



The Four Angels' Messages

A Monthly Magazine

It is the Three Angels Message of Revelation 14 empowered by "another angel" (Revelation 18:1) producing the Loud Cry, which is yet future, but now is the time of preparation, which is the purpose of this publication.

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IMAGE REMOVED

Christ would here have us understand that our righteousness must include, not only the observance of the letter of the law, but also the spirit and principle of it. The letter of the law specifies how we must walk in order to please God; the spirit of the law points to Jesus Christ as the atoning sacrifice, through whose merits the sinner can fulfill the requirements of the law, Christ said, "I and my Father are one." There is therefore perfect harmony between the law and the gospel.

{The Signs of the Times, July 18, 1878 par. 22}

- Authorized KJV vs Catholic Bible
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- Healthy and Delicious Recipes
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- Who Accepts the Counsel

**A Publication By Seventh-day Adventists
For Seventh-day Adventists**

Dear Brothers and Sisters ...

Jerry O'Donnell

As I write this in the middle of April, only God will know the situation when you go to read it, but much talk is happening right now about opening up the economy. It very well could be opened across the country three months from today, being the time you read this. Nonetheless, the purpose of this message is to encourage carefulness.

Many saw the coronavirus scare as the very final events with Sunday law on the heels, however, with permission for businesses to try and start up again, there appears to be a bit of a delay for the final events. Praise the Lord, we have more time to help others to get ready, but please do not be lulled to sleep.

Those who were a bit lax in the reforms even in removing sins in one's life seemed to ramp up the seriousness of dealing with the laxness because of the crisis, however, as things ease, to return in any manner to the way life used to be in the area of being lax, called backsliding, shows to the angels and other worlds what God knew all along. The sincerity

towards getting ready for the second coming was fake.

It is like a marriage ceremony. People who think they can live a single's life right up to the eve of marriage, especially throwing a wild party the night before, shows to the person they are marrying the opposite intention. Instead of looking forward to life happily together, they are dreading the restrictions. Likewise, many look forward to eternal life, but as long as life lasts, they just want to see how much they can get out of it.

Now, besides that, there is another purpose for this message. It is the prophecy that Jesus spoke of: "But when ye shall see the abomination of desolation, spoken of by Daniel the prophet, standing where it ought not, (let him that readeth understand,) then let them that be in Judaea flee to the mountains." (Mark 13:14). Specifically, Daniel 9:26 states, "And after threescore and two weeks shall Messiah be cut off, but not for himself: and the people of the prince that shall come shall destroy the city and the

sanctuary; and the end thereof [shall be] with a flood, and unto the end of the war desolations are determined."

Directly stating it now, as the Roman soldiers prior to 70 AD surrounded the city and then pulled back for some reason, only to return years later with a vengeance and leveled the place, likewise, if the nations start declaring how they beat the coronavirus back by their methods of mitigation, even the future vaccine, be careful, for this would truly be a type of "Peace and safety" (1 Thessalonians 5:3). But what are we told? "But of the times and the seasons, brethren, ye have no need that I write unto you. For yourselves know perfectly that the day of the Lord so cometh as a thief in the night. For when they shall say, Peace and safety; then sudden destruction cometh upon them, as travail upon a woman with child; and they shall not escape. But ye, brethren, are not in darkness, that that day should overtake you as a thief. Ye are all the children of light, and the children of the day:

(Continued on page 44)

The mission of The Four Angels' Messages Ministry is to alert as many Seventh-day Adventists as possible to see the need of living the Three Angels' Messages, be well-studied in the messages of all four angels, to get ready and be ready very soon to go and preach them, even being active now. It is our belief that not only are we the last generation, but the mark is soon to be forced upon us, and publications like this shall be targeted. So while the presses can run, let us awake to our high calling, despite others who want to remain asleep. Keep in mind, the final movements of the message are described thus:

“Are we hoping to see the whole church revived? That time will never come.” {1SM 122.1}

“We must enter upon the work individually.” {1SM 122.2}

We are not against conference churches as there are some still faithful, but most are not.

About The Four Angels' Messages Ministry

This ministry is founded by Jerry O'Donnell upon the necessity to raise the standard higher and higher. It is a non-profit, Seventh-day Adventist volunteer organization who love God's church and love the people, hating to see a single person deceived.

Subscription and Donations: Although we are volunteers, the cost of

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vide a donation, we definitely would welcome such and would put it to proper use, including helping to pay for subscriptions of those who cannot afford the cost. The publication is free online in PDF format.

Enmity Between Man and Satan

Ellen White (extra article)

"I will put enmity between thee and the woman, and between thy seed and her seed; it shall bruise thy head, and thou shalt bruise his heel." [Genesis 3:15.] The divine sentence pronounced against Satan after the fall of man, was also a prophecy, embracing all the ages to the close of time, and foreshadowing the great conflict to engage all the races of men who should live upon the earth.

God declares, "I will put enmity." This enmity is not naturally entertained. When man transgressed the divine law, his nature became evil, and he was in harmony, and not at variance, with Satan. There exists naturally no enmity between sinful man and the originator of sin. Both became evil through apostasy. The apostate is never at rest, except as he obtains sympathy and support by inducing others to follow his example. For this reason, fallen angels and wicked men unite in desperate companionship. Had not God specially interposed, Satan and man would have entered into an alliance against Heaven; and instead of cherishing enmity

against Satan, the whole human family would have been united in opposition to God.

Satan tempted man to sin, as he had caused angels to rebel, that he might thus secure cooperation in his warfare against Heaven. There was no dissension between himself and the fallen angels as regards their hatred of Christ; while on all other points there was discord, they were firmly united in opposing the authority of the Ruler of the universe. But when Satan heard the declaration that enmity should exist between himself and the woman, and between his seed and her seed, he knew that his efforts to deprave human nature would be interrupted; that by some means man was to be enabled to resist his power.

The grace that Christ implants in the soul creates the enmity against Satan. Without this converting grace and renewing power, man would continue the captive of Satan, a servant ever ready to do his bidding. But the new principle in the soul creates conflict where hitherto had been peace. The power

which Christ imparts, enables man to resist the tyrant and usurper. Whoever is seen to abhor sin instead of loving it, whoever resists and conquers those passions that have held sway within, displays the operation of a principle wholly from above.

The antagonism that exists between the spirit of Christ and the spirit of Satan was most strikingly displayed in the world's reception of Jesus. It was not so much because he appeared without worldly wealth, pomp, or grandeur, that the Jews were led to reject him. They saw that he possessed power which would more than compensate for the lack of these outward advantages. But the purity and holiness of Christ called forth against him the hatred of the ungodly. His life of self-denial and sinless devotion was a perpetual reproof to a proud, sensual people. It was this that evoked enmity against the Son of God. Satan and evil angels joined with evil men. All the energies of apostasy conspired against the champion of truth.

The same enmity is manifested toward Christ's followers as was manifested toward their Master. Whoever sees the repulsive character of sin, and, in strength from above, resists temptation, will assuredly arouse the wrath of Satan and his subjects. Hatred of the pure principles of truth, and reproach and persecution of its advocates, will exist as long as sin and sinners remain. The followers of Christ and the servants of Satan cannot harmonize. The offense of the cross has not ceased. "All that will live godly in Christ Jesus shall suffer persecution." [2 Timothy 3:12.]

Satan's agents are constantly working under his direction to establish his authority and build up his kingdom in opposition to the government of God. To this end they seek to deceive Christ's followers, and allure them from their allegiance. Like their leader, they misconstrue and pervert the Scriptures to accomplish their object. As Satan endeavored to cast reproach upon God, so do his agents seek to malign God's people. The spirit which put Christ to death moves the wicked to destroy his followers. All this is foreshadowed in that first prophecy, "I

will put enmity between thee and the woman, and between thy seed and her seed." Such is the work that will be carried forward in the great controversy between Christ and Satan to the close of time.

Satan summons all his forces, and throws his whole power into the combat. Why is it that he meets with no greater resistance? Why are the soldiers of Christ so sleepy and indifferent? – Because they do not realize their peril. There is but little enmity against Satan and his works, because there is so great ignorance concerning his power and malice, and the vast extent of his warfare against Christ and his church. Multitudes are deluded here. They do not know that their enemy is a mighty general, who controls the minds of evil angels, and that with well-matured plans and skillful movements he is warring against Christ to prevent the salvation of souls. Among professed Christians, and even among ministers of the gospel, there is heard scarcely a reference to Satan, except perhaps an incidental mention in the pulpit. They overlook the evidences of his continual activity and success; they neglect the many warnings of his subtlety; they

seem to ignore his very existence.

While men are ignorant of his devices, this vigilant foe is upon their track every moment. He is intruding his presence in every department of the household, in every street of our cities, in the churches, in the councils, in the courts of justice, perplexing, deceiving, seducing, everywhere ruining the souls and bodies of men, women, and children, breaking up families, sowing hatred, emulation, strife, sedition, murder. And the Christian world seem to regard these things as though God had appointed them, and they must exist.

Satan is continually seeking to overcome the people of God by breaking down the barriers which separate them from the world. Ancient Israel were enticed into sin when they ventured into forbidden association with the heathen. In a similar manner are modern Israel led astray. "The god of this world hath blinded the minds of them which believe not, lest the light of the glorious gospel of Christ, who is the image of God, should shine unto them." [2 Corinthians 4:4.] All who are not decided followers of Christ are servants of

Satan. In the unregenerate heart there is love of sin, and a disposition to cherish and excuse it. In the renewed heart there is hatred of sin, and determined resistance against it. When Christians choose the society of the ungodly and unbelieving, they expose themselves to temptation. Satan conceals himself from view, and stealthily draws his bandage across their eyes. They cannot see that such company is calculated to do them harm, and while all the time assimilating to the world in character, words, and actions, they are becoming more and more blinded. Familiarity with sin inevitably causes it to appear less repulsive. He who chooses to associate with the servants of Satan soon ceases to fear their master.

The tempter often works most successfully through those who are least suspected of being under his control. The opinion prevails with many that all which appears like courtesy or refinement must, in some sense, pertain to Christ. Never was there a greater mistake. These qualities should grace the character of every Christian, for they would exert a powerful influence in favor of

true religion; but they must be consecrated to God, or they are a power for evil. Many who are affable and intelligent, and who would not stoop to what is commonly regarded as an immoral act, are but polished instruments in the hands of Satan. The insidious, deceptive character of their influence and example renders them more dangerous enemies to the cause of Christ than are those who are unattractive, coarse, rough, and degraded.

By earnest prayer and dependence upon God, Solomon obtained the wisdom which excited the wonder and admiration of the world. But when he turned from the Source of his strength, and went forward relying upon himself, he fell a prey to temptation. Then the marvelous powers bestowed on this wisest of kings, only rendered him a more efficient agent of the adversary of souls.

While Satan is constantly seeking to blind their minds to the fact, let Christians never forget that they "wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against wicked spirits

[margin] in high places." [Ephesians 6:12.] The inspired warning is sounding down the centuries to our time: "Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour." [1 Peter 5:8.] "Put on the whole armor of God, that ye may be able to stand against the wiles of the devil." [Ephesians 6:11.]

From the days of Adam to our own time, our great enemy has been exercising his power to oppress and destroy. He is now preparing for his last campaign against the church. All who seek to follow Jesus will be brought into conflict with this relentless foe. The more nearly the Christian imitates the divine Pattern, the more surely will he make himself a mark for the attacks of Satan. All who are actively engaged in the cause of God, seeking to unveil the deceptions of the evil one and to present Christ before the people, will be able to join in the testimony of Paul, in which he speaks of serving the Lord with all humility of mind, with many tears and temptations.

Satan assailed Christ with his fiercest and most subtle tempta-

tions; but he was repulsed in every conflict. Those battles were fought in our behalf; those victories make it possible for us to conquer. Christ will give strength to all who seek it. No man without his own consent can be overcome by Satan. The tempter has no power to control the will or to force the soul to sin. He may distress, but he cannot contaminate. He can cause agony, but not defilement. The fact that Christ has conquered should inspire his followers with courage to fight manfully the battle against sin and Satan.

Agency of Evil Spirits.

The existence of Satan and the agency of evil spirits are facts fully established by both the Old and the New Testament. From the days of Adam to Moses, and through all the succeeding ages to John, the latest gospel writer, Satan is recognized as an active, personal agent, the originator of evil, the enemy of God and man. It is true that imagination and superstition have given their own coloring to these facts, and have linked them with legends and traditions of heathen, Jewish, and even Chris-

tian nations; but as revealed in the word of God they are of the utmost solemnity and importance. The connection of the visible with the invisible world, the ministrations of angels of God, and the agency of evil angels, are inseparably interwoven with human history. We are told of the fall of the angels from their purity, of Lucifer their leader, the instigator of rebellion, of their confederacy and government, of their various orders, of their great intelligence and subtlety, and of their malicious designs against the innocence and happiness of men. We are told of One mightier than the fallen foe, – One by whose authority Satan's power is limited and controlled; and we are told, also, of the punishment prepared for the originator of iniquity.

During the time when Christ was upon the earth, evil spirits manifested their power in a most striking manner. And why was this? – Christ had come to enter upon the plan devised for man's redemption, and Satan therefore determined to assert his right to control the world. He had succeeded in establishing idolatry in every part of

the earth except the land of Palestine. To the only land that had not fully yielded to the tempter's sway, Christ came to shed upon the people the light of Heaven. Here two rival powers claimed supremacy. Jesus was stretching out his arms of love, inviting all who would to find pardon and peace in him. The hosts of darkness understood that if his mission should be successful, their rule was soon to end. Satan raged like a chained lion, and defiantly exhibited his power over the bodies as well as the souls of men.

The fact that men have been possessed with demons is clearly stated in the New Testament. The persons thus afflicted were not merely suffering with disease from natural causes. Christ had perfect understanding of that with which he was dealing, and he recognized the direct presence and agency of evil spirits.

A striking example of their number, power, and malignity, and also of the power and mercy of Christ, is given in the Scripture account of the healing of the demoniacs at Gadara. Those wretched maniacs, spurning all restraint, writhing, foaming, rag-

ing, were filling the air with their cries, doing violence to themselves, and endangering all who should approach them. Their bleeding and disfigured bodies and distracted minds presented a spectacle well-pleasing to the prince of darkness. One of the demons controlling the sufferers declared, "My name is Legion; for we are many." [Mark 5:9] In the Roman army a legion consisted of from three to five thousand men. Satan's hosts also are marshaled into companies, and the single company to which these demons belonged numbered no less than a legion.

At the command of Jesus, the evil spirits departed from their victims, leaving them calmly sitting at the Saviour's feet, subdued, intelligent, and gentle. But the demons were permitted to sweep a herd of swine into the sea; and to the dwellers of Gadara their loss outweighed the blessings which Christ had bestowed, and the divine Healer was entreated to depart. This was the result which Satan designed to secure. By casting the blame upon Jesus, he aroused the selfish fears of the people, and prevented them from listening to

his words. Satan is constantly accusing Christians as the cause of loss, misfortune, and suffering, instead of allowing the reproach to fall where it belongs, upon himself and his agents.

But the purposes of Christ were not thwarted. He allowed the evil spirits to destroy the herd of swine as a rebuke to those Jews, who, by raising these unclean beasts for the sake of gain, had transgressed the command of God. Had not Christ restrained the demons, they would have plunged into the sea, not only the swine, but also their keepers and owners. The preservation of both the keepers and the owners was due alone to his merciful interposition for their deliverance. Furthermore, this scene was permitted to take place that the disciples might witness the cruel power of Satan upon both man and beast. The Saviour desired his followers to have a knowledge of the foe whom they were to meet, that they might not be deceived and overcome by his devices. It was also his will that the people of that region should behold his power to break the bondage of Satan and release his captives.

And though Jesus himself departed, the men so marvelously delivered, remained to declare the mercy of their Benefactor.

Other instances of a similar nature are recorded in the Scriptures. The daughter of the Syrophenician woman was grievously vexed with a devil, whom Jesus cast out by his word. [Mark 7:26-30] One "possessed with a devil, blind and dumb," [Matthew 12:22] a youth who had a dumb spirit, that oftentimes "cast him into the fire, and into the waters, to destroy him," [Mark 9:17-27] the maniac, who, tormented by "a spirit of an unclean devil," [Luke 4:33-36] disturbed the Sabbath quiet of the synagogue at Capernaum, were all healed by the compassionate Saviour. In nearly every instance, Christ addressed the demon as an intelligent entity, commanding him to come out of his victim and to torment him no more. The worshipers at Capernaum, beholding his mighty power, "were all amazed, and spake among themselves, saying, What a word is this! for with authority and power he commandeth the unclean spirits, and they come out."

Those possessed with devils are usually represented as being in a condition of great suffering; yet there were exceptions to this rule. For the sake of obtaining supernatural power, some welcomed the Satanic influence. These of course had no conflict with the demons. Of this class were those who possessed the spirit of divination,-- Simon Magus, Elymas the sorcerer, and the damsel who followed Paul and Silas at Philippi.

None are in greater danger from the influence of evil spirits than are those who, notwithstanding the direct and ample testimony of the Scriptures, deny the existence and agency of the devil and his angels. So long as we are ignorant of their wiles, they have almost inconceivable advantage; many give heed to their suggestions while they suppose themselves to be following the dictates of their own wisdom. This is why, as we approach the close of time, when Satan is to work with greatest power to deceive and destroy, he spreads everywhere the belief that he does not exist. It is his policy to conceal himself and his manner of working.

There is nothing that the great deceiver fears

so much as that we shall become acquainted with his devices. The better to disguise his real character and purposes, he has caused himself to be so represented as to excite no stronger emotion than ridicule or contempt. He is well pleased to be painted as a ludicrous or loathsome object, misshapen, half animal and half human. He is pleased to hear his name used in sport and mockery by those who consider themselves intelligent and well-informed.

It is because he has masked himself with consummate skill that the question is so widely asked, "Does such a being really exist?" It is an evidence of his success that theories giving the lie to the plainest testimony of the Scriptures are so generally received in the religious world. And it is because Satan can most readily control the minds of those who are unconscious of his influence that the word of God gives us so many examples of his malignant work, unveiling before us his secret forces, and thus placing us on our guard against his assaults.

The power and malice of Satan and his host might justly alarm us, were it not that we may

find shelter and deliverance in the superior power of our Redeemer. We carefully secure our houses with bolts and locks to protect our property and our lives from evil men; but we seldom think of the evil angels who are constantly seeking access to us, and against whose attacks we have no method of defense. If permitted, they can distract our minds, disorder, torment our bodies, destroy our possessions and our lives. Their only delight is in misery and destruction. Fearful is the condition of those who resist the divine claims and yield to Satan's temptations until God gives them up to the control of evil spirits. But those who follow Christ are ever safe under his watch-care. Angels that excel in strength are sent from Heaven to protect them. The wicked one cannot break through the guard which God has stationed about his people.

{*The Spirit of Prophecy*
Volume Four, page
324.1 – 336.1}



Sanctification or Living Holiness (Part 6)

Elder Daniel T. Bourdeau

Four Angels' Messages
Comment: The Bible says, "Follow peace with all [men], and holiness, without which no man shall see the Lord" (Hebrews 12:14), therefore, a series of articles on the subject of sanctification, even holy living is warranted being that we very likely are the last generation who will make up the 144,000 "And in their mouth was found no guile: for they are without fault before the throne of God" (Revelation 14:5). That is being sanctified even living holy.

THE WORKING FACULTIES

As God does nothing in vain, it is reasonable to believe that these faculties were made to be exercised. According to the Sacred Record informs us that when the Creator had formed man, he took him and put him into the garden of Eden to dress it and to keep it. Gen. ii, 15.

Physical labor was appointed before the fall, and must have been designed to meet the wants of men. The organization of man is such that he needs to

exercise his working faculties; and he cannot neglect to do this without sustaining a loss. It does not require a labored argument to prove this. Reason, common sense and experience teach that the digestive organs demand the exercise of the working powers, and that proper physical exercise helps in conveying the nutritive properties of food into the different parts of the system, and in imparting vigor, strength, and health to the body and the mind. Hence as a general thing, the laboring classes, especially those who exercise out of doors, are stronger physically, and enjoy better health, than persons of sedentary habits.

But notwithstanding this, it is a lamentable fact that there is in the masses of the present age, an inclination to shun physical labor. It is by many considered a disgrace to engage in manual labor or other physical exercise. Many would be ashamed to be seen working with their hands as old-fashioned people used to do. And strange to say that in many instances even those who

have labored hard to get above want, will partake of this spirit and encourage the same in their children. Under this influence children think that they cannot be gentlemen and ladies if they work physically, and they will either spend their time in idleness, and grow up as it were in the shade, without getting the power of endurance, and without obtaining the experience they so much need, and which would prove a blessing to themselves and to others; or they will select a vacation that does not require physical exertion, but calls into exercise the mental faculties. Some of these delicate children are encouraged to engage in literary pursuits. They are perhaps told that it will be better for their health. They engage in their studies, overtax the mind, and are very careful to exercise as little as possible with their physical powers. The result is that some die before they have completed their studies, and not a few of those who gain their object are left with shattered nerves and a ruined constitution.

And how much benefit and comfort can they derive from all their knowledge? It is of but little use to them, and they lack the very thing they need to communicate it to others, viz., vigor and strength of body and mind.

In the name of reason and Scripture, we enter our protest against such a spirit and such a course. We would not lightly esteem knowledge, or discourage in others a desire to pursue proper studies. Let useful knowledge be eagerly pursued and cherished. But the most useful knowledge is that which pertains to our duty, and we cannot understand our whole duty unless we have a certain knowledge of the nature and functions of the prominent faculties of our beings and the relations they sustain to each other. Let the mind be cultivated, but let not the body be neglected.

In order that we may excel in the study of any subject and advance in knowledge, it is necessary that we possess health and vigor of mind. Now the health of the mind depends much on that of the body, and physical exercise assists in promoting the health of the body. Hence the greatest and most useful men that have lived have been careful to cultivate and exercise their physical faculties.

Ashamed to labor physically, while physical labor is appointed by the Creator, and is so beneficial to man! It would be far better to be ashamed of the least inclination to shun physical labor, and of the shameful consequences resulting from idleness. Better be ashamed of leaving the way marked out by God and approved by reason and experience, to pursue a course opposed to God, reason,

and common sense, and destructive of health and happiness.

Those who think it a disgrace to labor with their hands would doubtless be ashamed of Christ, and many holy men and women spoken of in the Scriptures; for they engaged in manual labor. Christ was a carpenter, and we understand that this was one reason why the Jews were offended at him. They said, "Is not this the carpenter, the son of Mary? . . . And they were offended at him." Mark vi, 3.

The great apostle to the Gentiles was a tent-maker, and was not ashamed to work with his hands. Physical labor was not a hindrance to him in his work, but rather made him more successful in advancing the cause of truth. As he labored with his hands, or traveled on foot in imitation of the example of his divine Master be-

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fore him, he showed that he was actuated by unselfish principles, set an example for his brethren to follow, and had the satisfaction that he did what he could to supply his wants and the wants of others. He could say, I have coveted no man's silver, or gold, or apparel. Yes, ye yourselves know that these hands have ministered unto my necessities, and to them that were with me. I have showed you all things, how that so laboring ye ought to support the weak, and to remember the words of the Lord Jesus, how he said, "It is more blessed to give than to receive." "For ye remember, brethren, our labor and travail; for laboring night and day, because we would not be chargeable to any of you, we preached unto you the gospel of God." "Neither did we eat any man's bread for naught; but wrought with labor and travail night and day, that we might not be chargeable to any of you: not because we had not power, but to make ourselves an ensample unto you to follow us." Acts xx, 33-35; 1 Thess ii, 9; 2 Thess iii, 8, 9.

When man had fallen, God cursed the earth, thus making it neces-

sary for man to labor more to maintain his existence. The solemn mandate from God was, "Cursed is the earth for thy sake; in sorrow shalt thou eat of it, all the days of thy life; thorns also and thistles shall it bring forth to thee; and thou shalt eat of the herb of the field. In the sweat of thy face shalt thou eat bread till thou return unto the ground." Gen. iii, 17-19.

This judgment was mixed with mercy. It was a blessing to man that God added to his labor after he sinned. As man labored in the sweat of his face, he would be more apt to remember his shameful fall, and would be less inclined to devise and practice wickedness. On the same principle it is wiser for people now to labor than to remain in idleness. If children generally were taught to delight more in manual labor, their minds would not be so liable to wander from the path of virtue, and they would be more easily kept from pursuing a course that has ruined thousands of promising children and youth, and brought so many parents and guardians to shame.

And would not the same principle work

well with older persons who do not love industrious labor? Think of the base and enormous crimes which are practiced in this generation to avoid labor. Think of the extremes to which many go in speculation. To many of this class the following good advice of Paul would apply well: "Let him that sole, steal no more, but rather let him labor working with his hands the thing which is good, that he may have to give to him that needeth." Eph. iv, 28.

Idleness and effeminacy are forbidden, while labor and industry are encouraged, by the word of God. Paul exhorted his brethren to not be slothful in business, to learn to maintain good works (or profess honest trades, margin,) that they be not unfruitful, and commanded that if any man would not work neither should he eat. Rom. xii, 11; Titus iii, 14; 2 Thess. iii, 10. He also declared that no effeminate shall inherit the kingdom of God. 1 Cor. vi, 9.

Says Solomon, "He becometh poor that dealeth with a slack hand; but the hand of the diligent maketh rich. He that gathereth in summer is a wise son; but he that sleepeth in harvest is a

son that causeth shame." "The soul of the sluggard desireth and hath nothing: but the soul of the diligent shall be made fat." "Slothfulness casteth into a deep sleep and an idle soul shall suffer hunger." "The sluggard will not plow by reason of the cold: therefore shall he beg in harvest, and have nothing." "I went by the field of the slothful, and by the vineyard of the man void of understanding; and lo, it was all grown over with thorns; and nettles had covered the face thereof; and the stone-wall thereof was broken down. Then I saw and considered it well: I looked upon it and received instruction. Yet a little sleep, a little slumber, a little folding of the hands to sleep: so shall thy poverty come as one that travelth; and thy want as an armed man." Prov. x, 45; xiii, 4; xix, 15; xx, 4; xxiv, 30-34.

Solomon's advice to the sluggard is as follows: "Go to the ant, thou sluggard; consider her ways, and be wise; which having no guide, overseer, or ruler, provideth her meat in the summer, and gathereth her food in harvest. How long wilt thou sleep, O sluggard? when wilt thou arise

out of thy sleep?" Prov. xi, 6-9.

Eze. xvi, 49, 50. "Behold this was the iniquity of thy sister Sodom, pride, fullness of bread, and abundance of idleness was in her and in her daughters; neither did she strengthen the hand of the poor and needy. And they were haughty and committed abomination before me; therefore I took them away, as I saw good."

The above scripture supports the oft-repeated saying that a lazy person cannot be a Christian. He that is indolent and slack in temporal matters, is liable to be so in spiritual matters. He is not fully prepared to plow through the hardships connected with the Christian warfare, and cannot be successful in overcoming.

It is a source of encouragement to those who labor with their hands, that they can with industrious labor act an important part in advancing the cause of their Master. But pains should be taken to not overtax the body. While proper physical exercise is strengthening and invigorating to the body and the mind, excessive physical labor exhausts the physical and mental energies

and unfits us to engage in the worship of God.

The idea that we are living near the end does not constitute a sufficient reason to refrain from labor, as some have contended. It is rather a strong motive to induce us to do that which is conducive to our present well being, and helps forward the cause of truth. We should not labor and plan to lay up treasures on earth; but we should labor and plan with reference to the end near, and to push forward the solemn work of the last message. Is health a blessing to be prized, and is it our duty to do what we can to preserve it? Then should we exercise our working faculties. Will the saints in the future state possess literal bodies, and strong physical powers to be used in performing delightful and is it a fact that the future state is soon to be ushered in? Then is it reasonable and consistent to cherish physical labor, and exercise the working faculties here. {1864 DTB, SLH 47.3 – 53.4}

To be continued



Who Accepts the Counsel (part 6)

Jerry O'Donnell

As another reminder (repeating for the third time), John pictures the seventh church period, which started in 1844, as: "And unto the angel of the church of the Laodiceans write; These things saith the Amen, the faithful and true witness, the beginning of the creation of God; I know thy works, that thou art neither cold nor hot: I would thou wert cold or hot. So then because thou art lukewarm, and neither cold nor hot, I will spue thee out of my mouth. Because thou sayest, I am rich, and increased with goods, and have need of nothing; and knowest not that thou art wretched, and miserable, and poor, and blind, and naked: I counsel thee to buy of me gold tried in the fire, that thou mayest be rich; and white raiment, that thou mayest be clothed, and [that] the shame of thy nakedness do not appear; and anoint thine eyes with eyesalve, that thou mayest see. As many as I love, I rebuke and chasten: be zealous therefore, and repent. Behold, I stand at the door, and knock: if any man hear my voice, and

open the door, I will come in to him, and will sup with him, and he with me. To him that overcometh will I grant to sit with me in my throne, even as I also overcame, and am set down with my Father in his throne. He that hath an ear, let him hear what the Spirit saith unto the churches" (Revelation 3:14-22).

In part 1, we focused upon the introduction of Jesus. In part 2, we focused upon verses 15 and 16 dealing with the indifferent attitude that is prevalent among us. In part 3, we addressed the fact that Jesus will (not might) spue out the last church and is not a mere warning that will eventually sink in and awaken the church nor is there another church to follow. In part 4, we realized that our church has become so closed to preaching the truth because of growing numbers, through compromise, and expansion of buildings. In this part 5, we find that the counsel stated is not corporately addressed but rather individually fulfilled. Now, let us

see the true love of God.

Jesus says, "As many as I love, I rebuke and chasten: be zealous therefore, and repent." (Revelation 3:19)

Somehow, "God's love is represented in our day as being of such a character as would forbid His destroying the sinner" {12MR 207.2}, yet the Bible says, "Behold, the day of the LORD cometh, cruel both with wrath and fierce anger, to lay the land desolate: and he shall destroy the sinners thereof out of it" (Isaiah 13:9). We have even developed a theory from the Evangelicals where the God of the Old Testament was angry but not so much in the New Testament. Even if we believe the God of the Old Testament is Jesus, which is correct, somehow Jesus of the New Testament seems softer, more approachable, not so exacting, while they forget the two quick deaths of "Ananias with Sapphira" (Acts 5:1-11).

The true God of love rebukes and chastens. But here again, we

have church members who discredit the human element. They believe that God will personally rebuke and chasten them, yet the Bible states, "Preach the word; be instant in season, out of season; reprove, rebuke, exhort with all longsuffering and doctrine" (2 Timothy 4:2) and "These things speak, and exhort, and rebuke with all authority. Let no man despise thee." (Titus 2:15). "This witness is true. Wherefore rebuke them sharply, that they may be sound in the faith." (Titus 1:13)

And by the way, it is very hard to rebuke in a sharp manner. We have to remember that we are rebuking the error and not the people. Of course, the receiver will take it as a personal attack and not understand, especially when statements come out in rebuke like, "How can you see it that way?" Again, that is not an attack on the person but a call to explain why they are choosing to be blind, especially when the people ought to know the truth being in the faith ten, twenty, even fifty years. And when Spirit of Prophecy is quoted showing the error of their ways and

they still persist; it can become very challenging to remain in a composed demeanor. The motive has to be correct, too. It is not about convincing a person or group that you are right. It is about revealing the error that they are caught up in. And it can get heated some times. Afterwards, if you find yourself crying for their souls and even thinking, "What did I not do correctly?", you did it God's way. If you leave thinking, "There's no hope for them" or even "Well, in the judgment when they are outside of the city, they will see their error", then it was done by Satan. Always, always, our actions are to be in self-control leading people to repentance not worrying about our reputation.

And not only that, but when a pastor or teacher does something publicly, it is to be addressed publicly. "Them that sin rebuke before all, that others also may fear" (1 Timothy 5:20). I have seen people attack the truth of other speakers on the Internet with phrases like, "Did you go to the pastor and use the steps in Matthew to reconcile?" The person publishing the rebuking video did

so because another pastor put one out promoting error. And so, if the rebuking pastor were to have gone to that erroneous pastor and he repented of his error, doing so in silence does not undo the impressions on souls that viewed the error. Matthew 18:15-20 is not regarding teachings and preaching error. Those verses are when an offense occurs between two individuals, a misunderstanding.

But what happens over all is that people do not think that other members can be used of God to rebuke sin in one's life when that is exactly how God operates. In fact, those that were in that sin but have overcome are to help others out of that same sin. That is what Matthew 7 is really all about. "And why beholdest thou the mote that is in thy brother's eye, but considerest not the beam that is in thine own eye? Or how wilt thou say to thy brother, Let me pull out the mote out of thine eye; and, behold, a beam [is] in thine own eye? Thou hypocrite, first cast out the beam out of thine own eye; and then shalt thou see clearly to cast out the mote out of thy

brother's eye" (Matthew 7:3-5). Did you catch it? Jesus did not teach forbiddance in removing the speck from someone else; He stated that the beam in us needs to be removed first before we try to help others. But to help others is what we are to do for the Bible says, "Brethren, if any of you do err from the truth, and one convert him; Let him know, that he which converteth the sinner from the error of his way shall save a soul from death, and shall hide a multitude of sins." (James 5:19-20).

Now, none of us likes correction. Rebuke is one thing, but to receive chastening is another. Again, God has a thousand ways to execute it. "Behold, happy [is] the man whom God correcteth: therefore despise not thou the chastening of the Almighty." (Job 5:17). "Blessed [is] the man whom thou chastenest, O LORD, and teachest him out of thy law." (Psalms 94:12). "My son, despise not the chastening of the LORD; neither be weary of his correction." (Proverbs 3:11).

The only way to avoid the full chastening of God is through repent-

ance. "O LORD, rebuke me not in thine anger, neither chasten me in thy hot displeasure. Have mercy upon me, O LORD; for I [am] weak: O LORD, heal me; for my bones are vexed." (Psalms 6:1-2).

Just remember though, if we do suffer the chastening of God, it is not to our death for "as chastened, and not killed" (2 Corinthians 6:9). And keep in mind, "whom the Lord loveth he chasteneth, and scourgeth every son whom he receiveth." (Hebrews 12:6).

But there is a goal, "Now no chastening for the present seemeth to be joyous, but grievous: nevertheless afterward it yieldeth the peaceable fruit of righteousness unto them which are exercised thereby." (Hebrews 12:11).

So, the love of God is upon those that do receive His rebuke, His chastening, otherwise if He did not love us, He would give "them over to a reprobate mind, to do those things which are not convenient" (Romans 1:28).

So, "Beloved, think it not strange concerning the fiery trial which is to try you, as though some strange thing happened unto you:

But rejoice, inasmuch as ye are partakers of Christ's sufferings; that, when his glory shall be revealed, ye may be glad also with exceeding joy." (1 Peter 4:12-13).

And Ellen White makes the verse very much present truth: "This scripture applies to those who live under the sound of the message, but who will not come to hear it. How do you know but that the Lord is giving fresh evidences of His truth, placing it in a new setting, that the way of the Lord may be prepared? What plans have you been laying that new light may be infused through the ranks of God's people? What evidence have you that God has not sent light to His children? All self-sufficiency, egotism, and pride of opinion must be put away. We must come to the feet of Jesus, and learn of Him who is meek and lowly of heart. Jesus did not teach His disciples as the rabbis taught theirs. Many of the Jews came and listened as Christ revealed the mysteries of salvation, but they came not to learn; they came to criticize, to catch Him in some inconsistency, that they

might have something with which to prejudice the people. They were content with their knowledge, but the children of God must know the voice of the True Shepherd. Is not this a time when it would be highly proper to fast and pray before God? We are in danger of variance, in danger of taking sides on a controverted point; and should we not seek God in earnestness, with humiliation of soul, that we may know what is truth?" {1SM 413.2}.

Now keep in mind, the purpose of the rebuke and chastening is to lead us to not just repent, but to be zealous. We need to take these times very seriously. Our name is soon to come up in the judgment of the living, though we do not know exactly when, we do know that the conclusion of it for the church is Sunday law. When that is enacted, every church member will be sealed. So, now is not the time to be making this allowance and that allowance. Now is the time to be zealous of repenting and not sliding back as things appear to lighten up, restrictions being lifted, in the world. That is a

deception that will ensnare many souls.

Be faithful and give God a true repentance "for godly sorrow worketh repentance to salvation not to be repented of" (2 Corinthians 7:10).

Now, with all of that in mind, I would like to take a moment and rebuke many in as gentle a way as possible. When I say rebuke, it is not in anger or in being upset. I am not even annoyed. It is more like "The restorer of paths to dwell in" (Isaiah 58:12).

With the crisis that is going on, predicted to continue in one form or another, and then picking up again in the autumn, many have become distracted. Our focus needs to be preaching a message that transcends all periods of time. That means we are to have a message and actions that are consistent no matter the crisis around, no matter the restrictions placed or even loosened up.

To be blunt, since the Corona Virus picked up attention, numerous people have forwarded to me various internet links to look at one video after another, one article after another. Several people have

even forwarded to me the same links. I am not saying to stop doing it, but I am first letting everyone know that my lack of reply is because I have received so many that I needed to stay the path, get the work done, for if I watched and read everything forwarded to me, there would not be enough hours in the day.

The second thing is to make sure while we are passing this and that around, which is so easy with texting and emailing today, that we do not lose focus. Ours is not the mission to protest our governments demanding they open up faster. Ours is not to protest the invasion of our liberties. Ours is not to spend the time trying to figure out where this virus started, is it exaggerated or not, is it just a tool by all world governments to seize power, to figure out who the real players are, to know if this is the way 5G is brought to the world, to even figure out the various agendas. That is what is contained in not only videos forwarded but leading self-supporting ministers as well. We are caught up in the details warning people about those details when we

ought to be on the global mission and stay on the path designated to us.

One of the ministers I have listened to whose balanced approach I appreciated is Bill Hughes. It appears we have very common thoughts spiritually, as it should be. When I heard him speak in a message at the end of the month of April declaring what I have also been trying to convey, my heart thrilled. I am not the only one who is worried that we are chasing the story of Bill Gates, 5G, Chinese monetary attack, a liberal attempt to oust Trump, etc. All these things may be involved, but the Bible is quite clear on the details that we need to know.

As Jesus did not try to figure out all of the scheming or try to teach the public regarding to the scheming, He did make adjustments to His ministry as restrictions came along. "Then from that day forth they took counsel together for to put him to death. Jesus therefore walked no more openly among the Jews; but went thence unto a country near to the wilderness, into a city called Ephraim, and there contin-

ued with his disciples." (John 11:53-54). We do not see Jesus alerting anyone of the evil, nor see Him organizing a march, or anything. He made adjustments. He even operated in secret at times, despite the popular belief that He did not. This is according to John 7:10, which says, "But when his brethren were gone up, then went he also up unto the feast, not openly, but as it were in secret." Our mission is not to reveal the schemes, especially since most of what is revealed is a distraction or operating at such a low level that the upper level does not care that people know. Our mission is the same as that of Jesus, preach the gospel, specifically, the everlasting gospel.

Ultimately, the power behind all that is going on is the Vatican, for the Bible states, "And he cried mightily with a strong voice, saying, Babylon the great is fallen, is fallen, and is become the habitation of devils, and the hold of every foul spirit, and a cage of every unclean and hateful bird. For all nations have drunk of the wine of the wrath of her fornication, and the kings of the earth have committed forni-

cation with her, and the merchants of the earth are waxed rich through the abundance of her delicacies." (Revelation 18:2-3). Babylon, of course, is the Vatican, as over 50 Bible points identify such including operating from Europe (Daniel 7:8), specifically from a place known as seven mountains (Rome) (Revelation 17:9); becoming an entity at the fall of the pagan Roman empire and during the rise of Europe (Daniel 7:8); and thinking to change God's Ten Commandments (Daniel 7:25). The Vatican has influenced every nation (Revelation 14:8), hence why all leaders meet with the pope at one point or another, more than any other leader, including the United States, which is in second place. Further, the Vatican has marched more business through Rome as compared to any world leader (Revelation 18:3), again the United States being in a distant second place. Further, the Bible brings in another element by stating, "for thy merchants were the great men of the earth; for by thy sorceries were all nations deceived" (Revelation 18:23),

which again, the word “sorceries” comes from the Greek word “pharmakeia”, which means that there will be pharmaceutical solutions, and, yes, Bill Gates will probably lead the way, as directed by the papacy. So, no need to wonder if the governments are using this as an excuse to take away the world’s liberties, but forget this people a Democratic power grab to forward their agenda. It is much bigger than the political parties. But the answer is yes, it is a power grab by all governments. No need to wonder if forced vaccines are coming. The answer is yes. No need to try to figure out if it was a Chinese laboratory experiment, global elitists experiment, even a United States inside China job. They are just the players because the action was put in motion at the top, which is where it counts. Now, with this newly acquired power, which can be turned on and off at will evidently, what is the end game? You do not have to spend time at all, especially trying to connect the pieces. It is not 5G, a cashless society, etc. It simply is Sunday law. “History will be repeat-

ed. False religion will be exalted. The first day of the week, a common working day, possessing no sanctity whatever, will be set up as was the image at Babylon. All nations and tongues and peoples will be commanded to worship this spurious sabbath. This is Satan's plan to make of no account the day instituted by God, and given to the world as a memorial of creation.” {ST, May 6, 1897 par. 14}.

We thought it was going to be purely a climate change demand, which it still is appearing to be such, however, things were moving too slowly, but not so under Covid-19. Things have greatly accelerated where several nations are already on board with Sunday closures.

But what are we to do? Tell as many people that Covid-19 is a power grab tool? The pandemic is an exaggeration? No! Our message is the same as it always has been. “Fear God, and give glory to him; for the hour of his judgment is come: and worship him that made heaven, and earth, and the sea, and the fountains of waters. And there followed another

angel, saying, Babylon is fallen, is fallen, that great city, because she made all nations drink of the wine of the wrath of her fornication. And the third angel followed them, saying with a loud voice, If any man worship the beast and his image, and receive [his] mark in his forehead, or in his hand, The same shall drink of the wine of the wrath of God, which is poured out without mixture into the cup of his indignation; and he shall be tormented with fire and brimstone in the presence of the holy angels, and in the presence of the Lamb: And the smoke of their torment ascendeth up for ever and ever: and they have no rest day nor night, who worship the beast and his image, and whosoever receiveth the mark of his name. Here is the patience of the saints: here [are] they that keep the commandments of God, and the faith of Jesus.” (Revelation 14:7-12).

So, what are you doing under these circumstances in getting the messages out there?



Keep the Sabbath Holy

This regularly scheduled column is to enlighten us to proper keeping of the Sabbath through the writings of Ellen White and then additional comments by us, the publishers of this publication since we have so many surface readers as well as those that do not know how to apply certain statements.

Ellen White writes regarding the Sabbath, **“The psalmist, speaking by the Holy Spirit, says:**

‘O, come, let us sing unto the Lord:

Let us make a joyful noise to the Rock of our salvation....

For the Lord is a great God,

And a great King above all gods.

In His hand are the deep places of the earth:

The strength of the hills is His also.

The sea is His, and He made it:

And His hands formed the dry land.

O come let us worship and bow down:

Let us kneel before the Lord our Maker.

For He is our God.’

‘It is He that hath made us, and we are His;

We are His people, and the sheep of His pasture.’

Psalms 95:1-7; 100:3, R.V.

These promises given to Israel are also for God's people today. They are the messages which the Sabbath brings to us.” {6T 351.2 - .3}

At first glance, it looks like Ellen White is just quoting scripture but then she connects it with the Sabbath. It can be connected in a number of ways. One way is through song, as psalms are typically songs and it starts with “sing unto the Lord”, which is how we ought to open up the Sabbath and even close it. There should be some recognition of entering and exiting the Sabbath. The simple ceasing from work a little before the Sabbath and at some point, realizing the sun has been set, is not the proper way of recognizing it. Likewise, watching the clock because the bulletin told us when the Sabbath ends and then simply returning to our six

days of labor or ordinary life, is not the way to let the Sabbath out either. Gather the family around. Sing songs. Offer prayer. In our household, we take turns acknowledging things we are thankful for all week long, sharing the blessings of God.

Another connection from the words in the verses is to acknowledge God as the Creator. Remember, the Sabbath is a weekly memorial of His Creation, which continues to this day in which all of us have been created. We ought to acknowledge Him and His creation, and we can make a physical connection, as weather permits, by exploring His nature undistracted.

Another connection is acknowledging the power of God, even our King. Despite all that goes on in the world, the Sabbath ought to be a time we set aside our investigation into the news articles, the politics, listening to media outlets, and even watching them. Our King is in control and nothing is going to change that dramatically over the Sabbath

hours, so turn it all off and commune with our King in an undistracted manner, even inside our thoughts. He is not only above the man-made gods but above the media, the president, congress, world leaders, and even the papacy.

One more thing regarding the connection of the Sabbath is all of our concerns. No matter how stressful things are, they should be laid aside, especially those that have no solution and then enjoy His day of refreshing. To stress over paying bills on the Sabbath will not change matters because it is not as if one had the money, they would be paying the bills on the Sabbath anyways. So, kneel before our Maker; bow down and worship Him leaving all of our cares and concerns at the foot of the cross.

Remember, we are His! We are not the property of the world. God claims us while the world pretends to.



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<https://www.youtube.com/channel/UCe2JLpwSWqv8kg-Hv0MGSxw>

How Do You Resolve It?

It is one thing to know some verses that help a person stay in the faith, but it is another thing to know the Word in such a way that when a verse seems contradictory to know how to resolve it. True Seventh-day Adventists do not ignore verses. It is our hope that this section will help answer some of those challenges that we may come across personally or be used by others against our beliefs.

Do we keep the law literally or just spiritually?

This is based upon Romans 7:6, which says, "But now we are delivered from the law, that being dead wherein we were held; that we should serve in newness of spirit, and not [in] the oldness of the letter." The arguments made on this verse results in creating a contrast between the "letter" or "literal" statements of God's commandments against the "newness of spirit". In other words, when the Sabbath question comes us, "They use the verse to state that they are

keeping the spirit of the Sabbath and not the letter of it." And they then proceed to continue their Sunday ways. That is not the intent at all. Of course, ultimately, they are just trying to avoid keeping the Sabbath day as opposed to addressing each of the commandments, but the argument falls quite short when the excuse for not literally keeping the seventh day Sabbath is applied to the other commands. For instance, try breaking any literal wording of the commandment without involving the spirit.

Can a person have the physical activity reserved for marriage with another person while not lusting in the mind towards another? Of course not. That is probably why the physical relationship happens. Even young love is an act of lust in the heart for if it were not so, they would be able to keep themselves until marriage.

Can a person really tell a lie without mentally, spiritually, creating it in the first place? A good lie is only good if it is well planned. So again, it is impossible.

Can someone take something that belongs to another person, not referring to an accidental situation like a pen or article of clothing, without spiritually regarding it? Of course not. The reason for taking the object in the first place is because of the thinking of taking it or finding a need of it personally.

Can a person physically bow down to images, mouthing words of a prayer to that image, without spiritual involvement? Absolutely not. No one would be compelled to do such an activity if the mind did not find a purpose for it.

Can a person physically kill someone without involving the spiritual? Now, we are not talking about self-defense or accidental death. A person usually kills another because the anger has reached the point, or jealousy has reached the point, or some other mental excuse used that results in murder. Even mentally challenged people who want to shoot into a crowd for an apparent no reason have some type of thought, maybe not directly against a

person, but a goal of attention, stress release, being fed up, etc.

Of course, coveting is purely in the mind, so that one makes the list of unable to just break physically without the involvement of the spirit.

As we see, over half of the commandments are set as an example that declares, it is impossible to break a single commandment physically without involving the spirit. So, those that use this argument against keeping the true Sabbath and rather stick with

Sunday declaring they are keeping the spirit of the Sabbath are defeated by challenging them to name one commandment that can be broken physically without the mental or spiritual involvement.



Healthy Living

Ellen White

Periodically, we need reminded that our bodies are not our own. And sometimes we need to get back to the basics. We need to hear from the words of inspiration, the Spirit of Prophecy.

Joining a Gym or Getting Gym Equipment Is Inadequate Exercise

Exercise in a gymnasium, however well conducted, cannot supply the place of recreation in the open air, and for this our schools should afford better opportunity. {Ed 210.2}

Exercise in the open air for those whose employment has been withindoors and sedentary will be beneficial to health. All who can, should feel it a duty to pursue this course. Nothing will be lost, but much gained. They

can return to their occupations with new life and new courage to engage in their labor with zeal, and they are better prepared to resist disease. {1T 515.1}

Open-air exercise should be prescribed as a beneficial, life-giving necessity. {17MR 352.3}

Mothers, let the little ones play in the open air; let them listen to the songs of the birds, and learn the love of God as expressed in His beautiful works. Teach them simple lessons from the book of nature and the things

about them; and as their minds expand, lessons from books may be added and firmly fixed in their memory. But let them also learn, even in their earliest years, to be useful. Train them to think that, as members of the household, they are to act a disinterested, helpful part in sharing the domestic burdens and to seek healthful exercise in the performance of necessary home duties. {CT 145.3}

Those who do not use their limbs every day will realize a weakness when they do attempt

to exercise. The veins and muscles are not in a condition to perform their work and keep all the living machinery in healthful action, each organ in the system doing its part. The limbs will strengthen with use. Moderate exercise every day will impart strength to the muscles, which without exercise become flabby and enfeebled. By active exercise in the open air every day, the liver, kidneys, and lungs also will be strengthened to perform their work. Bring to your aid the power of the will, which will resist cold and will give energy to the nervous system. In a short time you will so realize the benefit of exercise and pure air that you would not live without these blessings. Your lungs, deprived of air, will be like a hungry person deprived of food. Indeed, we can live longer without food than without air, which is the food that God has provided for the lungs. Therefore do not regard it as an enemy, but as a precious blessing from God. {2T 533.1}

Youth who are kept in school and confined to close study, can not have sound health. The lesson must be often repeated, and pressed

home to the conscience, that education will be of little value if there is no physical strength to use it after it is gained. Students should not be permitted to take so many studies that they will have no time for physical training. The health can not be preserved unless some portion of each day is given to muscular exertion in the open air. Stated hours should be devoted to manual labor of some kind,--anything which will call into action all parts of the body. Equalize the taxation of the mental and physical powers, and the mind of the student will be refreshed. If he is diseased, physical exercise will often help the system to recover its normal condition. When students leave college, they should have better health and a better understanding of the laws of life than when they entered it. The health should be as sacredly guarded as the character. {Advocate, March 1, 1900 par. 3}

Our limbs and feet are suitably protected from cold and damp, to secure the circulation of the blood to them, with all its blessings. We can take exercise in the open air, in the dews of morning or evening, or

after the falling storm of snow or rain, without fears of taking cold. Morning exercise, in walking in the free, invigorating air of heaven, or cultivating flowers, small fruits, and vegetables, is necessary to a healthful circulation of the blood. It is the surest safeguard against colds, coughs, congestions of the brain and lungs, inflammation of the liver, the kidneys, and the lungs, and a hundred other diseases. {HR, September 1, 1868 par. 6}

In order for children and youth to have health, cheerfulness, vivacity, and well-developed muscles and brains, they should be much in the open air and have well-regulated employment and amusement. Children and youth who are kept at school and confined to books, cannot have sound physical constitutions. The exercise of the brain in study, without corresponding physical exercise, has a tendency to attract the blood to the brain, and the circulation of the blood through the system becomes unbalanced. The brain has too much blood and the extremities too little. There should be rules regulating their studies to

certain hours, and then a portion of their time should be spent in physical labor. And if their habits of eating, dressing, and sleeping are in accordance with physical law, they can obtain an education without sacrificing physical and mental health. {3T 137.3}

More people die for want of exercise than from overwork; very many more rust out than wear out. In idleness the blood does not circulate freely, and the changes in the vital fluid, so necessary to health and life, do not take place. The little mouths in the skin, through which the body breathes, become clogged, thus making it impossible to eliminate impurities through that channel. This throws a double burden upon the other excretory organs, and disease is soon produced. Those who accustom themselves to exercising in

the open air, generally have a vigorous circulation. Men and women, young or old, who desire health and who would enjoy life, should remember that they cannot have these without a good circulation. Whatever their business or inclinations, they should feel it a religious duty to make wise efforts to overcome the conditions of disease which have kept them in-doors. {CTBH 101.2}

Plenty of exercise in the open air, and an abstemious diet, are essential to your health. {4T 501.4}

When the weather will permit, all who can possibly do so ought to walk in the open air every day, summer and winter. But the clothing should be suitable for the exercise, and the feet should be well protected. A walk, even in winter, would be more beneficial to the health

than all the medicine the doctors may prescribe. For those who can walk, walking is preferable to riding. The muscles and veins are enabled better to perform their work. There will be increased vitality, which is so necessary to health. The lungs will have needful action, for it is impossible to go out in the bracing air of a winter's morning without inflating the lungs. {2T 529.1}

At this time, of all others, the lungs should not be deprived of pure, fresh air. If pure air is ever necessary, it is when any part of the system, as the lungs or stomach, is diseased. Judicious exercise would induce the blood to the surface, and thus relieve the internal organs. Brisk, yet not violent exercise in the open air, with cheerfulness of spirits, will promote the circulation, giving a healthful glow

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to the skin, and sending the blood, vitalized by the pure air, to the extremities. The diseased stomach will find relief by exercise. Physicians frequently advise invalids to visit foreign countries, to go to the springs, or to ride upon the ocean, in order to regain health; when, in nine cases out of ten, if they would eat temperately and engage in healthful exercise with a cheerful spirit, they would regain health and save time and money. Exercise, and a free and abundant use of the air and sunlight, – blessings which Heaven has freely bestowed upon all, – would give life and strength to the emaciated invalid. {2T 530.2}

Women who are in failing health can do much for themselves by sensible dressing and exercise. When suitably dressed for outdoor enjoyment, let them exercise in the open air, carefully at first, but increasing the amount of exercise as they can endure it. By taking this course many of them might regain health, and live to take their share in the world's work. {PHJ, May 1, 1905 par. 14}

Some are so afraid of air that they will muffle

up their heads and bodies until they look like mummies. They sit in the house, generally inactive, fearing they shall weary themselves and get sick if they exercise either indoors or out in the open air. They could take habitual exercise in the open air every pleasant day, if they only thought so. Continued inactivity is one of the greatest causes of debility of body and feebleness of mind. Many are sick who ought to be in very good health and thus in possession of one of the richest blessings they could enjoy. {2T 523.2}

The whole system needs the invigorating influence of exercise in the open air. A few hours of manual labor each day would tend to renew the bodily vigor, and rest and relax the mind. In this way the general health would be promoted, and a greater amount of pastoral labor could be performed. {GW92 75.2}

As a relaxation from study, occupations pursued in the open air, and affording exercise for the whole body, are the most beneficial. No line of manual training is of more value than agriculture. A greater

effort should be made to create and to encourage an interest in agricultural pursuits. {Ed 219.1}

In vigorous physical exercise, the animal passions find a healthy outlet and are kept in proper bounds. {8MR 26.2}

I should eat sparingly, thus relieving my system of unnecessary burden, and should encourage cheerfulness, and give myself the benefits of proper exercise in the open air. {MM 106.6}

As they take exercise in the open air, restoration will begin in body, mind, and soul. Life in the open air, away from the congested cities, is health-restoring. The pure air has in it health and life. As it is breathed in, it has an invigorating effect on the whole system. . . . {MM 232.5}

After eating they will take proper exercise in the open air. Such need never trouble themselves to measure out precise quantities. {2MCP 392.4}



Healthy And Delicious Recipes

Russian Penicillin

IMAGE REMOVED

Ingredients:

- 2 Grapefruit
- 6 Lemons
- 2 Onions
- 7 Cloves of garlic
- ½ Teaspoon of Cayenne Pepper

Prepare:

- Peel onions and garlic.
- Cut into pieces.
- Wash grapefruit and lemons (DO NOT PEEL).
- Cut them into quarters.
- Squeeze juice into large stainless steel

pot, and drop all (including peels and seeds) in the pot with two (2) quarts of distilled water.

- Bring to boil.
- Reduce heat immediately to simmer for 10 minutes.
- Add 1/2 teaspoon of Cayenne pepper during the last 3 minutes of simmer.
- Strain and drink 2 to 4 ounces, 3 to 4 times a day or as needed.

Subscription Renewal

Subscriptions are based on the honor system because we are trying to conserve on the cost by putting God's money to the most efficient means possible as well as precious time.

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If you do send it in "too early", it will be applied properly.

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Authorized KJV vs Catholic Bible

If you are using anything but the KJV, you are using a Catholic influenced Bible, which strategically twists and leaves out key words and verses so as to make even the ecumenical movement between religions outside of Christianity possible. And Ellen White does identify not to use them for reliability:

“Wycliffe’s Bible had been translated from the Latin text, which contained many errors.” {GC 245.1}. Latin is Catholic or which most modern versions rely upon.

The verse of concern this time is 1 John 4:3 in which the words “from God” is not the same as Jesus being “in the flesh”. Although “in the flesh” may be understood as bodily form, in reality, it refers to the fallen nature “For verily he took not on [him the nature of] angels; but he took on [him] the seed of Abraham” (Hebrews 2:16). “For we have not an high priest which cannot be touched with the feeling of our infirmities; but was in all points tempted like as [we are, yet] without sin” (Hebrews 4:15).

And this is serious. With the strong belief of Christians thinking Jesus took on the nature before Adam fell, this verse, when misunderstood, perpetuates that confusion. But when one understands “the flesh” meaning the sinful nature, yet choosing to not give in to it ever (Romans 8:1) means that we are able to overcome every sin in our life (Revelation 3:21). In other words, the versions of the Bible that misrepresent the meaning of it are also teaching that we shall sin until Jesus comes, which means, 'let's not be so serious about the Ten Commandments, especially the Sabbath', not realizing that they have the spirit of Antichrist by using such misrepresentations. So, yes, each of the versions in error is actually from Antichrist, and not just containing a little error.

King James Bible: And every spirit that confesseth not that Jesus Christ is come in the flesh is not of God: and this is that [spirit] of antichrist, whereof ye have heard that it should come; and even

now already is it in the world.

In Error:

American Standard Version: and every spirit that confesseth not Jesus is not of God: and this is the spirit of the antichrist, whereof ye have heard that it cometh; and now it is in the world already.

Berean Literal Bible: and every spirit that does not confess Jesus is not of God, and this is that of the antichrist, which you heard that is coming, and now is already in the world.

Berean Study Bible: and every spirit that does not confess Jesus is not from God. This is the spirit of the antichrist, which you have heard is coming and which is already in the world at this time.

Christian Standard Bible: but every spirit that does not confess Jesus is not from God. This is the spirit of the antichrist, which you have heard is coming; even now it is already in the world.

Contemporary English Version: But when someone doesn't say this about Jesus, you know this person has a

spirit that doesn't come from God and is the enemy of Christ. You knew this enemy was coming into the world and now is already here.

Douay-Rheims Bible:

And every spirit that dissolveth Jesus, is not of God: and this is Antichrist, of whom you have heard that he cometh, and he is now already in the world.

English Revised Version:

and every spirit which confesseth not Jesus is not of God: and this is the spirit of the antichrist, whereof ye have heard that it cometh; and now it is in the world already.

English Standard Version:

and every spirit that does not confess Jesus is not from God. This is the spirit of the antichrist, which you heard was coming and now is in the world already.

GOD'S WORD® Translation:

But every person who doesn't declare that Jesus Christ has come as a human has a spirit that isn't from God. This is the spirit of the antichrist that you have heard is coming. That spirit is already in the world.

Good News Translation:

But anyone who denies this about Jesus

does not have the Spirit from God. The spirit that he has is from the Enemy of Christ; you heard that it would come, and now it is here in the world already.

Holman Christian Standard Bible:

But every spirit who does not confess Jesus is not from God. This is the spirit of the antichrist; you have heard that he is coming, and he is already in the world now.

International Standard Version:

But every spirit who does not acknowledge Jesus is not from God. This is the spirit of the antichrist. You have heard that he is coming, and now he is already in the world.

NET Bible:

but every spirit that does not confess Jesus is not from God, and this is the spirit of the antichrist, which you have heard is coming, and now is already in the world.

New American Standard 1977:

and every spirit that does not confess Jesus is not from God; and this is the spirit of the antichrist, of which you have heard that it is coming, and now it is already in the world.

New American Standard Bible:

and every spirit that does not confess Jesus is not from God; this is the spirit of the antichrist, of which you have heard that it is coming, and now it is already in the world.

New Heart English Bible:

and every spirit who does not confess Jesus is not of God; and this is that of the antichrist, of whom you have heard that it comes. Now it is in the world already.

New International Version:

but every spirit that does not acknowledge Jesus is not from God. This is the spirit of the antichrist, which you have heard is coming and even now is already in the world.

New Living Translation:

But if someone claims to be a prophet and does not acknowledge the truth about Jesus, that person is not from God. Such a person has the spirit of the Antichrist, which you heard is coming into the world and indeed is already here.

Webster's Bible Translation:

And every spirit that confesseth not that Jesus Christ is come in the flesh, is not from God. And this is

that spirit of antichrist, of which ye have heard that it should come; and even now already it is in the world.

Weymouth New Testament: and that no spirit is from God which does not acknowledge this about Jesus. Such is the spirit of the anti-Christ; of whose coming you have heard, and it is already in the world.

Correct This Time

Aramaic Bible in Plain English: And no spirit that does not confess that Yeshua has come in the flesh is from God, but this is from that False Messiah, him

whom you have heard that he will come, and already he is in the world.

Darby Bible Translation: and every spirit which does not confess Jesus Christ come in flesh is not of God: and this is that [power] of the antichrist, [of] which ye have heard that it comes, and now it is already in the world.

New King James Version: and every spirit that does not confess that Jesus Christ has come in the flesh is not of God. And this is the spirit of the Antichrist, which you have heard

was coming, and is now already in the world.

World English Bible: and every spirit who doesn't confess that Jesus Christ has come in the flesh is not of God, and this is the spirit of the Antichrist, of whom you have heard that it comes. Now it is in the world already.

Young's Literal Translation: and every spirit that doth not confess Jesus Christ in the flesh having come, of God it is not; and this is that of the antichrist, which ye heard that it doth come, and now in the world it is already.



Go Ye Therefore, And Teach

NEW INTRODUCTION: We have been presenting this series that ends, God willing, at the end of this year or very shortly thereafter as we have a specific number of lessons. Quite a few deem this section as not important, but Ellen White states, "If God has ever spoken by me, the time will come when you will be brought before councils, and every position

of truth which you hold will be severely criticized. The time that so many are now allowing to go to waste should be devoted to the charge that God has given us of preparing for the approaching crisis" {5T 716.4}. Are you personally ready to defend the faith before counsels? It is coming very soon. Sure, "when they deliver you up, take no thought how or what ye shall speak: for

it shall be given you in that same hour what ye shall speak" (Matthew 10:19), but the Holy Spirit will not pull out of us what is not in us during this time we have to study.

With that said, make sure you have a Bible that permits placing notes in it. A wide margin Bible with note pages in the back is perfect for this. On one of the note pages, jot down the information we are

going to share, then throughout the Bible, chain link each of the verses together. For instance, on the first verse I share with someone, I circle the verse number, and write in the margin the next verse to go to, plus I write some key words to share.

TOPIC: The Millennium

Ask, did you know that there is a period of time yet future that we call the “Millennium” while the Bible has a different name for it? Then read Revelation 20:2-7 and bring out that it is the one-thousand-year period.

Ask, the millennium starts with the first resurrection, just how many resurrections are there? Then read John 5:29 which states that there are two.

Ask, regarding the resurrection for eternal life, what event ushers that in? Then read 1 Thessalonians 4:15-18 and find out that it is the second coming.

Ask, if both the living righteous and the resurrected righteous are caught up

to be with Jesus, what happens to the unrighteous who are still living? Then read 2 Thessalonians 2:8 and Revelation 6:16-17 and find out that they are destroyed.

Ask, with the unrighteous being destroyed joining the unrighteous dead, what happens to the earth? Then read Jeremiah 4:23-28 and Isaiah 24:19-22 to find out that it basically earth returns to the state it was at creation. Take note that God does not make an absolute end of things and that many days shall pass until it is utterly destroyed because there is a pause for a period known as the millennium.

Ask, why does this earth suffer so? Then read Isaiah 24:1, 3-5 bringing out that the people transgressed God’s covenant.

Ask, what is that covenant? Then read Hebrews 10:16 to find out that it is God’s law.

Ask, what happens to Satan during the millennium? Then read Isaiah 14:12-15, 18-20 realizing

that Satan does not join the lost in the grave but is trapped alive or 'jailed' during the millennium on this earth, the pit.

Ask, what do the saints do during the millennium? Then read 1 Corinthians 6:2-3, 2 Peter 2:4, and Malachi 3:17-18 to bring out that we shall be judging, which is the review of the books of record. We are to see why people are lost and why others are saved so we have no doubts throughout eternity. We also will know exactly how the rebellion started.

Ask, what happens after the millennium? Then read Revelation 20:14 and 21:8 to see that hell fire burns the lost after they have been resurrected to damnation.

Ask, what happens after hell? Then read Revelation 21:1-5, Isaiah 65:17-19, Isaiah 65:21-25, Isaiah 66:22-23 and see that it is going to be Heaven on earth!



Questions And Answers

Question: Can you explain LS88 321.3, Life Sketches of James and Ellen White page 321, paragraph 3?

Answer: “But we were yet to pass through another severe trial. At the Conference a very solemn vision was given me. I saw that some of those present would be food for worms, some subjects for the seven last plagues, and some would be translated to heaven at the second coming of Christ, without seeing death.”

We have about four options. First, Ellen White is a false prophet. I am not about to agree with that one, but that is exactly what many non-Adventist use against us to attack sister White with. They say, “See, there is a failed prophecy and the Bible says, ‘When a prophet speaketh in the name of the LORD, if the thing follow not, nor come to pass, that [is] the thing which the LORD hath not spoken, [but] the prophet hath spoken it presumptuously: thou shalt not be afraid of him’ (Deuteronomy 18:22).”

Second, Ellen White was so much a prophet that we can allow to let this one slide. Non-sense! When she declared that she was in vision and she actually saw these things taking place, we are no longer faulting Ellen White, but God.

Third, as many die-hard Seventh-day Adventists try to do, they state that there is going to be a “special resurrection” in which all those present in the conference will come up before the other Seventh-day Adventists and fulfill the prophecy. They are trying to state that the prophecy is yet future, however, when Ellen White stated that only some would become food for worms, I dare anyone to go to these people’s graves, dig up their bodies, and see if they are still preserved. You will not find one that is preserved. They have all been food for worms.

Fourth, and this the only one that I personally see making sense but I have been very much attacked on with the words, “You have made the spirit of prophecy of none effect!”, especially

when I link Turkey into the picture.

How is that? It is called the Jonah experience. Who in their right mind will call Jonah a false prophet? He said that he had a message from God and that message was, “Yet forty days, and Nineveh shall be overthrown” (Jonah 3:4). On the fortieth day, was Nineveh destroyed? No! Do not tell me that it happened later. Jonah preached that it would happen on the fortieth day. But what changed? “And God saw their works, that they turned from their evil way; and God repented of the evil, that he had said that he would do unto them; and he did [it] not” (Jonah 3:10).

So likewise, we must ask, what changed since 1888? “We may have to remain here in this world because of insubordination many more years, as did the children of Israel, but for Christ's sake, His people should not add sin to sin by charging God with the consequence of their own wrong course of action. Now, have men who claim to believe the

Word of God learned their lesson that obedience is better than sacrifice? 'He hath showed thee (this rebellious people), O man, what is good; and what doth the Lord require of thee, but to do justly, and to love mercy, and to walk humbly with thy God?' (Micah 6:8)" {10MR 277.3}. Clearly the expectation was that Jesus was going to show up by the end of the 1800s or the beginning of the 1900s.

Therefore, certain prophecies, including this one regarding the audience she was addressing, changed. Just as Moses is not a false prophet, Israel's rebel-

lion with the twelve spies caused things to change. In all three situations, Moses, Jonah, and Ellen White, plus many more examples that can be cited, God did know the future and could have prevented the prophet from speaking incorrectly if He chose, but He did not. One purpose is that it reveals hearts. If Jonah knew ahead of time that Nineveh would have repented, his message would not have been with such feeling. It would have been a wimpy message. The city may not have repented then. Likewise, if Moses knew ahead

of time about Joshua and Caleb being the only two to enter the promised land that started out at the time of Egypt, his leadership would have been greatly altered. He would have easily slipped up in conversations with individuals and rumors would have wrecked the movement.

And so it is with Ellen White. Prophecy is conditional. If we would have accepted the 1888 message, by the end of the 1800s or so, Jesus would have come, but the church did not accept it. In fact, they rebelled. And the word "they" is

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meaning “in the majority”.

Since then, the “Eastern Question” supposedly answered in Uriah’s book, *Daniel and the Revelation*, has expired. In 1877, Ellen White stated, “Sunday morning boats and trains poured their living freight upon the ground in thousands. Elder Smith spoke in the morning upon the Eastern question. The subject was of special interest, and the people listened with the most earnest attention.” {LS 225.3}. But the question went away in 1923.

That is how I see it so as not to label Ellen White as a false prophet nor looking like a fool in defending her by an allowance of error or twisting her statement into the future somehow.

Question: I have been placed into the position of a Sabbath school teacher, do you have any recommendations?

Answer: The straight answer is to read the book *Counsels on Sabbath School Work*, a compilation in 1938, therefore, it is one made with little as possible of an agenda in compilations. And yes,

you heard correctly. There is an agenda even in the compilations of Ellen White’s writings by placing certain titles that are uninspired over writings that speak to the contrary or even paring a number of Ellen White quotes out of the original context to make it appear as if Ellen White spoke one thing when in fact she penned the opposite view.

Now, with that said, here is a serious warning. Refuse your position if you have to teach from the quarterly offered by the General Conference.

When Ellen White penned, “Books of a new order would be written” {1SM 204.2}, that is not just numerous authors writing books available in our book center for sale that go contrary to the faith. Sure, they exist, but that is where the devil gets the “watchful” members. They pat themselves on the back for avoiding such books. But if people would think more from the devil’s perspective instead of a prideful perspective, one who thinks they can catch the errors, they would realize that the best way to influence the church is also to alter the church

manual, *Fundamental Beliefs*, and the Sabbath School quarterly. As stated before, the obvious errors in every quarterly is quoting from non-Seventh-day Adventists in the material. It is one thing to quote a fact to establish a date, time, or place, and another thing to allow a Lutheran, a Catholic, a psychologist, a sociologist, etc. to influence spiritually. Too many teachers pride themselves thinking they can spot the error from these resources when in fact, Satan is just happy the quarterly is being used.

I personally still kick myself over a task that was placed before me a number of years ago. While attempting to work with a conference church simply as a member and not from any position, I was handed a quarterly regarding the Holy Spirit. My task was to identify the errors in the quarterly. At that time, I had already long ago given up using the quarterly because of the blatant agenda of using any version of the Bible, preaching salvation in sin (many times not obvious at all), the ecumenism spirit throughout every lesson, etc.. I was to then give my analysis

back to the head elder. It was not like I was invited to teach the class. At that time, I was actually developing a class, unapproved by any channel, that started out with myself, my wife, and my children because I would not allow them to be part of that study. It then grew to other members being included, creating the controversy. To shut me up, I was given this task of reviewing this particular quarterly. While trying to raise children, work a secular job, and work the personal ministry, I did not give the task the proper time, especially since I also struggled with the idea, "Why do I want to avoid the poison by reading the poison?" So, in a skimming of the lessons, I handed the quarterly back and said, "There are no OBVIOUS errors." And there were none. But the subtle errors of which could only be revealed in a careful study of it were plentiful. The church chose to continue the quarterly study and well over a year or so later, I was told by another member that it continued to be that way despite the errors in subsequent quarterlies. These people do not realize that by not

thinking for themselves, they are preparing to be on the wrong side when the larger portion of the church turns upon the faithful.

Hindsight is 20/20 vision, which means that one can see a whole lot clearer in looking back at the situation as compared to going through it, and with that, I now, though it is too late, see the agenda. It was a no-win situation. Basically, the head elder was setting me up for failure as I saw in a number of situations since my eyes were opened. It is the same attitude that Jesus had with Judas, meaning, Jesus did not reveal Judas for who he was but gave everything possible to try and save him. Therefore, being so trusting and willing to lead others to right paths at the sacrifice of all, I should not be so upset with myself, but I still am.

Again, hindsight is 20/20, but while going through it, the vision is not so clear. Even praying about taking on the task did not help open my eyes at the time. If I were to have said there was nothing wrong with the quarterly, then it was a green light for all future quarterlies. If I had pointed out the error, then the

quarterly will still have been used along with my suggested corrections. But that was not to be the goal from God's perspective. The quarterlies contain the General Conference agenda where they put into it some errors that are so obvious to make it a game for the watchful-eyed teachers. This only encourages their pride of thinking they can catch all of the errors. They stand in the teacher's desk identifying these errors while missing the path they are leading souls on. The subtle agenda still progresses.

When shall members realize that the leadership is corrupt spiritually? They are working with Rome. No more is it hidden. Every excuse over these past 20, 30, or more years have been laid open by liberal conference ministers that are done trying to keep it silent. The churches contain far more members that have no animosity towards the erroneous doctrines of Rome. It is so blatant of a goal with their acceptance of marching orders through repeating the words of the pope as well as the United Nations. Gone are the days of everyone studying the same lessons if

you want to stay spiritually safe.

With that said, if the quarterly does have to be used and you have not turned down the position, then pick the topics of the current lesson and come up with your own questions and answers coming only from the KJV and Spirit of Prophecy. Do not incorporate any, even of the leading questions, into the study. I say “leading” because there is an agenda even in the questions. For instance, if a husband were asked by a stranger, “Have you stopped beating your wife?”, sure it is a valid question but the question is leading. Who says that the husband has ever beaten his wife? Spiritually speaking, a possible leading question would be, “What in the book of Jonah shows that Jonah doubted in God’s power to convert the souls of Nineveh?” Who says Jonah doubted in the power of God for conversion? That was not the issue. In fact, quite the opposite. Jonah even said, “See God! I knew this would happen. And now I look like a false prophet!”

I had also mentioned using just the KJV for the Bible version as that, too, is an agenda from the conference by incorporating just the right wording for even obscure versions to get their point across. Certain Bible verses are incomplete and give a distorted picture. The quarterlies do not compare a whole lot of scripture because the truth would come out then. I am not going to go into proving the reasoning as we have a section in this publication that deals with such issues.

Now, this shall upset the quarterlies die-hards. People come to Sabbath school to hear if their answers to the questions are correct, and this, in itself, is the wrong purpose of Sabbath school. Sabbath school is not about making sure your answer is correct, or worse, “I’m not going to study it because we will get the answers at church anyways.”

These lessons are to be spiritual. So what if a teacher does not get past the first question because it led into a very deep spiritual discussion. I have sat through so many classes completely frustrated that a legitimate deep discussion is oc-

curing, as opposed to just getting side-tracked, and the teacher cuts it off by saying, “We’re running out of time. If we’re going to get through this week’s lesson, we need to pick up the pace.” They failed as a teacher. This is when real teaching begins. Sabbath school is an evangelistic tool even for members.

“In some schools, I am sorry to say, the custom prevails of reading the lesson from the lesson sheet. This should not be. It need not be, if the time that is often needlessly and even sinfully employed, were given to the study of the Scriptures. There is no reason why Sabbath school lessons should be less perfectly learned by teachers or pupils than are the lessons of the day school. They should be better learned, as they treat of subjects infinitely more important. A neglect here is displeasing to God. – TSS 10.” {CSW 117.2}.



Watchman, Let Him Declare What He Seeth

Due to lockdown, there are very few church atrocities, very little ecumenical activity, and overall a lot of quietness in the church.

April 10

Notizie Avventiste

Press review. The usual Adventist "biblical marathon" canceled

The conclusion of this marathon of the Word then started another initiative, of wide ecumenical breadth, which was the "Relay of the Bible", an itinerant and inter-confessional journey in which the sacred book of Christians, the Bible, was shared in a real relay race, among 13 Christian communities in the area (Adventists, Catholics and Orthodox) for seven weeks in a row

Bible: "Take heed to thyself that thou be not snared by following them, after that they be destroyed from before thee; and that thou enquire not after their gods, saying, How did these nations serve their gods? even so will I do likewise." (Deuteronomy 12:30)

Comment: We do not serve the same God. They may call their god "father" and even "Jesus". By linking up with them in any manner of joint efforts, we are influenced by them. Inviting them to be observers to our events is

acceptable, but when we work together in any religious outreach, we have gone over to them and are worshipping in their pagan ways.

April 10

Adventist Review

Religious Liberty in a Time of Crisis

Summary: After reading the Questions and Answers from the Adventist Religious Liberty leaders, it is basically going along with the overreach of government.

EGW: "In the last great conflict of the controversy with Satan those who are loyal to God will see every earthly support cut off." {DA 121.3}.

Comment: Do not count upon them to defend the faith. I even had a personal experience where I lost my job over the Sabbath as well as being discriminated against in trying to get another job. I reported both to the Religious Liberties department and was told in both situations that there was nothing they could do for me, yet they had bragged prior

of how they were able to help others in similar circumstances. It is all for show.

April 22

Von Radio 860

Seventh Day Adventist Church Donates \$20,000 EC Dollars to Aid in the Fight Against Covid-19

The Seventh Day Adventist Church has made a financial contribution to the Government, to aid in the fight against the Coronavirus (CoVID-19).

Comment: What are we doing using God's money to support the government especially during the hype of this virus?

Bible: 1 Corinthians 4:2 - "Moreover it is required of stewards, that a man be found faithful."

May 1

NAD Ministerial

Ramadan Karim

Bible: "...make no mention of the name of other gods, neither let it be heard out of thy mouth." (Exodus 23:13).

Comment: Obviously with the Bible saying the names of other gods, like Jupiter (Acts 14:12-13) and such, to “mention the name of other gods” is not inclusive of a reference but more of giving the “character” as the word “name” usually is connected with. In other words, we ought not be telling the details about these other gods, especially in a manner of how we can learn from their practices. This is outright modern-day Israel going after other gods. This article on the North American Division’s page should not be.

May 12

Open PR

The Adventist Church in Germany Supports the Government Use of Smartphone Tracing Apps and Encourages Everyone to Use Them

Comment: Smartphone tracing apps are sold to the public as a means to protect people. If a person’s phone collects data on those they come in contact within six feet and that person develops corona virus, the phone will recommend being checked yourself for the virus despite the probability of not being infected. What they do not tell is that mandatory quaran-

tine for the potential person and the whole household could prohibit all kinds of things including the inability to have deliveries to the home, able to go to the store, even have infected people or non-infected people removed. And who knows what other possible uses they will think of since the government can do whatever they want with the data collected. But for the church to support this is basically the church readying to hand people over to the government.

Bible: Matthew 10:17 - “But beware of men: for they will deliver you up to the councils, and they will scourge you in their synagogues;...”

EGW: “I saw the nominal church and nominal Adventists, like Judas, would betray us to the Catholics to obtain their influence to come against the truth. The saints then will be an obscure people, little known to the Catholics; but the churches and nominal Adventists who know of our faith and customs (for they hated us on account of the Sabbath, for they could not refute it) will betray the saints and report them to the Catholics as those who disregard the institutions of the people; that is, that

they keep the Sabbath and disregard Sunday.” {SpM 1.5}

May 20

Iglesia Chile

Interreligious Table to face the Covid-19 was formed in La Moneda

Representatives of the Catholic, Evangelical, Jewish Community, Muslim Community, Adventists, Church of Jesus Christ of Latter-day Saints and Bahai Faith participated in the meeting that was chaired by the Minister Secretary General of the Presidency - Segpres, Felipe Ward.

Bible: “And I heard another voice from heaven, saying, Come out of her, my people, that ye be not partakers of her sins, and that ye receive not of her plagues” (Revelation 18:4).

Comment: What are we doing conducting meetings with Babylon in dealing the world crisis, especially a most ecumenical setting? It is one thing to invite world leaders, even religious leaders to hear what we have to offer, but it is another to be in “unity” with a group like this in which we are to be calling people out of.



News And Comments

March 30

The Independent

Religious extremists are making the coronavirus pandemic even worse

Matthew 24:9 states what is coming, "Then shall they deliver you up to be afflicted, and shall kill you: and ye shall be hated of all nations for my name's sake."

April 23

Daily Mail

The rich get richer: American billionaires including Amazon's Jeff Bezos and Tesla founder Elon Musk have gotten \$280BILLION richer since the start of the pandemic

And couple that with Newsweek, April 28th, 2020 states, "Coronavirus pandemic forces many small businesses to close for good." "In the world gigantic monopolies will be formed. Men will bind themselves together in unions that will wrap them in the folds of the enemy. A few men will combine to grasp all the means to be obtained in certain lines of business. Trades unions will be formed, and those who

refuse to join these unions will be marked men." – Letter 26, 1903. {2SM 142.2}

April 25

Croatia Week

Shops in Croatia to close on Sundays

"There are many, even

rests. Any movement in favor of religious legislation is really an act of concession to the papacy, which for so many ages has steadily warred against liberty of conscience. Sunday observance owes its existence as a so-called Christian institution to "the mystery of iniqui-

And ye shall hear of wars and rumours of wars: see that ye be not troubled: for all [these things] must come to pass, but the end is not yet. For nation shall rise against nation, and kingdom against kingdom: and there shall be famines, and pestilences, and earthquakes, in divers places. All these [are] the beginning of sorrows. Then shall they deliver you up to be afflicted, and shall kill you: and ye shall be hated of all nations for my name's sake. And then shall many be offended, and shall betray one another, and shall hate one another.

Matthew 24:6-10

of those engaged in this movement for Sunday enforcement, who are blinded to the results which will follow this action. They do not see that they are striking directly against religious liberty. There are many who have never understood the claims of the Bible Sabbath and the false foundation upon which the Sunday institution

ty;" and its enforcement will be a virtual recognition of the principles which are the very cornerstone of Romanism." {5T 711.4}

April 26

Crux Now

Trump says he's 'best president in history of the Church' in call with Catholic leaders

This clearly shows the relationship between the current administration and the Vatican as predicted in Revelation 13 – "And he exerciseth all the power of the first beast before him, and causeth the earth and them which dwell therein to worship the first beast, whose deadly wound was healed." (Revelation 13:12)

be one of the agencies that will bring upon this earth a time of trouble such as has not been since the world began." – Letter 200, 1903." {2SM 142.1}

April 28

Washington Times

Coronavirus hype biggest political hoax in history

"The facts are this:

Remember the sabbath day, to keep it holy. Six days shalt thou labour, and do all thy work: But the seventh day [is] the sabbath of the LORD thy God: [in it] thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that [is] within thy gates: For [in] six days the LORD made heaven and earth, the sea, and all that in them [is], and rested the seventh day: wherefore the LORD blessed the sabbath day, and hallowed it.

Exodus 20:8-11

April 28

Slovenija Publicaiton

Slovenija: Union calls for permanent closure of shops on Sundays

In the United States, USA Today, "DeCicco & Sons, with 8 Westchester locations, will close Sundays" (New York). "The trades unions will

COVID-19 is a real disease that sickens some, proves fatal to others, mostly the elderly — and does nothing to the vast majority. That's it." And regarding the politically motivated medical response, "by thy sorceries were all nations deceived" (Revelation 18:23), in which,

"sorceries" is the word "pharmakeia" in Greek.

April 28

The Atlantic

Internet Speech Will Never Go Back to Normal

The Guardian reports, "Surveillance a price worth paying to beat coronavirus, says Blair thinktank". And this is but two of many examples of our freedoms on all levels are being attacked. "Our country shall repudiate every principle of its Constitution." {5T 451.1}

May 1

Baptist Message

A radical environmental proposal: A day of rest

By stating, "Chick-fil-A has done quite well by closing on Sundays, generating more sales per store in six days than its three closest competitors, combined, achieve in seven", they are proposing the soft introduction of the man-made day of rest while God says, "the seventh day [is] the sabbath of the LORD thy God" (Exodus 20:10). The way this is going to come in, as expected, will be in a manner that none can argue with. We do

need a day of rest per week, but why the papal one, which is bragged about in their own documents?

May 2

Fox News

Asia's 'murder hornet' lands in US for first time

Matthew 24:7 states, "For nation shall rise against nation, and kingdom against kingdom: and there shall be famines, and pestilences, and earthquakes, in divers places." And the potential for a disastrous pestilence is underway.

May 3

RT News

'Bill Gates seeks to microchip humanity!' Russian Oscar-winning director pushes vaccine conspiracy... loosely-based on REAL patent

Once again, another distraction away from the true Mark of the Beast. Those that believe in the literal marking on the hand or forehead and related to the number 666 are having a field day with this article. But God says, "If any man worship the beast and his image, and receive [his] mark in his forehead, or in

his hand..." (Revelation 14:9) and the solution to avoiding these things is found in those "that keep the commandments of God, and the

not. What does repel the Mark is answering the call of Revelation 14:7: "...Worship him that made heaven, and earth, and the sea, and

And I saw another angel fly in the midst of heaven, having the everlasting gospel to preach unto them that dwell on the earth, and to every nation, and kindred, and tongue, and people, Saying with a loud voice, Fear God, and give glory to him; for the hour of his judgment is come: and worship him that made heaven, and earth, and the sea, and the fountains of waters. And there followed another angel, saying, Babylon is fallen, is fallen, that great city, because she made all nations drink of the wine of the wrath of her fornication. And the third angel followed them, saying with a loud voice, If any man worship the beast and his image, and receive [his] mark in his forehead, or in his hand, The same shall drink of the wine of the wrath of God, which is poured out without mixture into the cup of his indignation; and he shall be tormented with fire and brimstone in the presence of the holy angels, and in the presence of the Lamb: And the smoke of their torment ascendeth up for ever and ever: and they have no rest day nor night, who worship the beast and his image, and whosoever receiveth the mark of his name. Here is the patience of the saints: here [are] they that keep the commandments of God, and the faith of Jesus.

Revelation 14:6-12

faith of Jesus" (Revelation 14:12). So, how does a chip get repelled by keeping the commandments? It does

the fountains of waters", which is a quote out of the fourth commandment. It is a call

to keep the true Sabbath of God.

May 5

Fox News

Kansas City mayor defends 'Nazi-like' policy registering people attending church

Revelation 13:11 says, "And I beheld another beast coming up out of the earth; and he had two horns like a lamb, and he spake as a dragon." And the governments at any level are exercising uncontrolled dragon-like power, all dictated by executive order, which is unconstitutional.

May 3

Rolling Stone

In One Interview Pompeo Says COVID-19 Came From Wuhan Lab, Then Says It Didn't, Then Again Suggests It Did

Evidently there is an attempt to conceal the

real activities, keeping in mind the final result is to enact a worldwide Sunday law. "The Sunday movement is now making its way in darkness. The leaders are concealing the true issue, and many who unite in the movement do not themselves see whither the undercurrent is tending. Its professions are mild and apparently Christian, but when it shall speak it will reveal the spirit of the dragon." {5T 452.1}

May 13

New Zealand Herald

Covid-19 coronavirus: Controversial bill passed to enforce alert level 2 powers

Although Revelation 13:11 applies to the United States, just remember, the rest of the world will copy that attitude. And so, here is yet another country using the crisis to grab power and will resort

to anything, including intrusive laws. "And I beheld another beast coming up out of the earth; and he had two horns like a lamb, and he spake as a dragon. "

May 14

The Hill

Trump says he's mobilizing military to distribute potential coronavirus vaccine

This is gearing up to be a forced vaccination scenario. If that is the case, "And I beheld another beast coming up out of the earth; and he had two horns like a lamb, and he spake as a dragon." (Revelation 13:11)

May 14

VOX

The Senate voted to let the government keep surveilling your online life without a warrant

Surveillance is one of the tools to use for

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speaking and acting like a dragon (Revelation 13:11).

May 18

Life Site News

Trump pledges to remedy 'illegal situation' of big tech censorship

Though Trump represents the United States in this situation, equally represented is the US led tech companies that are doing the acts of forced censorship, repudiating a principle in the Bill of Rights.

"Our country shall repudiate every principle of its Constitution as a Protestant and republican government, and shall make provision for the propagation of papal falsehoods and delusions, then we may know that the time has come for the marvelous working of Satan and that the end is near." {5T 451.1}

May 20

Fox News

Dershowitz says forced coronavirus vaccination could happen: 'Police power of the state is very considerable'

Forced vaccines is speaking like the dragon (Revelation 13:11) and the use of the vaccine for a solution is

fulfilling the "pharmakeia" reference in Revelation 18:23 as the word "sorceries", which they promise to export to "all nations" to have them "deceived".

May 26

Yahoo News

Hawk Nelson: Former Christian rocker reveals he no longer be-

Christian. A lot of lyrics, if studied out are not biblical. Stick with what Jesus used. Matthew 26:30 says, "And when they had sung an hymn, they went out into the mount of Olives." Use the hymnals, but not even the "modern hymnals", usually called "Praise Hymns". There is no such thing as Christian Rock, Rap, or any such

By the decree enforcing the institution of the papacy in violation of the law of God, our nation will disconnect herself fully from righteousness. When Protestantism shall stretch her hand across the gulf to grasp the hand of the Roman power, when she shall reach over the abyss to clasp hands with spiritualism, when, under the influence of this threefold union, our country shall repudiate every principle of its Constitution as a Protestant and republican government, and shall make provision for the propagation of papal falsehoods and delusions, then we may know that the time has come for the marvelous working of Satan and that the end is near.

{Testimonies for the Church Volume Five, page 451.1}

believes in God

Supposedly most "Christian Rockers" do not believe in God. It just seems that Christians are most gullible in accepting anything in the music industry as approved of as being

genre of modern music. Do not give me that "Old time rock and roll", but give me those "trusted hymns", especially those that convict me of sin, of righteousness, and readiness.



(Continued from page 2)

we are not of the night, nor of darkness.” (1 Thessalonians 5:1-5). It is very possible that there will be a second wave or issue that grips every nation once again and this time it very well could be the final trigger.

In either way, as I am not a prophet, “Watch therefore: for ye know not what hour your Lord doth come.” (Matthew 24:42). Let us make sure our characters are always ready and that we are actively sharing the gospel.



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