



# The Four Angels' Messages

## A Monthly Magazine

It is the Three Angels' Message of Revelation 14 empowered by "another angel" (Revelation 18:1) producing the Loud Cry, which is yet future, but now is the time of preparation, which is the purpose of this publication.

### *Christian Privileges and Duties.*

*Ellen White*

It is the privilege of every soul to seek and find peace in Christ. Yet this peace is granted only upon conditions. We must surrender our own ways and wills and plans, and thus put off the grievous yoke which we have bound upon our own necks, and we must take upon us the yoke of Christ, which will bring rest to our souls. "Learn of me," says the Divine Teacher; "for I am meek and lowly in heart; and ye shall find rest unto your souls. For my yoke is easy, and my burden is light."

We each need to learn in the school of Christ; and it is because we are not more humble and diligent students that we are so slow to manifest meekness and lowliness of heart. It is only when we cherish these precious graces that peace and rest can abide in the soul. Only the humble and contrite ones find shelter in the promises of God; only these obtain a saving knowledge of the Scriptures, and a rich experience in trusting God and obeying his precepts. In our own strength we are indeed

feeble; but in the strength of our Redeemer we may be strong. In the midst of tumult we may have quietness and peace. We must believe in him, even though darkness envelop the soul; we must work from principle, rather than from feeling. By this continual, unwavering trust, Satan is baffled and disappointed. Says the psalmist, "Thou through thy commandments hast made me wiser than mine enemies." "Thy word is a

*(Continued on page 4)*

- Authorized KJV vs Catholic Bible
- Christian Privileges and Duties.
- Former Things of Old, Declaring the End
- Healthy and Delicious Recipes
- Healthy Living
- How Do You Resolve It?
- Isaiah 58, Our Marching

- Orders (part 1)
- Keep the Sabbath Holy
- Natural Remedy
- Natural Vitamins
- News and Comments
- Questions and Answers
- Watchman, Let Him Declare What He Seeth

**A Publication By Seventh-day Adventists  
For Seventh-day Adventists**

# Dear Brothers and Sisters ...

*Jerry O'Donnell*

It is sad to know that so many people have been tricked into the “once saved-always saved” theology, the theology that completely makes the Bible null and void. Why study it if you cannot be lost? The fact of the matter is, once saved-always saved is hoax, a lie, a deception, and a form of it is in the Seventh-day Adventist Church.

Jesus tells us, “Watch and pray, that ye enter not into temptation” (Matthew 26:41). That activity is not one time. As Paul wrote, “I protest by your rejoicing which I have in Christ Jesus our Lord, I die daily” (1 Corinthians 15:31). More directly, Paul is stating that he rejected that theory of “once saved-always saved”, for he died daily to his selfish desires. In fact, Jesus said, “If any [man] will come after me, let him deny himself, and take up his cross, and follow me” (Matthew 16:24).

Now, as you know, temptation is not temptation if one cannot risk losing something. A gambler risks money to hopefully

win, but such people usually lose with some losing big, like house, car, family, etc.. To a Christian, what they risk is eternal life, for if temptation was not about the loss of eternal life, that would mean that the devil is just trying to mess with Christians for no real gain. Sure, Satan can cause mud to be splashed onto a Christian, but if they are still bound to Heaven no matter how much mud is on them, the effort of muddying up a Christian would not pique his interests. It would be like the devil walking next to the Christian with his tongue out blowing raspberries and hands extended near his ears like antlers wiggling back and forth while jumping up and down to get us to look. It is totally ridiculous, but if eternal life were at stake, which it is, then the devil will exhaust all of his efforts to get a Christian to fall into temptation.

Seeing then that there are sixty-five verses containing the word “tempt”, “temptation”, “tempted”, etc., that means temptations are real, especially since

Jesus said to watch out for them. So, the “once saved-always saved” group have to dismiss all of those verses or state that temptations are not for the saved. Then who are temptations for? An alcoholic at the bar is not tempted by alcohol; he is already participating. The adulterer is not tempted by sensuality for they are already indulging. In fact, every unrepentant sinner is not tempted because they are already enjoying their sinning. Temptations are only for the alcoholic that is trying to be sober for the rest of his/her life. Temptations of sensuality are only for those that are trying to remain faithful for the rest of their lives. In fact, sin is only a temptation for those trying to not do it. Hence, temptation is only for those trying to live a Christian life, especially since Jesus was the One to tell us to watch out for the temptations, making note that “the spirit indeed [is] willing, but the flesh [is] weak” (Matthew 26:41).

*(Continued on page 35)*

**The mission of The Four Angels' Messages Ministry** is to alert as many Seventh-day Adventists as possible to see the need of living the Three Angels' Messages, be well-studied in the messages of all four angels, to get ready and be ready very soon to go and preach them, even being active now. It is our belief that not only are we the last generation, but the mark is soon to be forced upon us, and publications like this shall be targeted. So while the presses can run, let us awake to our high calling, despite others who want to remain asleep. Keep in mind, the final movements of the message are described thus:

“Are we hoping to see the whole church revived? That time will never come.” {1SM 122.1}

“We must enter upon the work individually.” {1SM 122.2}

We are not against conference churches as there are some still faithful, but most are not.

#### **About The Four Angels' Messages Ministry**

This ministry is founded by Jerry O'Donnell upon the necessity to raise the standard higher and higher. It is a non-profit, Seventh-day Adventist volunteer organization who love God's church and love the people, hating to see a single person deceived.

**Subscription and Donations:** Although we are volunteers, the cost of

# TABLE OF CONTENTS

Christian Privileges and Duties. Ellen White	<b>Page 1</b>
Editorial	<b>Page 2</b>
Former Things of Old, Declaring the End By James White	<b>Page 9</b>
Isaiah 58, Our Marching Orders (part 1) Jerry O'Donnell	<b>Page 13</b>
How Do You Resolve It?	<b>Page 18</b>
Keep the Sabbath Holy	<b>Page 20</b>
Healthy Living Ellen White	<b>Page 21</b>
Recipe	<b>Page 23</b>
Natural Remedy	<b>Page 23</b>
Natural Vitamins	<b>Page 24</b>
Authorized KJV vs Catholic Bible	<b>Page 24</b>
Questions And Answers	<b>Page 27</b>
Watchman, Let Him Declare What He Seeth	<b>Page 31</b>
News and Comments	<b>Page 33</b>

this publication is challenging to provide to everyone for free. So we are asking for a subscription on the honor system of **\$24 annually for 12 issues**, and if the Lord impresses you with the means to be able to pro-

vide a donation, we definitely would welcome such and would put it to proper use, including helping to pay for subscriptions of those who cannot afford the cost. The publication is free online in PDF format.

*(Continued from page 1)*

lamp unto my feet, and a light unto my path."

If we would maintain our fidelity to God, in this time of danger and deception, we must constantly rely upon the power of Christ. We must be often before God in prayer, holding every emotion and every passion in calm subjection to reason and conscience, banishing all unholy imaginings, bringing every thought into captivity to the obedience of Christ. By earnest prayer and living faith we can resist the assaults of Satan, and keep our hearts unspotted from pollution.

The strongest temptation is no excuse for sin. However great the pressure brought to bear upon the soul, transgression is our own act. It is not in the power of earth or hell to compel any one to sin. The will must consent, the heart must yield, or passion cannot overbear reason, nor

iniquity triumph over righteousness.

I appeal to you who profess to be followers of Christ to depart from all iniquity. You must do this, if you would represent the truth as it is in Jesus. God wants whole-hearted, thorough-going men. These only can stand the test of the Judgment. If those who have received the light were but true to their trust, what a flood of light would be poured upon the world! But how is it, not only with the members of the church, but with those who stand as ministers of the gospel? Do their habits and experience correctly represent the purity and simplicity of a holy, cross-bearing life?

The true toilers in the Lord's vineyard will be men of prayer, of faith, of self-denial, – men who hold in restraint the natural appetites and passions. These will, in their own lives, give to the world evidence of the power of

the truth which they present to others; and their labors will not be without effect. "He that goeth forth and weepeth, bearing precious seed, shall doubtless come again with rejoicing, bringing his sheaves with him." "And he that reapeth receiveth wages, and gathereth fruit unto life eternal."

Fellow-workers for Christ, time is short; we have no moments to idle away. Are you watching for souls as they that must give an account, or are you yourselves drowsy, ease-loving, and lukewarm? Have you a living faith? Are you every day increasing in the knowledge of Christ? Do you possess practical godliness, Christian meekness, and deep love for the souls for whom Christ died? Search the Scriptures. Do not depend upon the little knowledge which you already have. Pray for clearer light. Dig for the pre-

## ***NO REFUNDS, ESPECIALLY AS CENSORING CONTINUES TO INCREASE***

I hope everyone would understand that if this publication were to be shutdown beyond our control that we also would be unable to provide any refunds to subscriptions paid in advanced.

Be rest assured that all funds are used in the most responsible ways according to that which is revealed in the Bible and the Spirit of Prophecy.

scious gems of truth as for hid treasure. Thus will you be enabled to bring forth from the storehouse of God things new and old.

In this age of conflicting doctrines, when fables abound, and there is so much sensational preaching on the one hand, and so great formality on the other, it is a difficult matter to arouse the people. Our only hope of success is to reach them through God. We must give evidence of earnestness, zeal, and devotion commensurate to the importance and solemnity of our work. There should be no exaltation of self. We are not to call attention to the instrument, but to present Christ and the sacred truths that are to test the people of God. If these truths sanctify our own hearts, if they purify and ennoble our own characters, we shall be living epistles, known and read of all men.

The ambassadors of Christ must learn where their strength lies. They must themselves drink of the living water, before they can guide others to the fountain. We must learn by experience what it is to lean upon the arm of our Beloved. There is no evil more fatal to the prosperity of the

church than the influence of professed teachers and ministers of the gospel who are deficient in Christian experience, in faith, self-denial, self-control, and in the tact and energy essential for skillful warfare.

My brethren, you should be constant learners in the school of Christ, obtaining from the heavenly Teacher precious lessons to impart to others. You have lost much in your labors because you have not constantly felt the necessity of vital connection with God. There is earnest solemn work to do in every branch of the cause of Christ. You need the Spirit and power of God, that your testimony, like a sharp, two-edged sword, may cut to the heart of those who hear.

The faithful witnesses for Christ will keep themselves unspotted from the world. Those who seek to be popular with the world, will not love the testimony of the Spirit of God. They are not sanctified through the truth; and after a brief period of half-hearted service, they will make a decided move toward uniting with the enemies of God. They reject the light, and it is withdrawn from them. In

time it will be seen that they are in utter darkness.

Many retain a form of godliness and a connection with the church, when they bring no strength, help, or blessing to the church. They seek to make the narrow way broad and pleasant for the multitude to walk in. Such are destitute of spiritual eyesight. They have put out their own eyes, and they stumble at every step. The word of God has not widened the narrow way; and if the half-hearted and pleasure-loving choose a path where they need not bear the cross or suffer tribulation, they are in a path where the Saviour did not walk.

In all parts of our country, during the summer and autumn, large companies assemble in the tented grove, to worship God and to listen to words of warning and instruction from his servants. Great privileges are afforded by these yearly convocations. The Lord Jesus himself comes up to the feast. We have a precious opportunity to humble our hearts before God, and to become settled and grounded in the truth. Are these opportunities wisely improved? They will prove to us either a savor of life unto life or

of death unto death. After these seasons are over, and those who met together have returned to their homes, will they be prepared to let their light shine forth to the world? Will their works correspond with the faith which they profess? If we continue to love the world, to have fellowship with the works of darkness, or to find pleasure in unrighteousness, then we have put the stumbling-block of our iniquity before our face, and have set up idols in our hearts. If we do not heed the word of the Lord, "Come out from among them, and be ye separate, and touch not the unclean," we are in a worse condition than if we had not listened to the words of truth.

The Scriptures clearly set before us the high and holy position which we should occupy as sons and daughters of God. If all who attend the camp-meetings would seek earnestly to attain this position, and would receive the spiritual benefit which it is their privilege to receive, they would be prepared to do good when they return home. If the love of Christ is kindled afresh in their own hearts, if they have drank anew from the heavenly

fountain, their cheerful testimonies and their prayers, sent up in faith, will be as great a help to the church as ministerial labor. The Spirit of God will come into their meetings, and the hearts of believers will say, It is good to be here.

Every church, be it large or small, should be taught not to depend on ministerial labor. Therefore, fellow-Christians, there is the greater need that you kindle your tapers at the divine altar, that the light may shine forth to all around. However weak you may be, you can become a help and blessing to others, if you will keep your own souls in the love of God, and search the Scriptures for a clear understanding of the truth. It is not only your privilege but your duty to grow in grace and in the knowledge of the truth. You may rejoice in a living Saviour, and may show to all connected with you that he is the center of your affections and your hopes.

Would that all might view this matter of daily, practical Christianity as it has been presented to me; would that they could see what we might be in spiritual

power, and what we are because we neglect the light which God has given us! Many will have to combat intellectual slothfulness and spiritual stupor, before they can be a blessing to themselves or to their fellow-men. We are living under the most solemn message of warning ever given to our world. We are altogether too near the closing scenes of this world's history to be inattentive, to occupy a neutral position. It behooves us now to be wide awake, ready for every good work, ready to give a reason for the hope that is in us.

Brethren, you must come closer, closer to the bleeding side of Jesus. Instead of yielding to every passing influence, seek earnestly to know the truth, and then endeavor to form a character consistent therewith. Seek to be like Christ, meek and lowly of heart, and, like him, be resolute also; in principle be firm as a rock; be pure, sincere, and holy. Be ever cheerful, humble, grateful. Keep yourselves separate from the spirit and influence of the world. Let not sin find a sanction in your position. Give no occasion for evil-doers even to imagine that they

have your sympathies. Let not irreligion find in your lax principles a pretext to excuse itself.

God calls upon you to be zealous and repent of your half-heartedness. Strive to walk wisely, in a perfect way. Begin and end each day with earnest prayer and close self-examination. Compare your life and character with the law of God, mark where its precepts condemn you, and set to work at once to correct the wrong by repentance toward God, and faith in our Lord Jesus Christ. Wash your robes of character, and make them white in the blood of the Lamb. Let your words be well chosen. Put away all lightness, trifling, and irreverence.

Those who really desire to advance in the divine life will cherish every ray of light, and heed every warning given by the servants of God. The Holy Spirit admon-

ishes those who preach the gospel, "Reprove, rebuke, exhort, with all long-suffering and doctrine." If the Lord has given this command, there is certainly a work of reproof, rebuking, warning, and correction to be done. Let all be careful, then, how they allow their hearts to rise up against the reproofs of God through his servants; for in so doing they rise up against God.

Like the Pharisees of old, the self-deceived, the self-sufficient, the self-righteous, refuse to be warned. The Lord points out their dangers, but they do not heed his voice. As they assimilate to the world, they become the friends of evil-doers. While God reproves the transgressor, they feel inclined to excuse and encourage him. Thus they say to the sinner, "It shall be well with thee." Such persons call

good evil, in that they oppose and denounce those who faithfully deliver the messages of warning and reproof committed to them of God. They call evil good by extolling those who have no reproofs to bear and no warnings to give, who pass along in a careless, indifferent spirit, excusing sin, and by their own course encouraging worldliness and backsliding. All these are sanctioning a deception which has proved the ruin of many. The blood of souls is upon them. Their course is more offensive to God than is that of the open sinner. Anciently, the Lord always had among his people faithful prophets, whom, he sent to reprove sin. He has never removed these from his church. Those who rise up against warning and reproof, and seek by their jests, their smart speeches, or their deceptions, to

## ***Subscription Renewal***

Subscriptions are based on the honor system because we are trying to conserve on the cost by putting God's money to the most efficient means possible as well as precious time.

Sure, that may mean we do not collect more funds, but we would like to trust God to prompt people to do so instead of conducting God's work in a business fashion.

If you do send it in "too early", it will be applied properly.

Also, if you are sincerely unable to pay the annual subscription, do not feel guilty for still receiving the bread in times of need.

make of no effect the plain words of reproof prompted by the Spirit of God, will find, in the great day of final reckoning, an account against them which they will not wish to meet.

To be a Christian is to be Christ-like, a man of faith, a man of principle. The Christians most serviceable in the church are those whose convictions are so firm, whose characters are so strong, that nothing can sway them from their faith or deter them from their duty. As a people, we are altogether too much like the world. We are not the separate, holy people that God requires us to be. When we come up to the high standard of God's law, then shall we be indeed the light of the world.

The professed church of Christ has wandered from her privilege, her duty, and her God. Like ancient Israel, she has forsaken the covenant,

and joined herself in harmony with the world. Pride, luxury, and pleasure are invited into the sanctuary, and her holy places are defiled. Those who have pledged their allegiance to God, enjoy the company and spirit of his avowed enemies. Their choice determines their character. Strong is the Lord God who judgeth them.

But, thank God, in every age he has had men who were not time-servers, men who would stand firm for the right, and risk all consequences. In the strength of God, Martin Luther fearlessly proclaimed the truths of the Bible. In vain earthly potentates sought to intimidate him. In vain they attempted to break his hold on God, and drive him to seek the favor of the pope or the protection of the emperor at the sacrifice of his faith. His one answer was, "God and the right will triumph." Nei-

ther men nor devils could silence him. Gold, ambition, honors, could not win him from his work of exposing error and declaring truth. In like manner Huss, Jerome, Ridley, and many others, counted not their own lives dear unto themselves that they might keep the testimony of Jesus. Amid torture and flames, amid dungeons and horrible deaths, these faithful standard-bearers held aloft the banner of the cross of Christ.

We also, who are called to stand in these last trying days of peril and conflict, must be willing, for the truth's sake, to sacrifice our ease, our time, our reputation, yea, even life itself. At whatever cost, we must be true to principle and to God.

*{The Signs of the Times, October 4, 1883}*



## **NEED A RECEIPT?**

We will be happy to provide you with a receipt but please indicate that you would like to receive one. Many give without claiming it on their taxes.

Personally, I would so as to have more to give. But for us to mail a receipt to those that do not use such would be a waste of God's funds. So do not hesitate to ask, and even if you already gave, we have record of it, so if you still want a receipt, just ask.

# Former Things of Old, Declaring the End

James White

"The thing that hath been, it is that which shall be; and that which is done, is that which shall be done; and there is no new thing under the sun. Is there any thing whereof it may be said: See, this is new? It hath been already of old time which was before us." Eccl.i,9-10.

"That which hath been is now, and that which is to be hath already been, and God requireth that which is past." Chap.iii,15.

"Remember the former things of old, for I am God, and there is none else: I am God, and there is none like me: Declaring the end from the beginning, and from ancient times the things that are not yet done." Isa.xivi,9,10. See Deut.xxxii,7,8.

"Now all these things happened unto them for ensamples; (margin types) and they are written for OUR admonition, upon whom the ends of the world are come." 1Cor.x.11.

Let us now examine some of the former things of ancient time, which declare the end, and compare them with the things now being done. While Israel was in Egyptian bondage, they were not per-

mitted to keep the Holy Sabbath; but God set his hand to deliver them, and with a high hand, and an outstretched arm, brought he them out of it, and led them by a pillar of cloud by day, and by a pillar of fire by night. And when they had reached the wilderness by the Red Sea, which was before them, and the Egyptians behind them, the pillar of fire which was before them, and had led them on, removed from before them and went behind them, and shut down between them and the Egyptians. It was light to Israel, but dark to the Egyptians, so that they came not near each other all that night.

The above is an example of God's setting his hand again the second time to recover the remnant of his people, and by the proclamation of the hour of his judgment, the fall of Babylon and the midnight cry, he brought them out of spiritual Egypt, into the wilderness of the people, and when we passed the midnight cry, our pillar of light was behind us. It is indeed dark to our enemies, so that they come not near us; but it is light to us, while we

remember all the way the Lord our God has led us. The proclamation of '43, the fall of Babylon, and the midnight cry, are sure way marks, and are our pillar of fire behind us, which sheds a brilliant light upon our pathway. – When Israel had crossed the Red Sea, and were free from Egyptian bondage, the Lord reminded them of his Holy Sabbath, and said, "How long refuse ye to keep my commandments, and my laws, for see that the Lord hath given you the Sabbath." So also now the first important truth brought to our minds after we came into the wilderness of the people, this side of '44, was the Sabbath truth. It has been ringing in our ears, "How long refuse ye to keep my commandments, and my laws." Israel coming to Mount Sinai, was an example of our coming to Mount Zion, the city of the living God. See Heb.xii,18-22. And God speaking the ten commandments [which were the strength and glory of Israel, as they passed over Jordan, and had power over the nations of Canaan] from Sinai, whose voice then shook the earth, is a

lively example of His roaring out of Zion, and uttering his voice from Jerusalem. Then he will "shake not the earth only, but also heaven," verse 26. At this time God's covenant-keeping people, the remnant, have "power over the nations."

And while Moses was in the holy mount with God, receiving the ten commandments, engraved on the tables of stone by his finger, [an example of their afterwards being written in the hearts of God's people, by the Holy Spirit; see iiCor.iii,3; Heb. viii,9,10.] the people became impatient, by the delay of Moses, and said to Aaron, "Up, make us gods which shall go before us: for as for this Moses, the man that brought us up out of the land of Egypt, we wot not what is become of him." Ex. xxxii, 1. They made a golden calf, an image to a beast, and offered sacrifice to it.

This is a vivid example of the disappointment, and the impatience of advent believers after the midnight cry was given. They expected that Jesus, [the antitypical Moses] would then descend from heaven, but being disappointed, and impatient, many of them organized at the Albany conference, in

1845, and made to themselves leaders to go before them. Thus doing, they have turned round, and are trying to build up what they once tore down, in exposing the corruptions of the churches, and church organization, during the cry, – Babylon is fallen.

Read the history of Israel, and the virtue of the ten commandments in the ark, in passing over Jordan, which signifies judgment. Let it be remembered, they came up out of Jordan on the tenth day of the first month, and the captain of the Lord's host appeared with a drawn sword in his hand. And the Lord said unto Joshua, "This day have I rolled away the reproach of Egypt from off you." With the ark of the ten commandments, they compassed the walls of Jericho seven days and seven times on the seventh day. Then there was a mighty shout, and the walls of Jericho fell down flat and they took the city. They went on taking city after city, and driving out the nations; but they could do nothing without the ark of God. Thus they took the typical land of Canaan.

All this was typical of the saints finally taking the kingdom under the whole heaven. This is

among the former things of old, to be remembered as declaring the end from ancient times, the things that are not yet done. And as ancient Israel could have no power over the nations of typical Canaan without the ten commandments, so none but those who keep the commandments of God, and the faith of Jesus, will receive power over the nations, when the saints take the kingdom.

Again, the unbelief of the Jews in rejecting the first Advent, and the consequent judgments, in the destruction of their city and temple, shadow forth the unbelief of the professed church in rejecting the second Advent, and the consequent seven last plagues to be poured on Babylon.

Now we may understand the application of our Saviour's words, in answer to the question. "When shall these things be, and what shall be the sign of thy coming, and of the end of the world?" We see clearly that one is a figure or example of the other. And although it was necessary for the Christians at the destruction of Jerusalem, to pray that their flight might not be in the winter, or on the Sabbath

day, yet it is among the things of which it is said – "That which hath been, is that which shall be." We see that the instructions of our Saviour in answer to the above question, applies with much greater force to the "day when the Son of Man is revealed," and to the "time of trouble, such as never was," than to the destruction of Jerusalem. "As it was in the days of Noah, so shall it be also in the days of the Son of Man." "Likewise also as it was in the days of Lot." See Luke xvii,20-37. These were also examples of the end of the world. "Even thus shall it be in the day when the Son of man is revealed."

"In that day, [Campbell renders it "on that day,"] let not him who shall be on the housetop, having his furniture in the house, come down to take it away. Let not him who shall be in the field return home. – Remember Lot's wife. Whoever

shall seek to save his life shall lose it, and whosoever shall throw it away shall preserve it. I tell you there will be two men in one bed; one will be seized, and the other will ESCAPE. Two women will be grinding together; one will be seized, and the other will ESCAPE. Two men will be in the field; one will be seized, and the other will ESCAPE." Compare with this Eze.vii,16. This will be the time of Jacob's trouble. "Alas! for that day is great, so that none is like it: it is even the time of Jacob's trouble, but he shall be saved out of it." See Jer. xxx, 6, 7. This will be when the image of the beast shall both speak, and cause that as many as will not "worship the image" shall be "killed." This will be "the hour of temptation which shall come upon all the world, to try them that dwell upon the face of the earth." Then we shall need to "pray that our flight be not in the

winter, neither on the Sabbath day."

Perhaps some may be disposed to confine this to the days of Papal persecution, because Matthew says, "When ye therefore shall see the abomination of desolation, spoken of by Daniel the prophet, stand in the holy place," etc. And again, because he says, "Immediately after the tribulation of those days," etc. And Mark says, "In THOSE DAYS after that tribulation, the sun shall be darkened, and the moon shall not give her light, and the stars of heaven shall fall," etc.. As the sun and moon were darkened in 1780, and the stars fell in 1833, the tribulation, which was just before these signs was the Papal persecutions. Very well, Jesus then recognized the perpetuity, and obligation of the Holy Sabbath, down the stream of time as late as the days of the Papal tribulation. And surely Jesus could not have

## ***Four Angels' Messages Contact Info***

**Phone:** In the United States, 717-460-7881

**E-mail:** [info@fourangelsmessages.com](mailto:info@fourangelsmessages.com)

**Mailing:** PO Box 301, Boiling Springs, PA 17007

**Website:** [www.FourAngelsMessages.com](http://www.FourAngelsMessages.com)

*(YouTube link is on our website.)*

taught his disciples to pray that their flight be not on the Sabbath day, on account of the Jews preventing them from fleeing on the Sabbath day, as some say, in the days of Papal tribulation. The Jews were previously scattered among all nations, and were at that time slaves and bondmen. The perpetuity and obligation of the Sabbath is, by our Saviour, recognized clear down to the end of the world, even in the time of Jacob's trouble.

The signs in the sun, moon and stars are to be reacted over, in the time of Jacob's troubles, in the great day of the Lord. Joel clearly teaches the darkening of the sun, moon and stars yet in the future. See Joel ii,10,11; iii,15,16; Isa.xiii,9,10; Eze. xxxii, 7, 8. So we see that, "that which hath been is that which shall be, even down to the latest period in the end of the world."

I have not space to take up all the objections to the Sabbath, such as Col.ii,14-17; iiCor.iii,7-15; and Rom.xiv. For an answer to these and other pretended objections I must refer you to Bro. James White's pamphlet, "Present Truth, No. 1," or his reply to Joseph Marsh's

article – Seventh Day Sabbath abolished. He has clearly and satisfactorily answered these objections, to every candid person who is earnestly seeking after

the truth. {The Advent Review, September 1850, The Advent Review Extra, pages 4 - 5}



## Did You Miss The 2020 Issues?

*(Plus whatever we have of 2018 and 2019 yet)*

Since these are just extras laying around, all we ask is that you would cover the postage.



Please send us **\$5.00** and request 2020 issues.

For the price, we would rather not deal with specific issue requests, so it is a complete pack.

**Mail to:**

Four Angels Messages  
 PO Box 301,  
 Boiling Springs, PA 17007

## Isaiah 58, Our Marching Orders (part 1)

Jerry O'Donnell

“In the fifty-eighth chapter of Isaiah, the work of those who worship God, the Maker of the heavens and the earth, is specified” {2SM 106.3}.

“Again I urge you to consider Isaiah 58, which opens a wide and extensive vineyard to be worked upon the lines which the Lord has pointed out. When this is done there will be an increase of moral sources and the church will no more remain almost stationary. There will be blessing and power attending their labor. The selfishness that has bound up their souls they have overcome, and now their light is being given to the world in clear, bright rays of a living faith and godly example. The Lord has His promises for all who will do His requirements. [Psalm 41:1-3; 37:3; Proverbs 3:9, 10; 11:24, 25; Proverbs 19:17; Isaiah 58:10, 11 quoted.]” {4BC 1148.7}.

“In the 58th chapter of Isaiah God has placed before us the service He would have us do for our fellowmen and for Him. He says,

[Isaiah 58:6-11 quoted]” {12MR 237.3}.

“The fifty-eighth chapter of Isaiah contains present truth for the people of God. Here we see how medical missionary work and the gospel ministry are to be bound together as the message is given to the world. Upon those who keep the Sabbath of the Lord is laid the responsibility of doing a work of mercy and benevolence. Medical missionary work is to be bound up with the message, and sealed with the seal of God. – Manuscript 22, 1901” {WM 121.3}.

Do we see how important it is to study Isaiah 58 beyond just the first verse that is so often quoted alone, even by us? Well, we thought so, and further thought that it would be wise to present the study in article form. We will go verse-by-verse comparing scripture with scripture and include much of the Spirit of Prophecy to get the details of the message as our marching orders. When we say that we are including much of the Spirit of Prophecy, we are

not talking about selecting a random quote that went along with the verse. We have read every single reference connected with the verse or even part of the verse selecting that which best summarizes the intent of God through Ellen White.

**Isaiah 58:1 Cry aloud, spare not, lift up thy voice like a trumpet, and shew my people their transgression, and the house of Jacob their sins.**

To “cry aloud” means that it is no longer time to keep silent. We have been silent long enough and the end result has been the takeover of the leadership leading us back to Rome and the pew warmers see nothing wrong with it. Do we not care about the souls being led astray? There is many a person unaware of what danger awaits around the corner, but you who do see these things should generate some ounce of wanting to warn that person of the danger. Just because things are on a spiritual level does not make it any less

important or urgent; in fact, it makes it all the more important and even urgent. The fact that it is on a spiritual level tells us there are eternal repercussions. Pray for the gumption to speak up if you have little to no gumption.

Regarding “spare not”, if an “angel is commissioned to spare not the unfaithful servants, but to cut them down at the time of slaughter” {1T 198.1}, how much should we be pressed to “spare not”? When discussing errors in the church, how often are they dismissed, which is the act of sparing. “Oh, he must not know. No one knows everything.” Yes, but when it comes to our basic doctrines, our leaders should know. Ted Wilson! The Mark of the Beast is not just any day but the Sabbath. The Mark of the Beast is enforced Sunday worship. Hey, pastors, you who want to throw out texts like, “Thou shalt not lie with mankind, as with womankind: it [is] abomination” (Leviticus 18:22), who gives you the right to throw Bible verses out? And God forbid if I were to name names! The number of emails and letters we get every time Doug Batchelor is mentioned in a negative light for the blatant

wrongs he has done and is still doing makes us realize that we have a bit of pastor worship going on, which is prevalent not only towards Doug, but many pastors. “Don’t touch the anointed of God” is the cry from these idol worshippers. In general, towards every pastor, we hear, “Oh, he is such a nice man.” You do not think the devil is going to show up all angry and foaming at the mouth, do you? We make way too many excuses instead of demanding that our leadership lead. We are directed to not speak to individuals about the standards on anything for fear that they will leave the church. We spare, we spare, we spare. One excuse is made after another to the point that the sermons, studies, and discussions are spiritually meaningless.

In regards to “Lift up thy voice like a trumpet”, “What light there is in the Word! In Isaiah we read, “Cry aloud, spare not, lift up thy voice like a trumpet, and shew My people their transgressions.” This is the work we are to do. Note the expression, “My people.” Why should the prophet say, “My people”? They were not walking in accordance with the

light of truth, but God desired to save them from their sins. The truth was to be brought to them anew in its simplicity” {WM 77.4}. “God’s ministers must lift up the voice like a trumpet, and show the people their transgressions. The smooth sermons so often preached make no lasting impression. Men are not cut to the heart, because the plain, sharp truths of the word of God are not spoken to them” {GW 149.1}. “While the Protestant world is, by her attitude, making concessions to Rome, we should arouse to comprehend the situation, and view the contest before us in its true bearings. While men have slept, Satan has been stealthily sowing the tares. Let the watchmen now lift up their voice like a trumpet, and give the message which is present truth for this time. Let them know where we are in prophetic history, that the spirit of true Protestantism may awaken all the world to a sense of the value of the privileges of religious liberty so long enjoyed” {RH, January 1, 1889 par. 11}. To “shew my people their transgression, the house of Jacob their sins” points to those in

the church (my people) and outside of the church (house of Jacob being the unconverted). In the church, "The Lord calls for a reformation. In every place where believers have adopted worldly principles, He desires a voice of warning to be raised. 'Cry aloud,' He says, 'spare not, lift up thy voice like a trumpet, and show My people their transgression, and the house of Jacob their sins' (Isaiah 58:1). As a people and as individuals we must put away the erroneous principles and ambitious projects which lead us to embrace so much within a narrow compass. God desires us to learn to walk firmly and solidly, ever advancing in His way. He desires us to erect every building with reference to the needs of other places that must sometime have similar advantages" {1MR 245.1}.

As outside of the church, "It is true that we are commanded to 'cry aloud, spare not, lift up thy voice like a trumpet, and show My people their transgression, and the house of Jacob their sins.' [Isaiah 58:1.] This message must be given; but we should be careful not to thrust and crowd and condemn those

who have not the light that we have. We should not go out of our way to make hard thrusts at Catholics. Among the Catholics there are many who are most conscientious Christians, and who walk in all the light that shines upon them; and God will work in their behalf. Those who have had great privileges and opportunities, but who have failed to improve their physical, mental, and moral powers, and have lived to please themselves, refusing to bear their responsibility, are in greater danger and in greater condemnation before God, than those who are in error upon doctrinal points, yet who seek to live to do good to others" {GW 328.4}.

**Isaiah 58:2 Yet they seek me daily, and delight to know my ways, as a nation that did righteousness, and forsook not the ordinance of their God: they ask of me the ordinances of justice; they take delight in approaching to God.**

As we shall see, this verse is actually not in the positive though it may appear to be so at first glance. Remember, God's people are in transgression and the

unconverted are in their sins. So, those that seek Him daily, are daily committing an abomination for "He that turneth away his ear from hearing the law, even his prayer [shall be] abomination" (Proverbs 28:9).

"It is not the wicked world, but those whom the Lord designates as 'my people,' that are to be reproved for their transgressions. He declares further, 'Yet they seek me daily, and delight to know my ways, as a nation that did righteousness, and forsook not the ordinance of their God.' [Isaiah 58:1, 2.] Here is brought to view a class who think themselves righteous, and appear to manifest great interest in the service of God; but the stern and solemn rebuke of the Searcher of hearts proves them to be trampling upon the divine precepts" {GC88 452.2}.

To seek God daily is to have daily time in prayer with God. Evidently, they are not using the time to repent but probably satisfied with just praising God. There is nothing wrong with praising God, of course, but do remember, Abel offered a repentance-style worship (blood sacrifice) while Cain

offered a praise type worship (fruits and vegetables). "By faith Abel offered unto God a more excellent sacrifice than Cain" (Hebrews 11:4). "And the LORD had respect unto Abel and to his offering: But unto Cain and to his offering he had not respect. And Cain was very wroth, and his countenance fell" (Genesis 4:4-5). As they say, there is a time and place for everything. When repentance is required, it is not time to focus only on just praising God.

Interestingly, they delight to know God's ways, however, it is not God's ways, for if it were, then sin would not be part of the life. "We know that whosoever is born of God sinneth not; but he that is begotten of God keepeth himself, and that wicked one toucheth him not" (1 John 5:18). "Whosoever abideth in him sinneth not: whosoever sinneth hath not seen him, neither known him" (1 John 3:6). "Whosoever is born of God doth not commit sin; for his seed remaineth in him: and he cannot sin, because he is born of God" (1 John 3:9). Instead, they claim God's blessings unwarrantedly telling everyone how God is blessing when it really

is the devil. The prosperous gospel is an example of that.

For "a nation that did righteousness", it must have been their own "righteousnesses", which "[are] as filthy rags" (Isaiah 64:6). "Every way of a man [is] right in his own eyes: but the LORD pondereth the hearts" (Proverbs 21:2), which is just like society now. It seems kindness and allowance are overruling common sense, and especially the Bible. In fact, it is considered unkind to be following the Bible and quoting scripture for or against something.

This phrase within the scripture "forsook not the ordinance of their God" is deception. Ellen White comments on this verse stating, "God sends His message to lay bare the deception of these ones, lest others, and among them those entrusted with large responsibilities, shall become unworthy of their trust. The reproof, the messenger of God, must speak with earnestness, as to ears that are deaf, because those addressed do not want to be convinced" {GH, April 1, 1905 par. 20}. "Those who ought to be humiliating their souls before God will then begin to

justify themselves" {PH043 12.1}.

"They ask of me the ordinances of justice". "The sacrificial ordinances were devised to represent the one great Sacrifice, the Lamb of God, that was to take away the sin of the world, and in behalf of the transgressor meet the requirements of divine justice" {SD 44.2}. "There is a great deal of profession in our world, plenty of self-justification, but the evidence of the deep work of grace in hearts is not so apparent. There is a very earnest question before us. The time has come when every one should understand that he has a soul to save or a soul to lose, a heaven to win and a hell to shun. We need to understand what we shall do to be saved" {RH, March 18, 1909 par. 2}. "They seek Christ just the same as though they had not forsaken Him. This is a people that seek God as though they were seeking Him in obedience to Him. That is just how they seek the Lord. 'They ask of Me the ordinance of justice.' That is the danger, and that is where the Pharisees stumbled. They looked at their outward forms and ceremonies, and their outward perfor-

mances of worship. And the Pharisees expected that those outward ceremonies would certainly recommend them to Christ, but He showed them that they did not have the spirit of meekness and lowliness that Christ had" {5MR 36.1}.

"They take delight in approaching to God". "But they do not delight themselves in the truth. If they searched the Scriptures with a heart free from pride and prejudice, their eyes would be opened to see wonderful things in the law of God. But to accept the truth involves a cross, and therefore they reject it. They think they are righteous, but their righteousness is self-righteousness" {RH, June 25, 1901 par. 2}.

**Isaiah 58:3 Wherefore have we fasted, [say they], and thou seest not? [wherefore] have we afflicted our soul, and thou takest no knowledge? Behold, in the day of your fast ye find pleasure, and exact all your labours.**

To the opening verse of having their transgressions and sins revealed, "God's professed people answered these words by the complaint: 'Wherefore have

we fasted, say they, and Thou seest not? wherefore have we afflicted our soul, and Thou takest no knowledge?'" [verses 3]. {2SAT 249.2}.

"A people are here addressed who make high professions, and who are in the habit of praying, and delight in religious exercises; yet there is a lack. They realize that their prayers are not answered, and their zealous, earnest efforts are not observed in Heaven, and they earnestly inquire why God makes them no returns? It is not because there is any neglect on the part of God. The difficulty is with the people professing godliness. They do not bear fruit to the glory of God. Their works are not what they should be. They are living in neglect of positive duties. Unless these are performed, God cannot answer their prayers according to his glory. ... They possessed a zeal, but not according to knowledge. Some looked at the great thing to be accomplished in this case, and began to triumph before the victory was gained. There was much of the Jehu spirit manifested: Come and see my zeal for the Lord. In the place of

this self-confident assurance there should have been a spirit of humbleness, distrustful of self, and with a broken heart and contrite spirit, presenting the case to God" {PH097 58.2}.

"This class of professors makes no sacrifice for God, although for them he has made the sacrifice of his only begotten Son, sending him to our world that they might be sanctified and made holy, and that by learning to represent the character of Christ, they might bear a living testimony to all with whom they associate. We must take a higher standard than this" {RH, March 25, 1909 par. 3}.

"The people here mentioned are represented as bringing a charge against God. They have been active in observing the outward forms of worship, and they complain because God does not acknowledge their works, and because He does not answer their prayers. But the Lord charges them with neglecting His work and refusing to follow His way" {1SAT 349.2}.

*To be continued...*



# How Do You Resolve It?

*It is one thing to know some verses that help a person stay in the faith, but it is another thing to know the Word in such a way that when a verse seems contradictory to know how to resolve it. True Seventh-day Adventists do not ignore verses. It is our hope that this section will help answer some of those challenges that we may come across personally or be used by others against our beliefs.*

## **Do We Get Whatever We Want?**

Matthew 21:22 appears to clearly declare that we can ask for whatever we want and if we believe properly, we shall receive it. “And all things, whatsoever ye shall ask in prayer, believing, ye shall receive.” “Oh, Lord, give me a million dollars!” “Oh, Lord, give me a mansion!” Of course, those that teach this understanding, when the million dollars as well as the mansions do not appear, it is declared that it is because of a lack of belief. The preacher declares that it works for them. Sure it does because of all the unrestricted funds that pour into the ministry.

Now, when a person of knowledge tries to correct the understanding, that person is usually greeted with things like, “I don’t see any exceptions listed”, “In the context, I should even have power to move mountains if I wanted to as well as commanding fig trees to do whatever I say”, etc.

So, the first thing that has to be addressed is

the improper Bible studying. We need to have them realize “that in the mouth of two or three witnesses every word may be established” (Matthew 18:16). We cannot just accept a practice based upon a single mention. In fact, similar wording in other accounts begin to paint a different picture, but more on that in a moment.

The second thing to establish is the proper Bible study method revealed in Isaiah 28:9-10, which says, “Whom shall he teach knowledge? and whom shall he make to understand doctrine? [them that are] weaned from the milk, [and] drawn from the breasts. For precept [must be] upon precept, precept upon precept; line upon line, line upon line; here a little, [and] there a little”. That means lots of verses on the subject are to be collected and studied together because the Word of God is not built on a complete picture using only one particular section of the Bible.

When one does this, we come across a declara-

tive boundary about that “asking” part. 1 John 3:22 says, “And whatsoever we ask, we receive of him, because we keep his commandments, and do those things that are pleasing in his sight.” If we are not keeping God’s commandments and not doing those things that are pleasing in His sight, then we cannot expect God to give us what we ask, and if we do receive them, it is not from God but Satan, trying to confirm us in our transgressions. Further, in keeping the commandments, that means we shall not covet, hence, we shall not ask for things that everyone else has, like lots of money and big houses. We will be content with what is necessary to live on. Further, what we do with those million dollars and mansion also has to be pleasing to God. If we are going to misuse the funds and the house, we are not going to get those things.

We also come across John 15:16, which deepens yet the understanding of what a true Christian would be asking for:

“Ye have not chosen me, but I have chosen you, and ordained you, that ye should go and bring forth fruit, and [that] your fruit should remain: that whatsoever ye shall ask of the Father in my name, he may give it you.” In plain speak, God is ready to give us everything we need and ask for in the efforts of bringing in more fruit, witnessing, evangelizing. He is not ready to bless us with unnecessary wealth and material things.

John 14:9-13 narrows the “whatsoever” even further by Jesus saying, “the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works” (John 14:10), and then finishes up with “Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater [works] than these shall he do; because I go unto my Father. And whatso-

ever ye shall ask in my name, that will I do, that the Father may be glorified in the Son” (John 14:12-13). Therefore, our desires and wills will not be done, but God’s. And we shall ask to perform the same works as Jesus did, which was never for Himself.

So, with improper Bible study, there is no wonder why so many Christians are involved with the “name it and claim it” theology. It is no different than picking up a piece from a puzzle box, laying it on the table, and declaring, “I have finished putting the puzzle together.”

Yes, Matthew 21:22 does clearly state what appears to be a blank checkbook waiting to be filled out by our prayer requests without listing any restrictions. That is because the whole Bible places the verse into the context of restrictions. God does not have to list out all of the excep-

tions at every reference that is made. He allows the rest of the Bible to impress the honest seeker to see the restrictions scattered throughout the Bible so when verses like the one we are studying come along, we can recall the boundaries set.

Remember, Jesus also said to not be asking for things that the unconverted or Gentiles ask for. “(For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things. But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you” (Matthew 6:32-33).

And no, do not be praying for a million dollars to be used in evangelizing. Although it is completely unselfish, it still does not meet all of the criteria of the Bible.



## General Public Publication Continues!

Reach the public with the basics of our faith! Witness to your friends, family, neighbors. This 16 page publication contains: a main article, health article, questions and answers, news, Bible study, and more.

If you want to submit a name, we are asking for an annual subscription (12 issues) fee of **\$19** per person.

All submissions will be held in secret so that no one will trace back to you disrupting your personal efforts.

# Keep the Sabbath Holy

*This regularly scheduled column is to enlighten us to proper keeping of the Sabbath through the writings of Ellen White and then additional comments by us, the publishers of this publication since we have so many surface readers as well as those that do not know how to apply certain statements.*

Ellen White Wrote,  
**“Before the Sabbath begins, the mind as well as the body should be withdrawn from worldly business. God has set His Sabbath at the end of the six working days, that men may stop and consider what they have gained during the week in preparation for the pure kingdom which admits no transgressor. We should each Sabbath reckon with our souls to see whether the week that has ended has brought spiritual gain or loss.”**  
{6T 356.3}

Here are the steps perfectly laid before us regarding personal preparation for the Sabbath. We are to first stop our worldly business before the Sabbath begins and not at the moment the Sabbath arrives. Secondly, we are to contemplate the week in light of spiritual gain or loss instead of just entering into the Sabbath as a rest from our work, getting set to take on the tasks of next week

after the Sabbath is over.

The worldly business is not limited to employment, or even self-employment, to be shut down for the time known as the Sabbath. Yes, we are not to continue to be employed at work during Sabbath hours or over Sabbath hours, which becomes challenging during the winter months, especially when the change of the clocks occurs for four months in areas subject to such changes. Nonetheless, everything associated with being employed needs to end prior to the Sabbath. That should also include the drive home from the employer’s place of business, all things taken to and from the office on a daily basis put away, and gas tanks filled, before the Sabbath.

As for self-employment, it is risky to be scheduling late Friday afternoon appointments, especially if there is a possibility of things not going as planned. Again, driving home from an appoint-

ment, delivery, etc., should not include Sabbath hours. Putting equipment away should be done before the Sabbath arrives.

But as stated, worldly business goes beyond those two categories. For children, it is inclusive of school and school work, known as homework. All such materials should be put away before the Sabbath begins. Chores should be completed, again, before the Sabbath begins. To those who have the important role of keeping house, all should be accomplished beforehand, including any runs to the store. A last minute trip to the marketplace opens the door for Satan to delay things, so consider earlier trips in the day, or Thursday instead.

Now, once all the worldly business, or non-Sabbath-appropriate activity is put aside, withdrawn from, it is time for reflection. Has the week been spent selfishly on preserving self or were there opportunities

where the gospel, in some form, was given? By the power of Jesus, was it a successful week in resisting temptations and not giving in to sinning? Were gentle words used throughout the week? What did your character present to others? Were all transactions done honestly? Were there any grudges held with others, or were all misunderstandings worked out to the glory

of God? What did you learn from personal time each day with God in prayer and Bible study and Spirit of Prophecy reading?

These and many other questions ought to be asked of oneself, confessing any sins, so one can enter into the Sabbath hours, a type of heavenly experience, in which no sin is admitted. In other words, we are to enter into

the Sabbath hours perfect – all past sins confessed, not currently engaged in sinning, and having no plans to sin in the near, and not-so-near, future. We cannot claim perfection as we do not know the future, but we most assuredly “may be found of him in peace, without spot, and blameless” (2 Peter 3:14).



## Healthy Living

Ellen White

*Periodically, we need reminded that our bodies are not our own. And sometimes we need to get back to the basics. We need to hear from the words of inspiration, the Spirit of Prophecy.*

### **Eating Too Quickly May Be Disastrous**

In order to have healthy digestion, food should be eaten slowly. Those who wish to avoid dyspepsia, and those who realize their obligation to keep all their powers in the condition which will enable them to render the best service to God, will do well to remember this. If your time to eat is limited, do not bolt your food, but eat less, and eat slowly.

The benefit you derive from your food does not depend so much on the quantity eaten as on its thorough digestion, nor the gratification of the taste so much on the amount of food swallowed as on the length of time it remains in the mouth. Those who are excited, anxious, or in a great hurry, would do well not to eat until they have found rest or relief; for the vital powers, already severely

taxed, cannot supply the necessary gastric juice. {RH, July 29, 1884 par. 9}

Food should be eaten slowly and should be thoroughly masticated. This is necessary in order that the saliva may be properly mixed with the food and the digestive fluids be called into action. {MH 305.2}

Dry food that requires mastication is far pref-

erable to porridges. The health food preparations are a blessing in this respect. . . . For those who can use them, good vegetables, prepared in a healthful manner, are better than soft mushes and porridge. Fruits, used with thoroughly cooked bread two or three days old, which is more healthful than fresh bread, slowly and thoroughly masticated, will furnish all that the system requires. – U. T., Jan. 11, 1897. {HL 90.4}

It is impossible to prescribe by weight the quantity of food which should be eaten. It is not advisable to follow this process, for by so doing the mind becomes self-centered. Eating and drinking become altogether too much a matter of thought. Those who do not make a god of the stomach will carefully guard the appetite. They will eat plain, nourishing food. . . . They will eat slowly and will masticate their food thoroughly. After eating they will take proper exercise in the open air. Such need never trouble themselves to measure out precise quantities. {2MCP 392.4}

If young men and women would grow up to the full stature of Christ Jesus, they must treat themselves intelligently. Conscientiousness in methods of education is as essential as in the consideration of the doctrines of our faith. Unhealthful habits of every order – late hours at night, late hours in bed in the morning, rapid eating – are to be overcome. Masticate your food thoroughly. Let there be no hurried eating. {YI, April 7, 1898 par. 8}

If we would work for the restoration of health, it is necessary to restrain the appetite, to eat slowly, and only a limited variety at one time. This instruction needs to be repeated frequently. It is not in harmony with the principle of health reform to have so many different dishes at one meal. We must never forget that it is the religious part of the work, the work of providing food for the soul, that is more essential than anything else. {PC 188.5}

The stomach is closely related to the brain; and when the stomach is diseased, the nerve power is called from

the brain to the aid of the weakened digestive organs. When these demands are too frequent, the brain becomes congested. When the brain is constantly taxed, and there is lack of physical exercise, even plain food should be eaten sparingly. At mealtime cast off care and anxious thought; do not feel hurried, but eat slowly and with cheerfulness, with your heart filled with gratitude to God for all His blessings. {MH 306.1}

Let the physicians who are burdened with ill health take time to study from cause to effect. Take your meals as regularly as you can, and eat slowly. I beseech ministers and physicians not to dig their graves with their teeth. Remember that the body is the temple of the Holy Spirit, and that it is to be kept pure and undefiled, fit for a dwelling place for Christ. – Letter 152, 1901, pp. 3, 4, 7, 8. (To the brethren in Iowa, typed October 29, 1901.) Released March 7, 1973. {5MR 225.3}



# Healthy And Delicious Recipes

## Peach and Plum Fruit Crumble

### Ingredients

- 1/3 cup whole rolled oats
- 1/3 cup chopped pecans
- 1/4 cup flour (any kind): spelt, oat, whole wheat, all purpose
- 1/3 cup brown sugar
- 1/2 teaspoon cinnamon
- pinch of salt
- 3 tablespoons vegan butter, or hardened coconut oil (plus more for the skillet)
- 4 peaches, sliced

- 4 plums, sliced

### Instructions

- Preheat the oven to 350°F and brush a medium cast iron skillet (or an 8"x8" baking dish), with a little coconut oil or butter.
- Use a food processor to pulse the oats, pecans, flour, sugar, cinnamon, and salt together. Add the butter or coconut oil and give it a few short pulses until the crumbly mixture clumps

together. If it's too dry, add a little water, a teaspoon at a time. If it's too wet, add a little more flour.

- Place the sliced peaches and plums into the skillet, sprinkle the crumble mixture on top and bake until the topping is golden brown and the fruit is soft, about 15-18 minutes.
- Let cool slightly & serve warm with Nice Cream.



## Natural Remedies

**COMMENT:** *In these times we live in, even access to natural supplements will become increasingly difficult to access, so we are going to try our best to use the most natural means possible to deal with health situations.*

### Itchy, Inflamed Skin

Oatmeal soothes rashes because it's filled with phytochemicals that have anti-inflammatory properties. To quiet down that itch, create a soothing bath with plain dry oatmeal. Grind 1/2 cup oatmeal into a fine powder us-

ing your blender; pour the powder into warm bath water and stir in evenly with your hands until the water is a milky color.

Another option for small areas: use 1/4 cup of oatmeal and

enough water to make a paste that you can apply directly to the skin for 10 minutes, then rinse and pat dry.



# Natural Vitamins

## Garlic

Garlic is a wonderful seasoning for cooking but it has great medicinal properties as well. Studies have shown that garlic has many health benefits such as improving cardiovascular health, reducing inflammation and helping you to fight off colds and flu.

Garlic supplements (600-1,500mg) have

shown to lower LDL cholesterol. However, it has no effect on HDL cholesterol and triglycerides.

Garlic has antioxidants that help protect against cell damage and aging. The antioxidants combined with the lowering of cholesterol and blood pressure has been shown to lower the risk of Alzhei-

mer's disease and dementia.

Smaller studies have shown that eating garlic may help detoxify the body of lead toxicity and has increased estrogen levels in menopausal women, improving bone health.



## Authorized KJV vs Catholic Bible

*If you are using anything but the KJV, you are using a Catholic influenced Bible, which strategically twists and leaves out key words and verses so as to make even the ecumenical movement between religions outside of Christianity possible. And Ellen White does identify not to use them for reliability: "Wycliffe's Bible had been translated from the Latin text, which contained many errors." {GC 245.1}. Latin is Catholic or which most modern versions rely upon.*

Philippians 3:15 has two possible understandings: one is about being perfect while the other is about being mature in age. The modern versions have gone with mature because they do not believe in perfection of character, while the KJV went with being perfect. To understand which word is proper, we look at the context using Philippians 3:14 – "I press toward the mark for the prize of

the high calling of God in Christ Jesus." So, is pressing towards the mark of the high calling something we ought to wait for until we are 'old enough', or is it appropriate at any age to those who are already living up to all the light they have, which is perfection? It is the latter. Therefore, the word "perfect" is the correct word, having nothing to do with maturity of age. Those who try to argue that

the word "mature" is referring to understanding, then that is doubly in error, for that is not the Greek understanding according to the Bible Lexicon: "of men, full grown, adult, of full age, mature". Therefore, the modern versions, though agreeing that the verse is not for those of older age, but does apply to every age, is twisting the word mature into something not intended by the Greek defini-

tion. That is a purposeful mistranslation just to avoid the word “perfect”.

**King James Version:**

Let us therefore, as many as be perfect, be thus minded: and if in any thing ye be otherwise minded, God shall reveal even this unto you.

**In Error:**

**Anderson New Testament:** Let us, therefore, as many as are fully enlightened, be of this mind: and if you are of another mind with respect to any thing, God will reveal even this to you.

**Berean Literal Bible:** Therefore as many as are mature should be of this mind. And if you are minded in anything differently, even this God will reveal to you.

**Berean Study Bible:** All of us who are mature should embrace this point of view. And if you think differently about some issue, God will reveal this to you as well.

**Christian Standard Bible:** Therefore, let all of us who are mature think this way. And if you think differently about anything, God

will reveal this also to you.

**Contemporary English Version:**

All of us who are mature should think in this same way. And if any of you think differently, God will make it clear to you.

**English Standard Version:**

Let those of us who are mature think this way, and if in anything you think otherwise, God will reveal that also to you.

**GOD'S WORD® Translation:**

Whoever has a mature faith should think this way. And if you think differently, God will show you how to think.

**Good News Translation:**

All of us who are spiritually mature should have this same attitude. But if some of you have a different attitude, God will make this clear to you.

**Holman Christian Standard Bible:**

Therefore, all who are mature should think this way. And if you think differently about anything, God will reveal this also to you.

**International Standard Version:**

Therefore, those of us who are mature should think this way. And if you think differently about anything, God will show you how to think.

**Literal Emphasis Translation:**

Therefore, as many as are full-grown should be of this perspective; and if you are differently minded in anything, even this God will reveal to you.

**Mace New Testament:**

Let us therefore, who have been instructed, have this in view: and if you are solicitous about any thing else, God will reveal even that unto you.

**New American Standard Bible:**

Therefore, all who are mature, let's have this attitude; and if in anything you have a different attitude, God will reveal that to you as well;

**New International Version:**

All of us, then, who are mature should take such a view of things. And if on some point you think differently, that too God will make clear to you.

**New King James Version:**

Therefore let us, as many as are mature, have this mind; and if in anything you think otherwise, God will reveal even this to you.

**New Living Translation:**

Let all who are spiritually mature agree on these things. If you disagree on some point, I believe God will make it plain to you.

**Smith's Literal Translation:** Therefore, as many as are completed, let us have this in mind; and if in any thing ye think otherwise, God will also reveal this to you.

**Weymouth New Testament:** Therefore let all of us who are mature believers cherish these thoughts; and if in any respect you think differently, that also God will make clear to you.

**Correct, this time:**

**A Faithful Version:** So then, let as many as be perfect be of this mind. And if in anything you are otherwise minded, God will reveal even this to you.

**American Standard Version:** Let us therefore, as many as are perfect, be thus minded: and if in anything ye are otherwise minded, this also shall God reveal unto you:

**Amplified Bible:** All of us who are mature [pursuing spiritual perfection] should have this attitude. And if in any respect you have a different attitude, that too God will make clear to you.

**Aramaic Bible in Plain English:** Let those who are perfected, therefore, be governed by

these things, and if you are governed by anything else, God will reveal this also to you.

**Bishops' Bible of 1568:** Let vs therfore as many as be perfect, be thus mynded, and if ye be otherwyse mynded, God shall reueale the same also vnto you.

**Catholic Public Domain Version:** Therefore, as many of us as are being perfected, let us agree about this. And if in anything you disagree, God will reveal this to you also.

**Coverdale Bible of 1535:** Let vs therfore (as many as be perfecte) be thus wyse mynded: and yf ye be otherwyse mynded, I praye God open euen this vnto you.

**Darby Bible Translation:** As many therefore as [are] perfect, let us be thus minded; and if ye are any otherwise minded, this also God shall reveal to you.

**Douay-Rheims Bible:** Let us therefore, as many as are perfect, be thus minded; and if in any thing you be otherwise minded, this also God will reveal to you.

**English Revised Version:** Let us therefore, as many as be perfect, be thus minded: and if in anything ye are otherwise minded, even

this shall God reveal unto you:

**Geneva Bible of 1587:** Let vs therefore as many as be perfect, be thus minded: and if yee be otherwise minded, God shall reueile euen the same vnto you.

**Godbey New Testament:** Therefore let us, so many as are perfect, think the same thing: and if you think otherwise in any respect, God will also reveal this to you:

**Haweis New Testament:** Let as many of us therefore as are perfect, be thus minded: and if ye entertain any other sentiment, God also will unveil this unto you.

**Lamsa Bible:** Therefore let those of you who are perfect think these things over; and if you reason in any other way, God will reveal even that to you.

**Literal Standard Version:** As many, therefore, as [are] perfect—let us think this, and if [in] anything you think otherwise, this also will God reveal to you,

**NET Bible:** Therefore let those of us who are "perfect" embrace this point of view. If you think otherwise, God will reveal to you the error of your ways.

**New Heart English Bible:** Let us therefore, as many as are perfect, think this way. If in anything you think otherwise, God will also reveal that to you.

**Tyndale Bible of 1526:** Let vs therefore as many as be perfect be thus wyse minded: and yf ye be other wyse mynded I praye God open even this vnto you.

**Webster's Bible Translation:** Let us therefore, as many as are perfect, be thus minded: and if

in any thing ye are otherwise minded, God will reveal even this to you.

**World English Bible:** Let us therefore, as many as are perfect, think this way. If in anything you think otherwise, God will also reveal that to you.

**Worrell New Testament:** Let us, therefore, as many as are perfect, think this: and, if in anything ye think differently, even this God will reveal to you;

**Worsley New Testament:** Let us therefore, as many as are perfect, attend to this: and if in any thing ye think differently, God will reveal this also unto you.

**Young's Literal Translation:** As many, therefore, as are perfect -- let us think this, and if in anything ye think otherwise, this also shall God reveal to you,



## Questions And Answers

**QUESTION:** Do we celebrate the Sabbath or observe it?

**ANSWER:** How about a third option? Keep it.

*For the word*

*"celebrate":* "I saw that it is even so: "From even unto even, shall ye celebrate your Sabbath." Said the angel: "Take the word of God, read it, understand, and ye cannot err. Read carefully, and ye shall there find what even is, and when it is. I asked the angel if the frown of God had been upon His people for commencing the Sabbath as they had. I was directed back to the first rise of the Sabbath, and followed the people of

God up to this time, but did not see that the Lord was displeased, or frowned upon them. I inquired why it had been thus, that at this late day we must change the time of commencing the Sabbath. Said the angel: "Ye shall understand, but not yet, not yet." Said the angel: "If light come, and that light is set aside or rejected, then comes condemnation and the frown of God; but before the light comes, there is no sin, for there is no light for them to reject." I saw that it was in the minds of some that the Lord had shown that the Sabbath commenced at six o'clock,

when I had only seen that it commenced at "even," and it was inferred that even was at six. I saw that the servants of God must draw together, press together." {1T 116.1}

*For the word "observe":*

"It was on the Sabbath that the Lord of glory appeared to the exiled apostle. The Sabbath was as sacredly observed by John on Patmos as when he was preaching to the people in the towns and cities of Judea. He claimed as his own the precious promises that had been given regarding that day. "I was in the Spirit on the Lord's day," John writes, "and

heard behind me a great voice, as of a trumpet, saying, I am Alpha and Omega, the first and the last. . . . And I turned to see the voice that spake with me. And being turned, I saw seven golden candlesticks; and in the midst of the seven candlesticks One like unto the Son of man." Revelation 1:10-13. {AA 581.4}

*For the word "keep":* It means eternal salvation to keep the Sabbath holy unto the Lord. God says: "Them that honor Me I will honor." 1 Samuel 2:30. {6T 356.4}

**QUESTION:** Can you explain why the small pox vaccination was encouraged by Ellen White as stated in 2SM page 303?

**ANSWER:** Here is what is on page 303:

Vaccination.--  
[VACCINATION FOR SMALLPOX: D. E. ROBINSON, ONE OF MRS. WHITE'S SECRETARIES, UNDER DATE OF JUNE 12, 1931, WROTE AS FOLLOWS CONCERNING MRS. WHITE'S ATTITUDE TOWARD VACCINATION:

"YOU ASK FOR DEFINITE AND CONCISE INFORMATION REGARDING WHAT SISTER

WHITE WROTE ABOUT VACCINATION AND SERUM.

"THIS QUESTION CAN BE ANSWERED VERY BRIEFLY FOR SO FAR AS WE HAVE ANY RECORD, SHE DID NOT REFER TO THEM IN ANY OF HER WRITINGS.

"YOU WILL BE INTERESTED TO KNOW, HOWEVER, THAT AT A TIME WHEN THERE WAS AN EPIDEMIC OF SMALLPOX IN THE VICINITY, SHE HERSELF WAS VACCINATED AND URGED HER HELPERS, THOSE CONNECTED WITH HER, TO BE VACCINATED. IN TAKING THIS STEP SISTER WHITE RECOGNIZED THE FACT THAT IT HAS BEEN PROVEN THAT VACCINATION EITHER RENDERS ONE IMMUNE FROM SMALLPOX OR GREATLY LIGHTENS ITS EFFECTS IF ONE DOES COME DOWN WITH IT. SHE ALSO RECOGNIZED THE DANGER OF THEIR EXPOSING OTHERS IF THEY FAILED TO TAKE THIS PRECAUTION. "[SIGNED] D. E. ROBINSON." {2SM 303.3}

Please note that all the wording in these paragraphs from the collection of Ellen White's writings are in upper case, capitalized. That means that these words are not from Ellen White. Now, here

are some things to consider:

First of all, the word 'vaccination' appears only once in the collection Ellen White's writings, therefore, it is already suspect, very concerning, even to the point of not being encouraged, to be words of God.

Second, this is not Ellen White's writing, as already stated, but D. E. Robinson's account of the situation, while Ellen White penned, "People need to be taught that drugs do not cure disease" {MH 126.3} and much more along the same lines.

Third, the White Estates are not free from their own agenda. They are not the mouthpiece of God.

Fourth, there is proof that D. E. Robinson lied. In a letter from the same doctor dated February 10, 1915, the year Ellen White died, the doctor responding to the question on vaccination stated that he spoke to Ellen White and "was unable to get anything definite." If Ellen White had taken the vaccination, then by this time, D. E. Robinson had room to reveal it. Therefore, since Ellen White was unable to contradict D. E.'s words in 1931, as she

was dead, he took the liberty upon himself to tell a story in his own way, possibly because he was a pro-vaccination person (that is an assumption on our part but have no resources to conclude the matter) and knew that if he could make it appear that Ellen White took the vaccine that it would bolster his position seeing what weight she carries in the church even after her death. But, consider that in 1924, Willie White wrote a letter regarding his mom, Ellen White, on the topic of vaccinations and he stated that Ellen White used the words, “something dangerous” and “impaired”.

Now, to the point – do nothing based upon words that Ellen White did not pen. To believe what the White Estates comments on or supplies or even places as a title should always be ignored. Unless it comes from the pen of Ellen White herself, then it did not come prophetically.

**QUESTION:** Is the forty-two months in Revelation 13 literal or prophetic?

**ANSWER:** “Power was given unto him to continue forty and two

months.’ And, says the prophet, ‘I saw one of his heads as it were wounded to death.’ And again, ‘He that leadeth into captivity shall go into captivity; he that killeth with the sword must be killed with the sword.’ The forty and two months are the same as the ‘time and times and the dividing of time,’ three years and a half, or 1260 days, of Daniel 7, —the time during which the papal power was to oppress God's people. This period, as stated in preceding chapters, began with the establishment of the papacy, A. D. 538, and terminated in 1798. At that time, when the papacy was abolished and the pope made captive by the French army, the papal power received its deadly wound, and the prediction was fulfilled, ‘He that leadeth into captivity shall go into captivity’” {GC88 439.2}.

It is prophetic and belongs in history during the dark ages and not be used as future prophecy. And as a reminder...

“I there stated in public that the Lord had been pleased to show me that there would be no definite time in the message given of God

since 1844; and that I knew that this message which four or five were engaged in advocating with great zeal was heresy. The visions of this poor child were not of God. This light came not from heaven. Time was short; but the end was not yet. A great work was to be accomplished to prepare a people to be sealed with the seal of the living God” {Ms12-1885}.

**QUESTION:** Why do you refuse to attend a conference church unless you are invited to be the speaker?

**ANSWER:** “They should maintain their integrity at any cost to themselves. The world and the true church will never harmonize. They will ever be at variance, for they have two masters. One is opposed in every way to the other; therefore if there is harmony, it must be by the followers of Christ surrendering of principle to meet the world's standard. This many professed Christians have done, but we have yet to learn that there is any concord between Christ and Belial” {Ms15-1885}.

Basically, just about every conference church has lost the in-

tegrity. Worldliness has set in, in one form or another. Even at the children's level, it is about entertainment to keep the interest of the children. Children stories often bring in worldly entertainment references, utilize those things that nominal churches participate in, and resort to those things of the world, like sports, parties, and more. Even in Sabbath school studies, the ways of the world are frequently brought to mind.

Because society deems that genders ought to equally have access to any position, including being ordained, frequently the topic of ordaining women as pastors comes about with two sides usually established – between those that adhere strictly to the Word of God and those that

hunt and peck to exaggerate an obscure reference to justify women's ordination.

From there, we have moved towards removing the clobber texts from the Bible regarding the LGBTQ+ people making it more comfortable to continue in their sinning. Many churches participate in friendly and inviting messages towards the group on their website, especially since the North American Division makes it so easy to do so.

And we have not even discussed the worldly music yet. Those who bring in accompanying music to do a solo usually include those instruments in the recording that are condemned, especially in the Spirit of Prophecy.

Basically, most churches treat offices in the

church as a political position, be it deacon or elder. The main duty of all offices is to protect and guard the flock, especially as an elder. It is not all sermonizing or even visiting missing members. It is to be watchful against false theories and activities both from within and from without. So, when the General Conference pushes the agenda down to the divisions, unions, conference level, at the church level, it should at least be resisted. For example, churches should not be part of the vaccination roll-out, no matter how it is packaged.

So, there can be no concord, fellowship even, between Christ and Belial, the devil. Remember, if it is not of Christ, there is only one other option.



***Not Already on the Mailing List?  
Sign Up For Four Angels' Messages***

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City, State, Zip:** \_\_\_\_\_

**Mail To:** PO Box 301, Boiling Springs, PA 17007

**We request that you enclose \$24 for 1 year**

# Watchman, Let Him Declare What He Seeth

*This section is not about revealing the apostasy and creating ill feeling towards the conference. It is to make sure that no one is caught up in those that participate in the apostasy. That is what it means to "Declare What I See" because God says, "When I say unto the wicked, Thou shalt surely die; and thou givest him not warning, nor speakest to warn the wicked from his wicked way, to save his life; the same wicked [man] shall die in his iniquity; but his blood will I require at thine hand" (Ezekiel 3:18). We have enough to worry about our own life; we do not need your (in general) blood to be on us too.*

**May 18**

**Andrews.edu**

**Vaccinations/Path to Lifting COVID-19 Restrictions**

We plan to reopen for fall 2021 without the current COVID-19 restrictions in place.

However, we will be able to do that only if 70 percent (ideally 80 percent) of employees and students are fully vaccinated.

**Bible:** Luke 21:26

Men's hearts failing them for fear, and for looking after those things which are coming on the earth.

**EGW:** "My dear friends, instead of taking a course to baffle disease, you are petting it and yielding to its power. You should avoid the use of drugs, and carefully observe the laws of health. If you regard your life, you should eat plain food, prepared in the simplest manner, and take more physical exercise.

Each member of the family needs the benefits of health reform. But drugging should be forever abandoned; for while it does not cure any malady, it enfeebles the system, making it more susceptible to disease." {CD 82.5}

**Comment:** Men's hearts may not be failing, but by participating in the vaccination scare, they sure are living in, and encouraging, the fear.

**June 2**

**Fulcrum**

**WWU Associate Students Host Gay Pride Event on School Property**

**Bible:** 1 Thessalonians 5:22 – "Abstain from all appearance of evil." Leviticus 18:22 – "Thou shalt not lie with mankind, as with woman-kind: it [is] abomination."

**June 10**

**Advent Messenger**

**Prominent LLU Professor: 'No Sunday Law, No Great Controversy, No End-time Prophet and the Mark of the Beast is Undetermined'**

Dr. Paulien said that Sunday Laws are not coming, the Great Controversy is outdated, there are other options for the mark of the beast and Ellen White was not an end-time prophet. Eight months ago, the Central California Conference of Seventh-day Adventists hosted a "Biblical Symposium on Final Events".

**EGW:** "Satan is . . . constantly pressing in the spurious – to lead away from the truth. The very last deception of Satan will be to make of none effect the testimony of the Spirit of God. "Where there is no vision, the people perish" (Proverbs

29:18). Satan will work ingeniously, in different ways and through different agencies, to unsettle the confidence of God's remnant people in the true testimony. – Letter 12, 1890. {1SM 48.3}

**Comment:** Why are such speakers not fired? Why are they permitted to speak such heresy? It is because both the institution, Loma Linda, and the leadership, General Conference, believe and teach the same heresy. They are making the pathway to Rome easier and easier. It has been time to cut off financial support and choose wisely who you fellowship with because the poison is throughout the system, however, to form or join another organization is to put our trust in man instead of letting God take the reigns as is prophesied (TM 300/LDE 203.3).

### June 13

#### Fulcrum 7

#### SDA Pastor Says God Is A "She"

Kris Loewen ... "The Bible is not perfect", "I follow the God beyond the scriptures, who makes herself known..."

**Comment:** Why is this pastor not fired? Any attack on fundamental beliefs is a traitor. They do not serve the same God as they are making up their own God and are a danger to the congregation. This is a leader of a congregation that is to be held to the standards. This is not a new member figuring things out.

**EGW:** "And with those who have had advantages, a close and intelligent investigation will take place upon the subjects of truth revealed in the Scriptures. Many will be taught of God. They will learn aright from the Great Teacher, and will accept with joy the truths that will sanctify and uplift. The moral image of God will be restored in the soul, and many will be eternally saved." {9T 226.1}

### June 23

#### Fulcrum 7

#### South Philippine Union Votes to Deny Pulpits to People Who Speak Against Covid-19 Vaccines

**EGW:** "It is Satan's time to work. A stormy future is before us; and the church should be awake to make an ad-

vance move that they may stand securely against his plans. It is time that something was done. God is not pleased to have His people leave the matters of the church at loose ends, and suffer the enemy to have the whole advantage and control affairs as best pleases him." {1T 210.3}

### June 25

#### Advent Messenger

#### A General Conference Health Ministries member and Loma Linda University Associate Professor is Helping Homosexual Catholic Priests Reconnect with the Virgin Mary

**Bible:** James 5:20 – "Let him know, that he which converteth the sinner from the error of his way shall save a soul from death, and shall hide a multitude of sins."

**Comment:** We are not to encourage people into error.



# News And Comments

**April 7—Fox Business**

**Target selling book that includes prayer to 'hate white people' in 'Religion' section**

Galatians 3:28 says, "There is neither Jew nor Greek, there is neither bond nor free, there is neither male nor female: for ye are all one in Christ Jesus." And the list is but pattern where there is no difference to God in regards to race.

**May 31—USA Today**

**Cybersecurity attack hits world's largest meat supplier JBS' IT systems in the US and Australia**

These things are just following in quick succession. It is hard to believe that there is not something more sinister pushing us to a system in which "no man might buy or sell, save he that had the mark, or the name of the beast, or the number of his name" (Revelation 13:17).

**June 2—CBS News**

**Carcinogen found in some popular sunscreens and after-sun products including Neutrogena, tests show**

If a person is sensitive to the sun, do not put cancer-causing sunscreen on. Put on light clothing, even long sleeves and pants. Also, be careful what time of day one goes out into the sun when sensitive. Otherwise, soak in the vitamin D. Those who say that such restrictions prevent developing a good tan, we ask, since when do Christians worry about such things? That is for body-worshippers, worldly-minded people, etc.. God never intended us to be involved in such things. Tanning of the skin due to natural exposure is for protective purposes, not for attracting the attention of other people. "Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth" (3 John 1:2).

**May 1—NY Post**

**Powerful teachers union influenced CDC on school reopenings, emails show**

"The powerful teachers union's full-court press preceded the federal agency putting the brakes on a full re-opening of in-person classrooms, emails be-

tween top CDC, AFT and White House officials show." We are told, "The trades unions will be one of the agencies that will bring upon this earth a time of trouble such as has not been since the world began." – Letter 200, 1903. {2SM 142.1}

**June 6—NY Daily News**

**Cyberattacks on U.S. targets are 'here to stay,' says U.S. commerce secretary**

Matthew 24:6 says, "And ye shall hear of wars and rumours of wars." This is a cyber (Internet) war and should be considered part of the fulfillment of the words of Jesus.

**June 11—The Tablet**

**As G7 begins, the world needs 'climate Sundays' and 'wild Christians' more than ever**

All along we have been declaring, by obvious example with the vaccines and the carrying card, that the mark of the beast is not something directly related to the mark that controls buying and selling. Carrying something or having some tracker to make sure one partici-

pates in the program is all that trackers are. The mark itself can be totally unrelated, like compliance to Sunday observance. Consider, the beast, also known as antichrist, seems to "think to change times and laws" (Daniel 7:25). The description of antichrist in the book of Daniel matches the book of Revelation except for one point. That point is that Daniel sees antichrist thinking they can change God's Ten Commandments, specifically the one on time, like the fourth commandment, while John simply connects worship and the word 'mark' together (Revelation 14:9, 11). In other words, what John calls the Mark of the Beast is what ought to be connected to their thought of authority to be able to change God's commandments as declared in Daniel. And now we have a demand to have the G7 implement "climate Sundays", which means to rest on that day, when there is no scriptural basis for it. There is no commandment declaring it. There was no pronouncement from Heaven that the day changed. Both events, a commandment and pronouncement, point to the Sabbath day, observed as

sunsets between Friday and Saturday.

### **June 17—Tennessee Star**

#### **Joe Biden Asks Americans to Report 'Radicalized' Friends and Family to the Government**

This is a set-up to fulfill Luke 12:53. And this is not just an "American thing" –

Chinese City Pays Citizens \$1,500 to Be a 'Mini Judas' and Turn in Christians" ("The Oaklahoman", April 5, 2019). "The father shall be divided against the son, and the son against the father; the mother against the daughter, and the daughter against the mother; the mother in law against her daughter in law, and the daughter in law against her mother in law" (Luke 12:53).

### **June 17—Fox News**

#### **Pope Francis advocates for organization of workers' unions**

The pope is working towards fulfillment of prophecy: "The trades unions will be one of the agencies that will bring upon this earth a time of trouble such as has not been since the world began." – Letter 200, 1903. {2SM 142.1}

### **June 23—Yahoo News**

#### **Local church to host Pride service on Sunday**

"Christ always gravitated towards those who were pushed aside by the rest of society, and we try to follow that example," Neal said. "Yes, but when Jesus drew close to such people, He said, "Neither do I condemn thee: go, and sin no more" (John 8:11), "Yet lackest thou one thing: sell all that thou hast, and distribute unto the poor, and thou shalt have treasure in heaven: and come, follow me" (Luke 18:22), and "If any [man] will come after me, let him deny himself, and take up his cross, and follow me" (Matthew 16:24).

### **June 28—National Catholic Register**

#### **How Pope Francis and Vatican activists helped rein in Big Oil on climate change**

The influence of Rome in the countries that once acknowledged her dominion, is still far from being destroyed. And prophecy foretells a restoration of her power. "I saw one of his heads as it were wounded to death; and his deadly wound was healed; and all the world wondered after



## ***Ellen White Abbreviations In this Issue***

- 1MR—Manuscript Releases Volume One
- 1SM—Selected Messages Book 1
- 1T—Testimonies For The Church Volume One
- 2MCP—Mind, Character, and Personality Volume 2
- 2SAT—Sermons and Talks Volume Two
- 2SM—Selected Messages Book 2
- 4BC—S.D.A. Bible Commentary Vol. 4
- 5MR—Manuscript Releases Volume Five
- 6T—Testimonies For The Church Volume Six
- 9T—Testimonies For The Church Volume Nine
- AA—The Acts of the Apostles
- CD—Counsels on Diet and Foods
- GC88—The Great Controversy (1888)
- GW—Gospel Workers
- HL—Healthful Living
- LDE—Last Day Events
- MH—The Ministry of Healing
- MS12—Manuscript 12
- MS15—Manuscript 15
- PC—The Paulson Collection of Ellen G. White Letters
- PH043—Pamphlet 43
- PH097—Pamphlet 97
- RH—The Review and Herald
- SD—Sons and Daughters of God
- TM—Testimonies to Ministers and Gospel Workers
- WM—Welfare Ministry
- YI—The Youth's Instructor

*(Continued from page 2)*

Now, all of this is to bring deeper appreciation to the verse in 1 Peter 5:8, which says, "Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour." Satan is not seeking the alcoholic, the adulterer, the sinner, for he has them already. He is seeking out those that are weak that he can devour. Many look at that activity and pity those that are weak in the faith giving in to every wind of doctrine, not keeping the Sabbath as they should, being liberal in theology, etc.. Sober up! Those are not the only ones the devil is after. He hounded Jesus looking for a weak spot but never found it. Therefore, the devil will hound us, wear us down, cause us to sweat, hoping that in our weakness we would not be so watchful or prayerful. It is at that time we need to double our efforts to stay connected to the One Who promises to keep us from falling (Jude 24) and "will with the temptation also make a way to escape" (1 Corinthians 10:13).

*(Continued on page 36)*

*(Continued from page 35)*

Do not let illness, demands of the day, bad news, and everything else that can be thought of happening all at once deter you to leave the protective hand of God (John 10:28-29)!



## ***REMOVE ME!***

Still receiving this publication and simply taking it to the trash can?

Please be kind and let us know so we do not continue to bother you. No questions asked.

Thank you.

**Mail To:**

Four Angels Messages, PO Box 301, Boiling Springs, PA 17007

**E-mail:** [info@fourangelsmessages.com](mailto:info@fourangelsmessages.com)

**Phone:** (717) 460-7881