are temporal and earthly and forget all about the Saviour?

If professed Christians should bring the precious Jesus into their lives here, what a testimony they would have to bear to the world of the precious love of Jesus. Their hearts, in contemplating the matchless love of God, could but speak forth His praises. Do we expect to join the redeemed company in heaven above? Shall we be of that company that shall cry, "Worthy,

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*(YouTube link is on our website.)*



worthy is the Lamb that was slain, and who lives again"? Then let me tell you that every one of us must learn the song here. We cannot be in the city of God and our tongues not tuned to sing His praise. We want here to have the love of God in our life and character.

We believe our precious Saviour is soon to come in the clouds of heaven with power and great glory. When He comes, we want to see Him as He is and be made like Him. John declares that everyone who hath this hope in Him purifies himself, even as He is pure.

Our precious Saviour does not save men in their sins, but He saves them from their sins, and therefore we want to be putting away sin and iniquity out of our hearts. When you are disposed to cling to sin, I point you to Calvary—the precious Saviour dying under the load of human guilt. How can we sin when we see the offensive character of sin in the sight of God? We want to separate everything from our characters that would separate us from God. We want that our souls should be sanctified, elevated by the truth of God. Search your Bibles that you

may know what is truth.

I cannot run any risk in this matter. I take my position under the blood-stained banner of Prince Emmanuel, and I consider it the greatest honor that can be bestowed upon me to be a child of God, an heir of heaven. Shall I see Him whom my soul loves? Shall I dwell with Him through the ceaseless ages of eternity? Will He lead me by the side of the water of life? Will He be my joy and the crown of my rejoicing in the kingdom of glory? Well, He shall be my rejoicing here in this life. I magnify my Redeemer. I know His matchless charms. I have tasted and I have found that the Lord is good. The promises of God have sustained me in the fiercest affliction that could come to mortals. I am not afraid to commit the keeping of my soul to Him until that day.

How many that are before me tonight will march into that city as conquerors? How many will go in there having a right to the tree of life? It is not a question with me, What will the world say? but, What does God say in His Word? Says Christ, "Blessed are they that

do His commandments, that they may have right to the tree of life, and may enter in through the gates into the city."

What are we doing for the poor souls who are around us who are out of Christ? Where are the living missionaries for God? Whose names are registered upon the church book? Do we, as John says, "behold what manner of love the Father hath bestowed upon us, that we should be called the sons of God"? We want to be living epistles, known and read of all men. Then although the world does not know us or recognize us, we are known by the God of heaven.

Shall we from this moment turn our attention decidedly to the God of heaven? Will you bring Him into your life and character? Will your testimony be here, What the Lord has done for me? Oh, we can indeed be a light unto the world, and may it be my privilege to meet you there around the great white throne, and may your voices be lifted in praise and adoration to Him that sitteth upon the throne and to the Lamb forever and ever. {Manuscript 16, 1887}



## Day of the Lord. No. 2

R. F. Cottrell

### **It will be introduced by the seven last plagues and the battle of the great day of God almighty.**

The last solemn warning to mankind, revealed beforehand in prophecy, Rev. xiv, 9-12, contains a threatening of wrath most terrible, even wrath "without mixture," against those who disregard the merciful warning. In the first verse of the following chapter, the seven last plagues are introduced, with the declaration that "in them is filled up [or completed] the wrath of God." These plagues then follow the last message, and are the fulfillment of the threatening contained in it; and, consequently, are all in the future, unless indeed the last warning, before the coming of the Son of man upon the "white cloud," is in the past. This is conclusive proof that the view which supposes a portion of these plagues to be in the past, is erroneous.

That they are in the future is still more evident, from the fact that, the first vial of wrath takes effect upon those who had heard

and disregarded the warning of the "third angel". This warning threatens wrath upon those who "worship the beast and his image, and receive his mark in his forehead, or in his hand." In fulfillment of this threatening, when the first of the seven angels pours out his vial upon the earth, its effect is thus described: "There fell a noisome and grievous sore upon the men which had the mark of the beast, and upon them which worshiped his image." Rev. xvi, 2. The prophetic record of the three messages and the wrath which follows in connection with the coming of the Son of man, and the harvest of the earth, evidently describes events which are to take place in regular consecutive order. The third and last message is immediately succeeded by the wrath which it threatens; and the first vial of that wrath is in fulfillment of the threatening upon those who reject the warning. Hence while probation lasts, these plagues are all in the future, and are properly and emphatically the "seven last plagues". While

Jesus pleads before the throne of mercy, probation continues and wrath without mixture cannot come. But with the close of this last message probation closes, and then the wrath denounced will surely follow.

If further proof upon this point were needed, it could be given; and those who have been instructed in the subject of the sanctuary – the "Temple of God in Heaven" – would be prepared to appreciate it. The heavenly temple, like that on earth which was a pattern of representation of it, has its two apartments – the holy and the most holy. The "temple of the tabernacle of the testimony" mentioned in Rev. xv, 5, is the second apartment or most holy place; it is so called, because it contains the testimony of God, the ten commandments, within the "ark of the testimony", which, in the "patterns of the things in the heavens", the "figures of the true", (Heb. ix, 23, 24,) was located in the most holy place as its appropriate tabernacle. Ex. xxv, 16; xxvi, 21; xxxi, 18. At the end of the twenty-three

hundred days, in 1844, this inner tabernacle was opened, when Jesus our High Priest entered to cleanse the sanctuary, this is, to perform the closing part of his ministry, or work of intercession before the throne of mercy. And those whose faith has followed him there, have "seen in his temple the ark of his testament". Rev. xi, 19. This discovery has led them to embrace all the commandments contained in that ark. This is the reason why so many are turning to the Sabbath of the fourth commandment – the seventh day. It is no happen-so, but it is in fulfillment of the word of God.

When the work of intercession is ended, the most holy tabernacle is again opened. "And after that I looked, and behold, the temple of the tabernacle of the testimony in Heaven was opened; and the seven angels came out of the temple, having the seven plagues, clothed in pure and white linen, and having their breasts girded with golden girdles. And one of the four beasts give unto the seven angels seven golden vials full of the wrath of God, who liveth forever and ever.

And the temple was filled with smoke from the glory of God, and from his power; and no man was able to enter into the temple, till the seven plagues of the seven angels were fulfilled." Chap. xv, 5-8.

This point of time reached, mercy no longer pleads. The intercessions of Jesus before the throne and his invitations to sinners to come and find pardon, have ceased. He that is filthy must remain filthy still. This temple is filled with smoke from the glory of God, and from his power. No one can enter there to plead for the sinner to be spared a little longer; but wrath without mixture ensues.

O, sinner! O, careless professor! now is the time to prepare for this most solemn and fearful event. Now a compassionate Saviour pleads the merits of his own blood before the mercy-seat. Now he invites you to come and wash in the fountain, so freely opened, and at such a cost! But abused mercy will ere long cease to plead. The time will soon come when that blood that has been slighted and trampled under foot will cease to atone for the guilty. And from

that very place where infinite mercy and divine compassion now plead, and whence pardon may be obtained, the messengers of divine vengeance will proceed. The seven angels came out of the temple. Their clothing is pure and white, indicating that though their mission is that of the executors of unmingled wrath, yet the throne of God, from which they proceed is acquitted, the justice of God is unstained. All his judgments are in righteousness. "Just and true are thy ways, thou King of saints."

When six of these vials have been poured out, the nations are gathered by the unclean spirits, and the kings of the earth are set in array for the battle of the great day of God the Almighty. They leave the battle which they have with each other, and go to fight with Him who comes from Heaven. Of these spirits it is said, "They are the spirits of Devils, working miracles, which go forth unto the kings of the earth and of the whole world, to gather them to the battle of that great day of God Almighty." The coming of the Lord is now at hand. In this connection he says, "Behold, I come as a thief." His

coming is doubtless in close connection with the pouring out of the seventh and last vial. Indeed, the hail from heaven which accompanies this vial, is doubtless that which the Lord has "reserved against the time of trouble, against the day of battle and war." See Rev. xvi, 12-21; Job xxxviii, 22, 23.

A further description of this battle is given in Rev. xix, 11-21. Here a mighty One is represented as coming from heaven upon a white horse, followed by the armies of Heaven upon white horses, "clothed in fine linen white and clean." The white horses and clean raiment represent the fact, that "in righteousness he doth judge and make war." This divine personage is so carefully described that we need not mistake him. He is called Faithful and True, The Word of God, King of kings and Lord

of lords. His vesture has been dipped in blood, but upon his head are "many crowns". All the kingdoms of the world are his. "And out of his mouth goeth a sharp sword, that with it he should smite the nations; and he shall rule them with a rod of iron; and he treadeth the winepress of the fierceness and wrath of Almighty God." The beast and the kings of the earth and their armies are "gathered together to make war against him that sat on the horse, and against his army." The result is, the beast and false prophets are taken and cast into the lake of fire, the remnant are slain, and all the fowls are filled with their flesh.

Thus the enemies are slain, and will not be raised till a thousand years are completed. And thus the prophecy recorded in the second Psalm is fulfilled: "I will declare the decree; the

Lord hath said unto me, Thou art my Son; this day have I begotten thee. Ask of me and I shall give thee the heathen for thine inheritance, and the uttermost parts of the earth for thy possession. Thou shall break them with a rod of iron: thou shalt dash them into pieces like a potter's vessel."

The great day of the Lamb's wrath will have come, and no one will be able to stand, but those who have previously made peace with the King "through the blood of the cross", and whose names are written in the book of life of the Lamb. Thus opens the day of the Lord. {November 22, 1864, Advent Review and Sabbath Herald, Vol. 24, pages, 205.13 - 206.4}



## ***Subscription Renewal***

Subscriptions are based on the honor system because we are trying to conserve on the cost by putting God's money to the most efficient means possible as well as precious time.

Sure, that may mean we do not collect more funds, but we would like to trust God to prompt people to do so instead of conducting God's work in a business fashion.

If you do send it in "too early", it will be applied properly.

Also, if you are sincerely unable to pay the annual subscription, do not feel guilty for still receiving the bread in times of need.

# The 144,00 In Psalm 15

Jerry O'Donnell

We know that John borrowed the wording of the book of Revelation from the contents found in the Old Testament. That does not lessen the inspiration of the book of Revelation nor does it mean that John really did not see those things in vision. He indeed did see them in vision. That is not to be questioned. In fact, John purposely draws the wording from the Old Testament so that we would go to that content to understand in more detail about the matter. Even the word "Babylon" points us to study Daniel's experience and survival techniques encouraging strict obedience to God not going along with lax believers, making sure we represent ourselves properly before the opposing authorities creating no time of trouble unnecessarily, and even choosing a diet rich in fruits and vegetables as well as proper water intake.

But what is interesting is that if one were to compare Psalm 15 to the description of the 144,000, there are a number of parallels that reveal that David also described the

144,000 without labeling them so. And when one digs deeper into the meaning of some of the wording in Psalm 15, there are even more connections.

So, here is Psalm 15:

**Psalms 15:1 A Psalm of David. LORD, who shall abide in thy tabernacle? who shall dwell in thy holy hill?**

**Psalms 15:2 He that walketh uprightly, and worketh righteousness, and speaketh the truth in his heart.**

**Psalms 15:3 [He that] backbiteth not with his tongue, nor doeth evil to his neighbour, nor taketh up a reproach against his neighbour.**

**Psalms 15:4 In whose eyes a vile person is contemned; but he honoureth them that fear the LORD. [He that] sweareth to [his own] hurt, and changeth not.**

**Psalms 15:5 [He that] putteth not out his money to usury, nor taketh reward against the innocent. He that doeth these [things] shall never be moved.**

And here is the description of the 144,000:

**Revelation 14:1 And I looked, and, lo, a Lamb**

**stood on the mount Sion, and with him an hundred forty [and] four thousand, having his Father's name written in their foreheads.**

**Revelation 14:2 And I heard a voice from heaven, as the voice of many waters, and as the voice of a great thunder: and I heard the voice of harpers harping with their harps:**

**Revelation 14:3 And they sung as it were a new song before the throne, and before the four beasts, and the elders: and no man could learn that song but the hundred [and] forty [and] four thousand, which were redeemed from the earth.**

**Revelation 14:4 These are they which were not defiled with women; for they are virgins. These are they which follow the Lamb whithersoever he goeth. These were redeemed from among men, [being] the firstfruits unto God and to the Lamb.**

**Revelation 14:5 And in their mouth was found no guile: for they are**

## **without fault before the throne of God.**

After giving you a moment, let us now reveal the parallels we see and compare to those that you have found. Who knows? Maybe you will have found others that we did not find.

We begin by taking a look at the first half of Psalm 15:1, which drew the attention right away. “A Psalm of David. LORD, who shall abide in thy tabernacle?” There is a question. John answers the question. “These are they which follow the Lamb whithersoever he goeth” (Revelation 14:4). In vision, Ellen White penned this, giving us confirmation of our finding: “Mount Zion was just before us, and on the mount was a glorious temple, and about it were seven other mountains, on which grew roses and lilies. And I saw the little ones climb, or, if they chose, use their little wings and fly, to the top of the mountains and pluck the never-fading flowers. There were all kinds of trees around the temple to beautify the place: the box, the pine, the fir, the oil, the myrtle, the pomegranate, and the fig tree bowed down with the weight of its timely figs

– these made the place all over glorious. And as we were about to enter the holy temple, Jesus raised His lovely voice and said, ‘Only the 144,000 enter this place,’ and we shouted, ‘Alleluia.’” {EW 18.2}.

Only the 144,000 enter and abide in God’s tabernacle, but did you also catch the answer to David’s second question from psalm 15? “who shall dwell in thy holy hill?” The holy hill is “Mount Zion”, again, pointing to the 144,000 in Ellen White’s writings.

David, of course, answered his own questions by stating in psalm 15:2, “He that walketh uprightly, and worketh righteousness.” When one understands properly what Revelation 14:1 says, “having his Father’s name written in their foreheads”, this is the parallel. Having the Father’s name is to have God’s seal, an upright and righteous work. We are told, “Hurt not the earth, neither the sea, nor the trees, till we have sealed the servants of our God in their foreheads. And I heard the number of them which were sealed: [and there were] sealed an hundred [and] forty [and] four thousand of all the tribes of the children of

Israel” (Revelation 7:3-4). Studying deeper about that seal, we are further told, “In whom ye also [trusted], after that ye heard the word of truth, the gospel of your salvation: in whom also after that ye believed, ye were sealed with that holy Spirit of promise” (Ephesians 1:13). Therefore, “having the Father’s name” in the “forehead” is to have the truth sealed in us, but deeper still, the Bible says, “Bind up the testimony, seal the law among my disciples” (Isaiah 8:16), which “thy law [is] the truth” (Psalms 119:142). Finally, out of the Ten Commandments, one “[is] a sign between me and you throughout your generations” (Exodus 31:13), pointing from God’s perspective, “my sabbaths ye shall keep” (Exodus 31:13). “That the righteousness of the law might be fulfilled in us, who walk not after the flesh, but after the Spirit” (Romans 8:4). Keep in mind, all of God’s “commandments [are] righteousness” (Psalms 119:172). “And it shall be our righteousness, if we observe to do all these commandments before the LORD our God, as he hath commanded us” (Deuteronomy 6:25). To break the Sabbath, to



break the law, to disobey the truth, is to have “walked not up-rightly according to the truth of the gospel” (Galatians 2:14).

David continues on in psalm 15:2 and 3 with, “speaketh the truth in his heart. [He that] backbiteth not with his tongue.” John simply states, “in their mouth was found no guile” (Revelation 14:5).

Finishing off Psalm 15:3, the words are, “nor doeth evil to his neighbour, nor taketh up a reproach against his neighbour”. John simply states, “they are without fault” (Revelation 14:5).

The rest of Psalm 15 says, “In whose eyes a vile person is condemned; but he honoureth them that fear the LORD. [He that] sweareth to [his own] hurt, and changeth not. [He that] putteth not out his money to usury, nor taketh reward against the innocent. He that doeth these [things] shall never be moved.” These are experiences of the 144,000. To be “condemned” is to be despised. And the despised will be so despised “that as many as would not worship the image of the beast should be killed” (Revelation 13:15). With the

144,000 being the last faithful on earth while everyone else has the Mark of the Beast, that means Revelation 13:15 applies to the 144,000.

Then, as part of the description, it is obvious that the 144,000 will “fear the Lord” (Psalm 15:4) for that is part of the Three Angels’ messages, “Fear God” (Revelation 14:7)!

Refusing to chase after the mighty dollar with worldly investments that promise a large amount of “usury” or “interest”, that do not take any reward or bribe to turn over the innocent to the authorities, is clearly a strenuous experience that the 144,000 will go through. This, John refers to as having “a new song before the throne” that “no man could learn that song but the hundred [and] forty [and] four thousand” (Revelation 14:3). Ellen White confirms this as well. “And they sing ‘a new song’ before the throne, a song which no man can learn save the hundred and forty and four thousand. It is the song of Moses and the Lamb,—a song of deliverance. None but the hundred and forty-four thousand can learn that song; for it is the song of their experience,—

an experience such as no other company have ever had” {GC88 648.3}.

Finally, Psalm 15:4 states “changeth not” while Psalm 15:5 says “shall never be moved”. John’s parallel is found in the words, “These are they which were not defiled with women; for they are virgins” (Revelation 14:4). No matter the enticement, no matter the sophistry in doctrines, the 144,000 are not defiled by such women or churches that teach those erroneous contents. The 144,000 do not compromise, change their beliefs, and do not move from the pillars of the faith.

In fact, “The greatest want of the world is the want of men — men who will not be bought or sold, men who in their inmost souls are true and honest, men who do not fear to call sin by its right name, men whose conscience is as true to duty as the needle to the pole, men who will stand for the right though the heavens fall” {Ed 57.3}.

“Those who would follow Christ must be grounded upon the principles of truth. They need to understand what the Bible teaches in regard to



faith, and sanctification through the truth. They must be so established in this knowledge that they cannot be moved to take false positions on the doctrine of holiness, but will be able to illustrate in their lives the practical workings of this heaven-given principle. The people of God must be able to distinguish between the genuine and the spurious" {GW92 226.1}.

Now, we pretty much have connected each verse of Psalm 15 to the 144,000 without exception. In some cases, multiple connections were made inside a single verse. The purpose of this exercise was to rebuke the notion that the Bible is contradictory or even inconsistent. If David could pen this of the 144,000 without mentioning the number specifically and hundreds upon hundreds

of years later John can describe the 144,000 pretty much in the same manner, it points out that both Psalms and Revelation are not authored by David or John, but by God, Who "is not [the author] of confusion" (1 Corinthians 14:33).

May God open our eyes to the deeper understanding of His Word so as to appreciate the hidden gems.

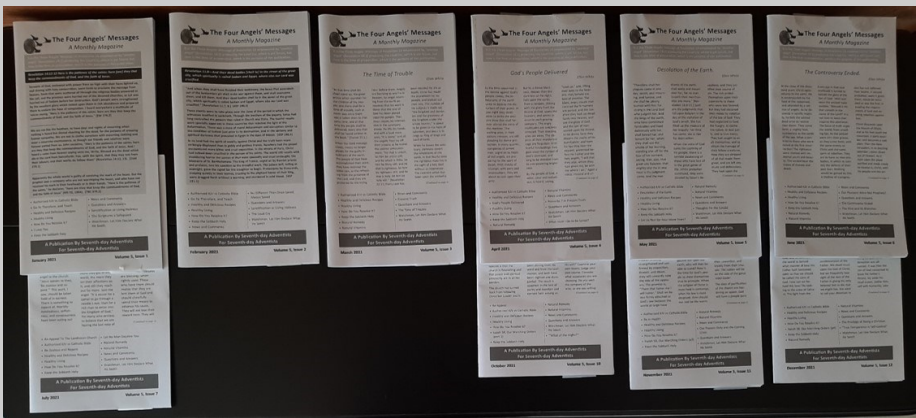


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# How Do You Resolve It?

*It is one thing to know some verses that help a person stay in the faith, but it is another thing to know the Word in such a way that when a verse seems contradictory to know how to resolve it. True Seventh-day Adventists do not ignore verses. It is our hope that this section will help answer some of those challenges that we may come across personally or be used by others against our beliefs.*

## **When Was Sentence Given?**

We have, once again, an apparent contradiction, this time regarding when crucifixion was called for and the actual act. How can the sixth hour be the declaration of sentence in John's version while in Mark's version, Jesus is crucified at the third hour. It appears Jesus was crucified at the third hour and then three hours later the sentence of crucifixion is given. That is almost like putting the cart before the horse. The accounts are as follows:

**Mark 15:25 And it was the third hour, and they crucified him.**

**John 19:14-16 And it was the preparation of the passover, and about the sixth hour: and he saith unto the Jews, Behold your King! But they cried out, Away with [him], away with [him], crucify him. Pilate saith unto them, Shall I crucify your King? The chief priests answered, We have no king but Caesar. Then delivered he him therefore unto them to be crucified. And they took Jesus, and led [him] away.**

There is no confusion at all if people would understand that time can be spoken two different ways. Yes, that in itself is confusing, but in this case, it is

important to understand that Mark is using one type of time calculation while John is using a different type.

John is using the mid-night-to-midnight schedule. So, approximately 6:00 am, the sentencing takes place. That is well established in the account according to John.

In Mark's case, he is using the working hours schedule of time. The working day starts at 6:00 am, around sunrise and ends around 6:00 pm, around sunset. Referring to the third hour on this schedule places the crucifixion at 9:00 am (6:00 am plus three

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hours, or the third hour from 6:00 am).

That means sentencing happened at 6:00 am according to John and Mark tells us that Jesus was crucified at 9:00 am, all of which is in perfect sequence. So, there is no contradiction.

Matthew also uses the same schedule as Mark. Matthew 27:45-46 states, "Now from the sixth hour there

was darkness over all the land unto the ninth hour. And about the ninth hour Jesus cried with a loud voice, saying, Eli, Eli, lama sabachthani? that is to say, My God, my God, why hast thou forsaken me?" Using the working day schedule, the sixth hour from 6:00 am would be noon when the darkness appeared. It lasted until the ninth hour past 6:00 am, which would

be 3:00 pm. And about that ninth hour or 3:00 pm, Jesus cried out. The same account appears in Mark 15:33-34, as well as, Luke 23:44-46. Each of them using the 6:00 am to 6:00 pm schedule and referring to noon as the sixth hour and 3:00 pm as the ninth hour.

John is the one using the midnight-to-midnight schedule.



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# Keep the Sabbath Holy

*This regularly scheduled column is to enlighten us to proper keeping of the Sabbath through the writings of Ellen White and then additional comments by us, the publishers of this publication since we have so many surface readers as well as those that do not know how to apply certain statements.*

Ellen White wrote, "I counsel you, my brethren and sisters: "Remember the Sabbath day, to keep it holy." If you desire your children to observe the Sabbath according to the commandment, you must

teach them by both precept and example. The deep engraving of truth in the heart is never wholly effaced. It may be obscured, but can never be obliterated. The impressions made in early life will be seen in after-

years. Circumstances may occur to separate the children from their parents and their home, but as long as they live the instruction given in childhood and youth will be a blessing" {6T 359.3}.

Once again, those without children be careful not to dismiss this application too quickly. First, to aunts, uncles, grandparents, and other relatives that are Sabbath keepers and have an opportunity to be in the presence of the grandchildren, nieces, or nephews, this is as applicable to yourself as it is to the parents. Children have a tendency to watch the weaker example of family members and imitate those members or bring them up as an example of why they are not following the parent's teachings. So, if the parents are particular and an uncle or aunt or both, or even grandparents are lax in keeping the Sabbath, children will remember the laxness over their stricter parents.

## THE KING II COMING "



Brother Courtney Brown



Brother Courtney Brown



Pastor & Dr. Patrick Herbert



neasy, Country Living & Bible Versions, Health, and more.

rs, elders, and deacons can learn to do more perfect the church, old and young, are given opportunity to learn believe an education that will help them to help others." ch Vol.6Pg.49.2

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But again, those without such influence, be very careful what example is set even in the church before children. Children observe many things even as they may appear distracted. They can remember conversations, appearances, attitudes, and much more. Kids have recalled events in detail from years ago, even now asking questions of why certain things even happened or who

acted in a certain manner. Therefore, it is imperative to set a right example, give a proper impression before the children.

Church is supposed to be a place to go to "For the perfecting of the saints" (Ephesians 4:12). Parents ought to be able to trust, in of all places, that proper Sabbath keeping would be demonstrated in God's house. So, the question

would be, since the church is so relaxed in this area, are you part of the Sabbath keeping encouragement, or are you part of the reason parents are so guarded with their children when attending church?

Remember, impressions can never be obliterated. What example of Sabbath keeping are you setting?



## Healthy Living

Ellen White

*Periodically, we need reminded that our bodies are not our own. And sometimes we need to get back to the basics. We need to hear from the words of inspiration, the Spirit of Prophecy.*

### Grains

Grains, fruits, nuts, and vegetables constitute the diet chosen for us by our Creator. These foods, prepared in as simple and natural a manner as possible, are the most healthful and nourishing. They impart a strength, a power of endurance, and a vigor of intellect, that are not afforded by a more complex and stimulating diet. {CD 81.2}

God is working in behalf of His people. He does not desire them to be without resources. He is bringing them back to the diet

originally given to man. Their diet is to consist of the foods made from the materials He has provided. The materials principally used in these foods will be fruits and grains and nuts, but various roots will also be used. {CD 81.5}

Grains used for porridge or "mush" should have several hours' cooking. But soft or liquid foods are less wholesome than dry foods, which require thorough mastication. {CD 314.4}

All wheat flour is not best for a continuous

diet. A mixture of wheat, oatmeal, and rye would be more nutritious than the wheat with the nutritive properties separated from it. {CD 321.1}

Sweet breads and cookies we seldom have on our table. The less of sweet foods that are eaten, the better; these cause disturbances in the stomach, and produce impatience and irritability in those who accustom themselves to their use. {CD 321.2}

It is well to leave sugar out of the crackers that are made. Some enjoy



best the sweetest crackers, but these are an injury to the digestive organs. {CD 321.3}

We are built up from that which we eat. Shall we strengthen the animal passions by eating animal food? In the place of educating the taste to love this gross diet, it is high time that we were educating ourselves to subsist upon fruits, grains, and vegetables. . . . A variety of simple dishes, perfectly healthful and nourishing, may be provided, aside from meat. Hearty men must have plenty of vegetables, fruits, and grains. {CD 322.4}

The work of combining fruits, seeds, grains, and roots into wholesome foods, is the Lord's work. In every place where a church has been established, let the church members walk humbly be-

fore God. Let them seek to enlighten the people with health reform principles. {CD 470.4}

Simple grains, fruits, and vegetables have all the nutrient properties necessary to make good blood. This a flesh diet cannot do. – U. T., Nov. 5, 1896. {HL 63.5}

The Lord intends to bring his people back to live upon simple fruits, vegetables, and grains. . . . God provided fruit in its natural state for our first parents. – U. T., Nov. 5, 1896. {HL 78.3}

All the elements of nutrition are contained in the fruits, vegetables, and grains. – R. & H., 1883, No. 19. {HL 78.4}

Grains and fruits prepared free from grease, and in as natural a condition as possible, should be the food for the tables of all who

claim to be preparing for translation to heaven. – 2T p. 352. {HL 78.5}

Fruits, grains, and vegetables, prepared in a simple way, free from spice and grease of all kinds, make, with milk and cream, the most healthful diet. They impart nourishment to the body, and give a power of endurance and vigor of intellect that are not produced by a stimulating diet. – C. T., p. 47. {HL 78.6}

One of the great errors that many insist upon is that muscular strength is dependent upon animal food. But the simple grains, fruits of the trees, and vegetables have all the nutritive properties necessary to make good blood. This a flesh diet cannot do. – U. T., Nov. 5, 1896. {HL 98.3}




# Healthy And Delicious Recipes

## Cauliflower Chicken Bites


### Ingredients

- |   |   |   |
|---|---|---|
| <ul style="list-style-type: none"><li>• 1 whole cauliflower</li><li>• 1 cup all-purpose flour</li></ul> | <ul style="list-style-type: none"><li>• ½ teaspoon ground thyme</li><li>• ½ teaspoon ground oregano</li><li>• Salt to taste</li></ul> | <ul style="list-style-type: none"><li>• 1 cup Panko breadcrumbs</li><li>• 1 tablespoon poultry seasoning (I used Weber Grill's mixture)</li></ul> |
|---|---|---|

- 3 tablespoon vegan egg (I used JUST egg)
  - ½ cup unsweetened plant-based milk – anything but coconut milk will work
  - Vegetable oil spray
- Instruction**
- Preheat the oven to 400F (204C) and line a baking sheet with parchment paper for easier cleanup.
1. Remove the core from the cauliflower and break or cut the individual florets from the head. If the florets are too large, cut them in half.
  2. In a medium bowl, stir the flour, thyme, oregano, and salt until fully combined.
  3. In another medium bowl, mix the Panko breadcrumbs and poultry seasoning until fully combined.
  4. In a third medium bowl, whisk the vegan egg and plant-based milk together until fully combined.
  5. Dip each cauliflower floret in the egg and milk, then roll in the flour mixture, then dip in the egg mixture again, and roll in the breadcrumbs until fully coated. Place on the lined baking sheet giving the florets enough space so they don't touch. If they touch, they'll likely steam and won't get as crispy.
  6. Bake for approximately 15 minutes, or until golden and crispy, then turn them over and bake for another 10 to 15 minutes, or until they're evenly crispy and browned. The cauliflower should be fork tender.
- 

## *Natural Vitamins*

### ***The Benefits of Blueberries***

1. Provides vitamin K, vitamin C, Folate, Potassium
  2. High in antioxidants
  3. Lowers the bad cholesterol known as LDL
  4. Lowers blood pressure
  5. Helps those with insulin resistance
  6. Boosts cognitive functions
  7. Improves gut health
  8. Low in calories
  9. Slows aging
  10. Helps prevent certain cancers
  11. Lowers the likelihood of heart disease
  12. Fights urinary tract infections
  13. Reduces muscle damage from strenuous exercise
- 



# Authorized KJV vs Catholic Bible

*If you are using anything but the KJV, you are using a Catholic influenced Bible, which strategically twists and leaves out key words and verses so as to make even the ecumenical movement between religions outside of Christianity possible. And Ellen White does identify not to use them for reliability: "Wycliffe's Bible had been translated from the Latin text, which contained many errors." {GC 245.1}. Latin is Catholic or which most modern versions rely upon.*

## When Does Jesus Resurrect the Dead?

1 Corinthians 15:23 translation is so anti-Seventh-day Adventist that anyone continuing to depend upon such scriptures is walking upon the devil's grounds. Leaving out the time that all shall be made alive, specifically at the second coming, is an intentional deception. It undermines greatly our belief that we sleep until the resurrection. Even stating the word "in" is not the same as "at". The "at" points to the specific event.

**King James Version:** But every man in his own order: Christ the firstfruits; afterward they that are Christ's at his coming.

## In Error:

**Catholic Public Domain Version:** but each one in his proper order: Christ, as the first-fruits, and next, those who are of Christ, who have believed in his advent.

**Douay-Rheims Bible:** But every one in his own

order: the firstfruits Christ, then they that are of Christ, who have believed in his coming.

**Literal Emphasis Translation:** But each in their own order, Christ the fruit-fruit, then those of Christ in His coming.

**Literal Standard Version:** and each in his proper order: Christ, a first-fruit, afterward those who are the Christ's in His coming,

**Smith's Literal Translation:** And each in his own order: the first fruit Christ; then they of Christ in his arrival.

**Young's Literal Translation:** and each in his proper order, a first-fruit Christ, afterwards those who are the Christ's, in his presence,

## Correct, This Time:

**A Faithful Version:** But each in his own order: Christ the Firstfruit; then, those who are Christ's at His coming.

**American Standard Version:** But each in his own order: Christ the firstfruits; then they that are Christ's, at his coming.

**Amplified Bible:** But each in his own order: Christ the first fruits, then those who are Christ's [own will be resurrected with incorruptible, immortal bodies] at His coming.

**Anderson New Testament:** but each in his own order; Christ the first-fruit, afterward, those who are Christ's at his coming.

**Aramaic Bible in Plain English:** Each person in his order; The Messiah was the first fruits; after this, those who are The Messiah's at his arrival.

**Berean Literal Bible:** But each in the own order: Christ the firstfruit, then those of Christ at His coming,

**Berean Study Bible:** But each in his own turn: Christ the firstfruits; then at His coming, those who belong to Him.

**Bishops' Bible of 1568:** But euery man in his owne order. The first fruites is Christe, afterward, they that are Christes at his commyng.

**Christian Standard Bible:** But each in his own order: Christ, the

firstfruits; afterward, at his coming, those who belong to Christ.

**Contemporary English**

**Version:** But we must each wait our turn. Christ was the first to be raised to life, and his people will be raised to life when he returns.

**Coverdale Bible of 1535:**

but euery one in his order. The first is Christ, then they that beloge vnto Christ, whan he commeth.

**Darby Bible Translation:**

But each in his own rank: [the] first-fruits, Christ; then those that are the Christ's at his coming.

**English Revised Version:**

But each in his own order: Christ the firstfruits; then they that are Christ's, at his coming.

**English Standard Version:**

But each in his own order: Christ the firstfruits, then at his coming those who belong to Christ.

**Geneva Bible of 1587:**

But euery man in his owne order: the first fruites is Christ, afterward, they that are of Christ, at his coming shall rise againe.

**Godbey New Testament:**

But each one in his own rank: Christ the first-fruit; then they who are Christ's, at His coming:

**GOD'S WORD® Translation:**

This will happen to each person in his own

turn. Christ is the first, then at his coming, those who belong to him [will be made alive].

**Good News Translation:**

But each one will be raised in proper order: Christ, first of all; then, at the time of his coming, those who belong to him.

**Haweis New Testament:**

But every one in his own rank: Christ the first-fruit; afterwards those that are Christ's at his appearing.

**Holman Christian Standard Bible:**

But each in his own order: Christ, the firstfruits; afterward, at His coming, those who belong to Christ.

**International Standard Version:**

However, this will happen to each person in the proper order: first the Messiah, then those who belong to the Messiah when he comes.

**Lamsa Bible:**

But every man in his own order: Christ the first-fruits; afterward they who belong to Christ at his coming.

**Mace New Testament:**

but every one in proper order: Christ has the precedence, next they who were Christians shall rise at his advent.

**NET Bible:**

But each in his own order: Christ, the firstfruits; then when Christ comes, those who belong to him.

**New American Standard**

**Bible:** But each in his own order: Christ the first fruits, after that those who are Christ's at His coming,

**New Heart English Bible:**

But each in his own order: Christ the first fruits, then those who are Christ's, at his coming.

**New International Version:**

But each in turn: Christ, the firstfruits; then, when he comes, those who belong to him.

**New King James Version:**

But each one in his own order: Christ the firstfruits, afterward those who are Christ's at His coming.

**New Living Translation:**

But there is an order to this resurrection: Christ was raised as the first of the harvest; then all who belong to Christ will be raised when he comes back.

**Tyndale Bible of 1526:**

and every man in his awne order. The fyrst is Christ then they yt are Christis at his comynge.

**Webster's Bible Translation:**

But every man in his own order: Christ the first-fruits; afterward they that are Christ's at his coming.

**Weymouth New Testament:**

But this will happen to each in the right order--Christ having been the first to rise, and afterwards Christ's

people rising at His return.

**World English Bible:** But each in his own order: Christ the first fruits, then those who are Christ's, at his coming.

**Worrell New Testament:** but each in his own rank; Christ, the First-fruit; then those who are Christ's at His coming.

**Worsley New Testa-**

**ment:** But each in their proper order: the first-fruits, Christ; afterwards they that are Christ's, at his coming.



## Questions And Answers

*Allow at least three (3) months before your question may appear.*

**QUESTION:** In your last monthly messages booklet you mentioned something to help a “planters” wart to help by covering it up so it will kill the virus. — I think it said just “a wart”. Will that method kill a “planters wart” also? Sorry to have to take your time and effort to answer, just a “yes” or “no” note in the next booklet of yours.

**ANSWER:** First, it is no trouble for anyone to ask questions regarding our content. That is one of the many reasons we are here.

Now, the answer is not a simple yes or no. Plantar warts are just like other warts; they are named plantar due to their location, which is the bottom of the foot in the plantar area. The only problem I see would be keeping duct tape tight on the bottom of the foot as long as it would take for the wart to fall off, which can be a minimum of six days, but if it can be kept on, I would

say it would work.

**QUESTION:** Is bone marrow soup good for you?

**ANSWER:** “Now I will tell you one of the most wonderful things that is known in the whole human body. The bones have in the center of them a substance called marrow. The ordinary bone marrow is white; another kind is red. In the red marrow of the bones the blood is manufactured. We have about five million corpuscles in every minute drop of blood, and we have from ten to fourteen pounds of blood in our veins. The blood corpuscles live about six weeks, and then die, and new ones must be created. This creating process is carried on largely in the bones. There are some other parts of the body where corpuscles are made, but they are made chiefly in the bones.” {April 1901 N/A, GCB 493.4}

While I am sure this is

referring to human bones, I am fairly confident we can rest assured that the bones of cows operate under similar, if not identical, construction.

Leviticus 7:26 states, “Moreover ye shall eat no manner of blood, [whether it be] of fowl or of beast, in any of your dwellings.”

We also might consider some of the writings of Ellen White in regard to flesh-eating — flesh which comes directly off those bones: “Those who subsist largely upon meat, cannot avoid sometimes eating flesh which is more or less diseased. In many cases the process of fitting animals for market produces an unhealthy condition. Shut away from light and pure air, inhaling the atmosphere of filthy stables, the entire body soon becomes contaminated with foul matter; and when such flesh is received into the human body, it corrupts the blood, and disease is

produced. If the person already has impure blood, this unhealthful condition will be greatly aggravated. But few can be made to believe that it is the meat they have eaten which has poisoned their blood and caused their suffering. Many die of diseases wholly due to meat-eating, when the real cause is scarcely suspected by themselves or others. Some do not immediately feel its effects, but this is no evidence that it does not hurt them. It may be doing its work surely upon the system, yet for the time being the victim may realize nothing of it" {CTBH 47.3}.

Please notice that she states the "entire body" of the animal is contaminated which would surely include the bone marrow. So, based on scripture, and these two references alone, we would have to say, "No, bone marrow soup is not good for a human to consume."

**QUESTION:** Is cremation an acceptable practice as nothing is stated explicitly in the Bible or Spirit of Prophecy?

**ANSWER:** That is a very good question. Many choose cremation because it is less expensive, does not clutter a plot of land, etc. Those that die through burning

have no choice. So, that leaves the choice to the living, what their final wishes will be.

The Bible is silent on the matter and the word cremation does not appear in the Spirit of Prophecy. This does not mean that silence gives permission, nor does it mean forbiddance.

However, if Joseph gave specific instructions to the care of his dead body, many other examples in the Bible also declaring what to do with the body after death, and seeing that John the Baptist along with Paul, both being beheaded, had their bodies carried off for burial, and all other deceased bodies pointing to burying being the directed method of care, we conclude that there is strong implication that burial is the way of God.

Further, God said that we would return to the dust, but ashes would be burnt up dust. Then to really get deeper on the activities, it appears that God is the one that does the burning (Sodom and Gomorrah, Hell, etc.). I don't see a saved person's body being burnt while King Saul's body was burnt along with his sons (in a general sense), although that may have included Johnathan, presumably saved. The reference to King Saul's sons may not have been all of his sons,

but then again, it may have. Again, there is no place in the Bible that a saved person's body is burnt by his own directive.

Now, let us investigate the origins. According to *How Stuff Works*, "Burning a corpse as a final rite of passage has been in practice. In the western Roman empire, cremation was the standard until the first century A.D., often associated with military honors. With the spread of Christianity, cremation was frowned upon and disappeared for the most part in Europe by the fifth century A.D., except in unusual cases such as epidemics or war. In Asia, cremation became popular in areas of Buddhist influence under certain dynasties in China and Korea until about A.D. 1300."

According to *Britannica*, "The practice of cremation was introduced to the Western world by the Greeks as early as 1000 BCE. They seem to have adopted cremation from some northern people as an imperative of war, to ensure soldiers slain in alien territory a homeland funeral attended by family and fellow citizens. The Iliad makes plain how elaborate and important cremations were. In that, Zeus himself forced Achilles to surrender Hector's body to his fa-

ther so that he, King Priam of Troy, could have it cremated royally. The greater the hero, the greater was the conflagration. Achilles set the pattern in providing a pyre 100 feet (30 metres) square for his friend Patroclus. Achilles himself was incinerated even more gloriously after his death—in “raiment of the gods” after 17 days of mourning. After the flames were quenched with wine, his bones were bathed in oil and wine and placed in a golden urn with those of Patroclus. Lavish funeral feasting and funeral games followed, and a great tomb was erected for him on a headland above the Hellespont. The pagan Scandinavians favoured cremation,

believing that it helped free the spirit from the flesh and also that it kept the dead from harming the living. These pagans’ practices paralleled the Greek and Roman epic cremations. After the Icelandic conversion to Christianity in 1000 CE, cremation was rare in western Europe until the 19th century, except in emergencies. During an outbreak of the Black Death in 1656, for example, the bodies of 60,000 victims were burned in Naples during a single week.”

According the Catholic resource, *New Advent*, “The burning of heretics was first decreed in the eleventh century. The Synod of Verona (1184) imposed on bishops the duty to search out the heretics in their dioceses

and to hand them over to the secular power.” The Catholic Church turned the act of cremation into a punishment. By burning heretics at the stake, it was a form of condemning the soul to the flames of hell (*Journal of Medieval History*). Additionally, since Christianity, by large, did not practice cremation, recognizing that the pagan connection and disrespect to the body, by burning the heretic, it was meant as an insult, an ultimate disrespect, and even to go as far as to believe once a body has been reduced to ashes, it is forever considered lost. Of course, that is not true for “the LORD looketh on the heart” (1 Samuel 16:7).



## Prophecy Made Plain

*In this new article, as requested by our readership, we will address one last day event at a time and try to put it into plain speak.*

### When the Plagues Fall

People have been pointing to various events, occurrences, and other phenomenon to say that the seven last plagues have already begun to be poured, but despite red blood creeks and tides,

despite earthquakes sinking small islands, despite the numerous serious skin issues around the world, even despite the hotter sunshine, not one of the seven last plagues is falling yet.

How do we know for a

certainty that they are not falling? There are two verses that stand out to confirm this position and do so in identifying at least three items that have not occurred and must occur before the plagues are poured out.

The most obvious verse is Revelation 16:2, which says, “And the first went, and poured out his vial upon the earth; and there fell a noisome and grievous sore upon the men which had the mark of the beast, and [upon] them which worshipped his image.”

Without trying to make several points plainly spoken in this one article, we are going to just declare that the “mark of the beast”, which we made plain in the May, 2022 issue, as being the universal Sunday law, is not being enforced yet. That has not been established around the world yet, therefore, the first plague has not even been poured out yet as it is poured upon those that have the “mark of the beast”.

The second item, in the same verse, is that the first plague is poured upon those that worship the image of the beast, which we did not make plain yet, but will be simply stated here as the joint political and religious power operating in the United States and then being established to be recognized also throughout the world. That too has not happened yet.

Therefore, there are two reasons why the plagues have not begun

yet, but we offer yet a third reason found in a different verse. Revelation 15:8 states, “And the temple was filled with smoke from the glory of God, and from his power; and no man was able to enter into the temple, till the seven plagues of the seven angels were fulfilled.” This temple is referring to the one in Heaven of which the seven angels with the seven last plagues come out of (Revelation 15:6). At some point, human beings will not be able to enter into the temple while the seven last plagues are pouring out.

You may be wondering how a human can enter into the heavenly temple, and so we shall share, “my prayer came in unto thee, into thine holy temple” (Jonah 2:7). We enter the heavenly temple through prayer. However, during the plagues, prayer will no longer be accepted.

Again, in avoiding making plain yet another topic, we will address this, too, in the future, realize there is coming a time in which Jesus will no longer hear the prayer of confession for sins. “And he saw that [there was] no man, and wondered that [there was] no intercessor” (Isaiah 59:16). That

is because all cases will have been decided upon (which is also another future topic), because the Bible states, “He that is unjust, let him be unjust still: and he which is filthy, let him be filthy still: and he that is righteous, let him be righteous still: and he that is holy, let him be holy still” (Revelation 22:11).

So, when everyone’s fate is sealed, there is no more need of confession by prayer directed to the temple for Jesus to blot out of the record books. Those made holy and righteous will stay that way for they shall not be sinning. Those on the other side will not be worried about their sinning as they stay on the lost side. Seeing that today we have many Christians still confessing their sins, cases have not been decided yet. That means the plagues are not being poured out yet.

So, without the cases being decided yet, without the image of the beast being set up yet, and without the mark of the beast being enforced around the world yet, the plagues are not falling yet.





# Watchman, Let Him Declare What He Seeth

*This section is not about revealing the apostasy and creating ill feeling towards the conference. It is to make sure that no one is caught up in those that participate in the apostasy. That is what it means to “Declare What I See” because God says, “When I say unto the wicked, Thou shalt surely die; and thou givest him not warning, nor speakest to warn the wicked from his wicked way, to save his life; the same wicked [man] shall die in his iniquity; but his blood will I require at thine hand” (Ezekiel 3:18). We have enough to worry about our own life; we do not need your (in general) blood to be on us too.*

## Adventist.Org

### Immunization

“The Seventh-day Adventist Church places strong emphasis on health and well-being. The Adventist health emphasis is based on biblical revelation, the inspired writing of E.G. White (co-founder of the Church), and on peer-reviewed scientific literature. As such, we encourage responsible immunization/vaccination, and have no religious or faith-based reason not to encourage our adherents to responsibly participate in protective and preventive immunization programs. We value the health and safety of the population, which includes the maintenance of “herd

immunity.”

“We are not the conscience of the individual church member, and recognize individual choices. These are exercised by the individual. The choice not to be immunized is not and should not be seen as the dogma nor the doctrine of the Seventh-day Adventist Church.”

This statement was voted by the General Conference of Seventh-day Adventists Administrative Committee in Silver Spring, Maryland, April 15, 2015.

**EGW:** “Drugging should be forever abandoned; for while it does not cure any malady, it enfeebles the system, making it more susceptible to disease.” – T., No. 32,

p. 67. {HL 65.5}

**Comment:** So, if the Seventh-day Adventist Church studied Ellen White’s writings, how could they be encouraging the people to take the vaccine?

### May 16—Fulcrum7

#### SDA Church in Minnesota Asks the Conference to Take a Stand Against WO Rebellion

**EGW:** “The greatest want of the world is the want of men – men who will not be bought or sold, men who in their inmost souls are true and honest, men who do not fear to call sin by its right name, men whose conscience is as true to duty as the needle to the pole, men who will

## NEED A RECEIPT?

We will be happy to provide you with a receipt but please indicate that you would like to receive one. Many give without claiming it on their taxes.

Personally, I would so as to have more to give. But for us to mail a receipt to those that do not use such would be a waste of God’s funds. So do not hesitate to ask, and even if you already gave, we have record of it, so if you still want a receipt, just ask.



stand for the right though the heavens fall." {Ed 57.3}

**Comment:** Praise the Lord to be able to report something positive.

## May 28—YOUINPA

### 17 May, International Day against Homotransphobia: initiatives in Palermo

Ecumenical prayer vigil for overcoming homotransphobia. Torchlight procession at 17.00 (Piazza Alberico Gentili), prayer vigil at 20.00 (Seventh-day Adventist Church, Via Di Marzo 25), organized by the ecumenical

coordination for overcoming homotransphobia with Eagle Wings - LGBT Christians.

**Bible:** "For this cause God gave them up unto vile affections: for even their women did change the natural use into that which is against nature: And likewise also the men, leaving the natural use of the woman, burned in their lust one toward another; men with men working that which is unseemly, and receiving in themselves that recompence of their error which was meet" (Romans 1:26-27).

**Comment:** So, why is

the Seventh-day Adventist Church hosting a prayer vigil to stop homophobia, lesbophobia, transphobia when the Bible teaches that even God gives up upon such people who practice these acts? Besides, we are not afraid of these people. We are even polite, not making a scene. We just know that, as Sodom and Gomorrah, their eternal life is in jeopardy, therefore, we sound the warning because we care about them, as we do with all practicing sinners.



## News And Comments

### May 6—Breitbart

#### FDA Puts Strict Limits on Johnson and Johnson Vaccine Due to Blood Clots

We have been promoting the rejection of taking the vaccine from the beginning, and now that everyone is distracted by inflation, the war, and other things, the FDA finally admits that we have issues with the vaccine. And do not think the other two resources are without issues. These things will probably continue to leak out little by little over the coming years. The bottom line is that "by thy sorceries

[pharmakeia] were all nations deceived" (Revelation 18:23). The sad part is that all those who died because of the blood clots cannot sue. Those living with the blood clots cannot sue. Those who are now frightened because it is in their bodies as walking time bombs cannot sue. As we were labeled alarmists and lunatic fringe (not us personally but all that knew of the harm and were voicing it) are once again proven to be correct, only too late for many.

### May 4—Twin Cities

#### Wisconsin Sen. Ron Johnson criticized for reaction to false COVID vaccine claim

Although we are not advocating this connection to be true, we are also not advocating this to be false. What we do know is that those not going along with the agenda to control the population, even to reduce the population, are mislabeled. The article declares "no reputable doctor has made such a claim", which means that the 100 or more doctors that claim to make this connection per an attorney Callendar, indeed have evi-

dence, but they are just not reputable. What makes a doctor reputable? Those that go along with the agenda! We know this fact and that is "by thy sorceries were all nations deceived" (Revelation 18:23), where, as a broken record, we remind everyone that the word "sorceries" is derived from the Greek word "pharmakeia". So, by the pharmaceutical industry, all nations will be involved in pushing something that people should not put into their bodies as we near the close of time. So, it is not out of the realm that the vaccines are causing other issues, even criminal intent to depopulate the world, which is not a conspiracy theory as Bill Gates, the foremost advocate, and many others are pushing to accomplish and is quite outspoken about it. What better way to accomplish this but by something that appears to fix a man-made, created problem, such as the worldwide mislabeled pandemic, by offering an apparent solution that really is not a solution as people still are getting sick, dying, etc., even after all of the boosters.

### **May 3—Vice**

**CDC Tracked Millions of Phones to See If Americans Followed COVID Lockdown Orders**

Maybe it is time we disconnect from our cell phones by leaving them at home when at church or performing church functions for why give the enemy an advantage over us because we stand on the fact that we are "Not forsaking the assembling of ourselves together, as the manner of some [is]; but exhorting [one another]: and so much the more, as ye see the day approaching" (Hebrews 10:25).

### **May 8—Yahoo News**

**My 'complicated' mom made me feel like a bad son. I hated Mother's Day. But life changes.**

This may not seem news worthy, but then, this publication is not about providing the latest exciting news and comment. We look for those things that also make an impact on the spiritual life. And here is one that definitely does. Any holiday directed towards a certain group or a person has a tendency to breed selfishness. The Jehovah's Witnesses may not have it all wrong regarding holidays, though holidays ought not be entirely dismissed as those folks do, because that creates a whole set of other witnessing issues. But the fact is, according to this article in general, a holiday is an expected day to be pampered, given

attention to, of which Christ never sought. Birthdays are inclusive where, especially with children, it is all about "Gimme, gimme, gimme! It's my day!" Last we checked, all days belong to God and we own not one. The Christian walk is about the action to "deny himself, and take up his cross, and follow me" (Matthew 16:24). There is no holiday off for that constant relationship with Christ. "I protest by your rejoicing which I have in Christ Jesus our Lord, I die daily" (1 Corinthians 15:31).

### **May 9—News Week**

**Mystery Hepatitis Disease Killing Children Might Be Linked To Dogs: CDC**

If only 70 percent of households affected have a dog, 30 percent is still a significant number to say that it does not appear to be the family pet causing the problem. Have they considered checking how many children with hepatitis all of a sudden were vaccinated and even have the boosters? It is just a question, but something well into 90 percent range would be the more likely culprit. "Take heed that no man deceive you" (Matthew 24:4).

### **May 10—ANH USA**

## **“Re-Education Camps” for Doctors?**

The fact that six states already have bills pending to offer doctors free speech tells us that this is a legitimate agenda to silence doctors and even re-educate them. To re-educate anyone may appease the majority of the population pushing forward blindly with the agenda through being scared into it, but it definitely is an act of the dragon to force such, which is the characteristic that Satan is trying to have the United States become: "and he spake as a dragon" (Revelation 13:11). Do keep in mind that beasts represents nations and the description of Revelation 13's beast results in that pointing to the United States, where our super power status is capable of enforcing the first beast's mark, though we started out with Christ-like principles, we are ending with freedoms disappearing under those scare tactics.

### **May 10—NPR**

#### **Scientists give Earth a 50-50 chance of hitting key warming mark by 2026**

The slant of the article title is to keep in line with the agenda that we must pass the solution quicker than 2030. The ultimate solution per the Paris agreement, which is in line with the Lauda-

to si' encyclical is shutting everything down on Sundays. Jesus said, "be not troubled" (Matthew 24:6) not only about wars but "For nation shall rise against nation, and kingdom against kingdom: and there shall be famines, and pestilences, and earthquakes, in divers places" (Matthew 24:7), which looks like many things associated with climate change. At least that is what the climate change agenda would have you believe. Political urgency always permits taking away freedom and controlling people. Welcome to the New World Order.

### **May 10—Washington Examiner**

#### **Box of mail-in ballots found on LA sidewalk**

The purpose, at this point, is to continue the tearing of the country apart, to make all elections suspect, to divide us as a nation making room for the final ruling power for "there are seven kings: five are fallen, and one is, [and] the other is not yet come; and when he cometh, he must continue a short space. And the beast that was, and is not, even he is the eighth, and is of the seven, and goeth into perdition" (Revelation 17:10-11). The eighth power is a reference from Revelation 13 describing the

antichrist. But of course people are blinded to think antichrist is a person and forget that beasts are nations (Daniel 7:23), indicating that antichrist did rule unchallenged, as a nation ceased, but now the deadly wound is being healed (Revelation 13:3) and shall rule the world over the United States, the seventh world empire since Babylon, Medo-Persia, Greece, and Rome (the first four heads). So, to take down a nation, use division from within.

### **May 11—Washington Post**

#### **U.S. baby formula shortage is worrying parents. Here's what to know.**

Is this one of the many reasons why Jesus said, "woe unto them that are with child, and to them that give suck in those days!" (Matthew 24:19). Between homeschool restrictions, pressured vaccines for children, and baby formula shortage, there certainly appears to be an attack on our children.

### **May 14—Business Insider**

#### **No need to worry about monkeypox, says Pfizer CEO – just days after Biden said 'everyone' should be concerned, before walking back his comments**

What confusion! We

know which way this will go as control is the goal. "There [is] confusion and every evil work" (James 3:16).

#### **May 18—News Nation Now**

##### **Summer blackouts could hit these US states, regulators warn**

The Bible says, "For all nations have drunk of the wine of the wrath of her fornication, and the kings of the earth have committed fornication with her, and the merchants of the earth are waxed rich through the abundance of her delicacies" (Revelation 18:3). With the policies of the kings, even right down to the governors, influencing the merchants, including electric companies, it is a wonder why more people do not see the control factor. It does not make sense that over 50% of the US cannot handle the electric demand and yet, they keep pushing electric vehicles upon people along with electric devices pushing out the gas powered ones. It is amazing how the New Green Deal was shot down in congress and yet is being implemented right before our eyes, once again, forming a method to control people.

#### **May 19—The Guardian**

##### **Suicides indicate wave of 'doomerism' over**

#### **escalating climate crisis**

A form of Romans 1:25 comes to mind: "Who changed the truth of God into a lie, and worshipped and served the creature more than the Creator, who is blessed for ever. Amen." The ultimate idol worship is to die for an inanimate object – earth. How sad that people are willing to die, especially when it is all exaggerated to push the agenda.

#### **May 19—New Scientist**

##### **Could monkeypox become a pandemic? Here's everything you need to know**

"And there shall be famines, and pestilences, and earthquakes, in divers places" (Matthew 24:7). Jesus did not say if they were man-made or not, but the new narrative is that, yes, monkeypox is going to be the new pandemic. Pandemics are going to be numerous because they strike fear more than natural disasters. Legislation may be passed violating all kinds of legal protections. And, according to the numerous media outlets, they are already painting it as being out of control following the same pattern as COVID. Further, just like a "medical exercise for COVID" happened months prior to the outbreak, exercises on smallpox have already been conducted, too.

Although we personally do not know the future, the media is definitely floating the concept that this is the next big pandemic, and with it, more control of the populace along with creating hatred between the two groups of people – those that obey the restrictions willingly and those that see through the agenda and defy them.

#### **May 19—Daily Mail**

##### **American girls are now reaching puberty as young as SIX in phenomenon scientists think may be linked to childhood obesity, chemicals in plastic and stress**

Scientists ought to re-think that stress brings on puberty at six years old, even simply being obese. Chemicals in plastics have a better possibility, but how about connecting the dots? Puberty is triggered by hormones. Milk is pushed heavily upon kids, along with meat. Have they considered all of the hormone injections into animals, including chickens. "But evil men and seducers shall wax worse and worse, deceiving, and being deceived" (2 Timothy 3:13).

#### **May 19—News Nation Now**

##### **Inflation hitting food prices globally, as short-**

## ages begin

Three hundred million is a lot of people but between a supply network that broke a year or so ago, gas prices soaring, causing inflation to be climbing rapidly and high, countries that produce wheat supposedly on the brink of causing World War III, it is no surprise that shortages of food would follow, just as Jesus predicted: "For nation shall rise against nation, and kingdom against kingdom: and there shall be famines..." (Matthew 24:7).

## May 20—Rolling Stone

### **Trump Endorsed Her. Now She Wants to Use State Power to 'Crush' the Left and Impose 'God's Moral Order'**

This is the attitude that sets up the image of the beast. "And deceiveth them that dwell on the earth by [the means of] those miracles which he had power to do in the sight of the beast; saying to them that dwell on the earth, that they should make an image to the beast, which had the wound by a sword, and did live" (Revelation 13:14). The beast joins religious and political paths into one. A nation founded upon the separation turns to speak as the dragon (Revelation 13:11), which means that they are able to join these two aspects being the United States.

## May 23—National Review

### **State Farm Launches Program to Distribute LGBTQ Books to Kindergartners**

Luke 17:2, rightly understood, is quite fitting for State Farm. "It were better for him that a millstone were hanged about his neck, and he cast into the sea, than that he should offend one of these little ones." This is not about hurting feelings. Anything that stands between a child's relationship with Jesus causing that child to question, to separate, to be offended to be a Christian and hold Christian values is the proper understanding. And clearly State Farm is actively placing themselves in the offender position. All employees supporting this program, let alone participating in the distribution of the literature will see the consequence of their actions for in God's eyes, it were better that they would go drown themselves tied to a millstone to sink to the bottom of the sea.

## May 25—Washington Examiner

### **Ohio school district adopts policy of hiding gender transitions from parents**

"Parents, especially mothers, should be the

only teachers of such infant minds" {HL 151.1} and not public school systems. If our children are in public schools, God will hold the parents accountable for their loss on eternal life. How much more do public schools do behind the parent's backs that we are not privileged to know?

## May 27—Fox News

### **Woman assaulted on NYC subway as bystanders do nothing**

James 4:17 says, "Therefore to him that knoweth to do good, and doeth [it] not, to him it is sin."

## May 28—Business Insider

### **A Texas minister helps fly dozens of women to New Mexico every month to get abortions. He's one of many religious leaders working on coordinating abortion care if Roe v. Wade is overturned.**

Luke 12:56 says, "[Ye] hypocrites, ye can discern the face of the sky and of the earth; but how is it that ye do not discern this time?" And these ministers are clearly hypocrites. "Then said Jesus unto them, I will ask you one thing; Is it lawful on the sabbath days to do good, or to do evil? to save life, or to destroy [it]?" (Luke 6:9). That which leads up

to a life is inclusive, even if one does not believe the child is alive in the womb. Properly studied, the Bible does give enough examples to tell us life begins in the womb.

**May 30—Miami Herald**

**Did NASA find Hell? Scientists brace for first glimpse of world that constantly burns**

NASA and others need to know these facts about hell. Revelation 20:9 says, "And they went up on the breadth of the earth, and compassed the camp of the saints about, and the beloved city: and fire came down from God out of heaven, and devoured them." The location of hell is on the face of the earth. Since that is the case, Hell is not burning yet. And the lack of biblical accounts from people coming back from the dead speaking of neither Heaven nor Hell confirms that hell does not currently exist.



***Ellen White  
Abbreviations  
In this Issue***

1SM - Selected Messages Book 1

6T - Testimonies for the Church Volume Six

CD - Counsels on Diet and Foods

CTBH - Christian Temperance and Bible Hygiene

ED - Education

EW - Early Writings

GC - The Great Controversy (1911)

GC88 - The Great Controversy (1888)

GCB - The General Conference Bulletin

GW92 - Gospel Workers (1892)

HL - Healthful Living

*(Continued from page 2)*

the end of last year, may increase again. Our apologies, but do keep in mind that we would rather you stay on our mailing list and stay informed as opposed to you trying to save us a few dollars.

This in no wise is requesting a reduction in our mailing list. In fact, if we were to fall below certain quantities, our quantity discount decreases causing us to have change the rate again. So, you may save us \$29 on one side but

cost us more overall on the other side.

May God bless you in all that you do for God. Keep the faith!



## Natural Remedies

**COMMENT:** *In these times we live in, even access to natural supplements will become increasingly difficult to access, so we are going to try our best to use the most natural means possible to deal with health situations.*

### **Cinnamon for Cold Prevention**

When a cold is coming on, fight it with tea made with cinnamon, a powerful antioxidant:

from double boiler and cool.

mixture into hot water and drink when cooled

5. Stir 1 Tbsp. of this



1. Put 1 cup of honey into a sterilized jar and place in a double boiler over low heat.
2. Gently heat for 15 minutes -- do not boil.
3. Stir in 3 Tbsp. powdered cinnamon and 1 tsp. allspice.
4. Then remove jar

### **REMOVE ME!**

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